

PAN PACIFIC MASTERS GAMES 2026

PRE-EVENT INFORMATION & SUBMISSION GUIDE

This guide contains everything you need to prepare for the Pan Pacific Calisthenics Competition 2026 (PanPacs26). It has two parts: an **Action Required** section (**due Monday 23 September 2026**) and an **Information Only** section. Please read carefully and contact Di Treagus or acfevents@calisthenicsaustralia.com.au with any questions.

1. ACTION REQUIRED

A. TECHNICAL SUBMISSION

Technical Submissions are due to be completed via myStage by **Monday 23 September 2026**. The Technical Submission will require the following information:

- Lighting Forms;
- Music and/or DLPs uploaded;
- DLP Copyright Confirmation Waiver Form uploaded (if any item uses DLP).

How to log into myStage

Your entries from the PanPac 2026 platform have been imported into myStage to make uploading your technical submissions as straightforward as possible. The email address you provided in your original PanPac entry is the identifier used for matching within the myStage system.

myStage applies the following matching protocols:

- If your **email address and/or name** matches an existing myStage profile, your PanPac 2026 entry has been imported into that profile.
- If there is **no match**, a new competitor profile and user account has been created.

This import protocol has been designed so that you either login to your existing account, or you “Sign up” or “Password Reset” to access your entries.

If you experience any issues accessing your PanPac entry through myStage, please contact myStage directly at info@myStage.net.au. If difficulties continue you can reach ACF events at acfevents@calisthenicsaustralia.com.au.

Complete Lighting Forms

Use the inbuilt lighting form in myStage to list lighting cues selections for each item. PanPacs26 will use a preset lighting system, with cues selected from a defined menu purpose-built for calisthenics performances. Coaches must design their item lighting using the numbered preset cues from this menu.

The [PanPacs26 Lighting Reference Menu](#), which includes numbered options and worked examples, can be found [here](#). A follow spot will also be available; however, clubs must provide their own operator.

Lighting Limits

- Maximum of 8 cues per item;
- final cue (cue 8) must be blackout; and

- the preset is by default a blackout.

Upload Music / DLP Files

- **Music only:** MP3 format.
- **DLP + music:** MP4 format.
- Label files clearly with TeamName_Item_Tier (e.g. XXClub_FreeEx_Tier2).
- No USBs or physical media will be accepted.

Upload DLP Copyright Confirmation Waiver Form

If any of your items use DLP, you must complete and upload a DLP Copyright Confirmation Waiver Form. This form confirms that all visual content is original, appropriately licensed, or otherwise legally permitted, and that it meets ACF standards for public display. Submission of this waiver is a mandatory requirement for your DLP content to be accepted and projected at PanPacs26.

To support you with compliance of the [ACF Visual Content in DLP Policy](#), please refer to the [DLP Compliance Coach Resource](#). This resource is designed as a practical, step-by-step guide to help you prepare, document, and submit DLP content in full alignment with the policy requirements.

All DLP information for all items is captured on a single form, so you only need to submit one completed waiver.

[Download the DLP Copyright Confirmation Waiver Form here.](#)

B. INCLUSION & ACCESSIBILITY

The [ACF Competition Inclusion Guidelines](#) set the integrity standards that ensure all ACF competitions provide a welcoming and accessible environment for every participant. Coaches and team personnel are responsible for reading the Guidelines (pages 4–5) and submitting any specific inclusion or accessibility requirements. Please note, the Star dressing rooms are situated across several levels and involve stairs.

If you have specific inclusion or accessibility requirements, please provide full details to Di Treagus (di.treagus@calisthenicsaustralia.com.au) by **Monday 23 September 2026**.

Late Submissions Policy – if the following are not provided by Monday 23 September

What is missing	Consequence
Lighting form not completed	Blackout and white stage wash only permitted
DLP not submitted	The item will run with music only
DLP Waiver not submitted	DLP content cannot be projected at PanPacs26; the item will run with music only
Inclusion & Accessibility requirements	May not be able to be accommodated.

2. FOR INFORMATION ONLY

NEW ACF PANEL ASSESSING & ANNOUNCEMENT PROCESS

Following a review by the Adjudicators Advisory Board (AAB), the following changes to panel adjudication processes have been endorsed by the ACF for all its competitions – including Pan Pacific Games.

Point Allocation for Panel Adjudication

Assessing points will now be allocated on a simple 10–1 scale:

1st = 10 pts | 2nd = 9 pts | 3rd = 8 pts | 4th = 7 pts | 5th = 6 pts | 6th = 5 pts | 7th = 4 pts | 8th = 3 pts | 9th = 2 pts | 10th = 1 pt

This system replaces the previous allocation (14, 8, 6, 4, 3, 2, 1), which disproportionately weighted first place. The new scale ensures more proportionate weighting and greater consistency across a panel's assessments.

Award Announcements

Panel assessing points will no longer be read aloud at presentations. Awards will simply be announced as 1st Place, 2nd Place, 3rd Place, and so on — with equal placings awarded in the event of a tie.

This keeps the focus where it belongs: on celebrating our competitors' achievements.