

2026 CALISTHENICS SCHEDULE

The Star Gold Coast			Broadbeach Cultural Centre		
Day	Time	Event	Day	Time	Event
Monday	10:00 AM	Over 51 Teams	Monday	4:30 PM	56-69 Duos
Monday	3:20 PM	Duos 36-39	Monday	-	40-45 Years Duo Part A
Monday	-	Duos 46-53.5	Monday	-	46-52 Years Graceful Part A
Monday	7:05 PM	56-69 Years Cali	Tuesday	9:00 AM	42 Years Graceful
Monday	-	34-35 Years Graceful	Tuesday	10:55 AM	53-59 Graceful Part A
Tuesday	9:00 AM	48-50 Teams	Tuesday	-	70+ Gracefuls
Tuesday	2:00 PM	60-69 Years Graceful	Tuesday	-	40-45 Years Cali Part A
Tuesday	4:30 PM	38 and Under Teams	Tuesday	2:55 PM	46-55 Years Cali Solo
Wednesday	9:00 AM	40.5-41.9 Teams	Tuesday	-	43 Years Graceful
Wednesday	2:35 PM	Under 32 Cali Solo	Tuesday	-	70 Years and Over Duo
Wednesday	5:00 PM	43.1-47 Years Teams Part A	Wednesday	3:50 PM	32-35 Years Cali
Thursday	9:00 AM	43.1-47 Years Teams Part B	Wednesday	-	36-39 Cali Solo
Thursday	2:50 PM	38.1-40.4 Years Teams Part A	Wednesday	7:00 PM	Under 29 Years Graceful
Thursday	7:15 PM	38.1-40.4 Years Teams Part B	Wednesday	-	Over 70 Years Solo
Friday	9:00 AM	42-43 Years Teams	Wednesday	-	53-59 Graceful Part B
Friday	2:00 PM	44-45 Years Graceful	Thursday	10:00 AM	40-45 Duos Part B
Friday	4:40 PM	43.1-47 Years Teams Part C	Thursday	-	29-33 Graceful Part A
			Thursday	2:15 PM	39-41 Graceful Part A
			Thursday	5:00 PM	40-45 Cali Solo Part B
			Thursday	-	29-33 Graceful Part B
			Thursday	8:20 PM	Under 35 Duos
			Friday	9:00 AM	36-38 Graceful
			Friday	-	46-52 Graceful Part B
			Friday	12:30 PM	39-41 Graceful Part B