



EVENT SCHEDULE

For those racing in events 1-3 on the event schedule – registration will open from 1-4pm Friday 6th November. For all other events, please register from Saturday 7 November starting at 6.15am. Further registration details below.

SATURDAY 7 NOVEMBER 2026					
EVENT	START	FINISH	DETAIL	DIVISION	AGES
	0615	0700	Registration open		
Race Briefing		0715	Event 1 brief V12 mixed race 4km	All	All
Event 1	0730	0830	V12 Mixed Races 4km	All	All
Race Briefing		0845	Event 2 brief OC1/OC2/V1 long course 12km	All	All
Event 2	0900	1045	OC1/OC2/V1 – long course 12km	All	All
Medal Presentation	1100	1120			
Event 3	1130	1230	OC6 – 6km Iron Race	Mixed	All
Lunch break	1230	1315			
Event 4	1330	1445	OC6 – 12km Iron Race	Men	All
Event 5	1500	1645	OC6 – 12km Iron Race	Women	All
Medal Presentation					

SUNDAY 8 NOVEMBER 2026					
EVENT	START	FINISH	EVENT DETAIL	DIVISION	AGES
	0730	0815	Registration open		
Race Briefing		0815	Event 6 briefing – OC1/V1/OC2 9km team relay	All	All
Event 6	0830	0945	OC1/V1/OC2 9km team relay (3km laps)	All	All
Race Briefing		0945			
Event 7	1000	1145	OC6 – 12km Iron Race	Mixed	All
Medal Presentation	1145	1200			
Event 8	1215	1315	OC6 – 6km Iron Race	Men	All
Lunch break	1315	1345			
Event 9	1345	1445	OC6 – 6km Iron Race	Women	All
Event 10	1500	1600	OC1/OC2/V1 – short course 6km	All	All
Medal Presentation	1600				