

Federation

Strength Sports Australia (Kettlebell)

Event Date

9 & 10 Nov 2024

MeetName

2024 Pan Pacific Masters Games



Results

IKMF Games: 28kg Jerk(Women)

Sarah Lea - Gold

Military Snatch (Women) 12mins

Steph Jessup - Gold

Valerie Abbott - Silver

Maxine Smith - Bronze

Military Snatch (Men)12 mins

Sebastian Zdrójkowski - Gold

Military (Half/ Snatch) 12mins

Jen Fletcher - Gold

Military Jerk (Women)

Valerie Abbott - Gold

Tracey Gunn - Silver

Monica Bezuidenhout - Bronze

Military Jerk (Men)

Wayne Brunton - Gold

Military Oalc (Women)

Maria Modero - Gold

Barbara Kosmoska - Silver

Military Oalc (Men)

Alexander Astaganov - Gold

Sebastian Zdrójkowski - Silver

Pentathlon (Men)

Stewart Craig - Gold

Pentathlon (Women)

Jen Fletcher - Gold

Maxine Smith - Silver

Sarah Lea - Bronze.

Federation
Event Date
MeetName
Formula

Strength Sports Australia (Powerlifting)
9 & 10 Nov 2024
2024 Pan Pacific Masters Games
Schwartz/Malone



Place	Name	Sex	Age	Division	Equipment	BodyweightKg	WeightClassKg	Best SquatKg	Best BenchKg	Best DeadliftKg	TotalKg	Points	Event
1	Steph Jessup	F	41	M1	Equipped	72	80	125	55	150	330	245.22	SBD
1	Toni Myers	F	43	M1	Equipped	67.9	70	77.5	47.5	120	245	189.75	SBD
1	Carla Wilson	F	49	M2	Equipped	88.65	90	130	70	140	340	219.05	SBD
1	Doris Matlok	F	55	M4	Equipped	63	63	50	35	90	175	144.5	SBD
1	Debbie McGrath	F	62	M5	Equipped	76.1	80	80	50	127.5	257.5	183.88	SBD
1	Sharyn Malcolmson	F	65	M6	Equipped	62.4	63	70	55	105	230	190.65	SBD
1	Donna Emerson	F	67	M6	Equipped	67.65	70	75	42.5	115	232.5	181.05	SBD
1	Carolyn Toon	F	67	M6	Equipped	74.25	80	85	45	100	230	167.22	SBD
1	Gay Hale	F	71	M7	Equipped	76.95	80	95	45	115	255	180.74	SBD
1	Paco Gonzalez	M	45	M2	Equipped	80.5	82.5	152.5	115	185	452.5	285.11	SBD
1	Kevin Buhler	M	57	M4	Equipped	98.95	100	145	92.5	170	407.5	226.79	SBD
1	Victor Botica	M	72	M7	Equipped	96.15	100	90	90	140	320	180.56	SBD
1	Graeme Richardson	M	78	M8	Equipped	75.4	82.5	120	75	155	350	231.59	SBD

Place	Name	Sex	Age	Division	Equipment	BodyweightKg	WeightClassKg	Best SquatKg	Best BenchKg	Best DeadliftKg	TotalKg	Points	Event
1	Amii Douglas	F	43	M1	Unequipped	120	110+	135	90	185	410	228	SBD
2	Angela Cachia-Garrett	F	41	M1	Unequipped	120.9	110+	145	85	165	395	219.19	SBD
1	Michelle Leach	F	56	M4	Unequipped	54	55.5	65	45	90	200	187.8	SBD
1	Jacki Steyn	F	57	M4	Unequipped	79.8	80	102.65	60	130	292.65	201.77	SBD
1	Kerry Rooke	F	59	M4	Unequipped	107	110	50	52.5	110	212.5	122.8	SBD
1	Kylie Findley	F	55	M4	Unequipped	119.1	110+	140	65	165	370	206.2	SBD
2	Diane Mills	F	58	M4	Unequipped	116.7	110+	125	77.5	140	342.5	191.97	SBD
1	Miria Bastock	F	73	M7	Unequipped	61.6	63	55	40	80	175	147.26	SBD
1	Hamza Imadojemun	M	40	M1	Unequipped	116.6	125	217.5	167.5	255	640	339.2	SBD
1	Craig Thorley	M	45	M2	Unequipped	114	125	207.5	150	245	602.5	320.71	SBD
1	Peter Roberts	M	57	M4	Unequipped	73.8	75	140	102.5	185	427.5	287.71	SBD
1	Frederick Guirguis	M	66	M6	Unequipped	81.4	82.5	117.5	90	145	352.5	220.35	SBD
1	David Vaughan	M	70	M7	Unequipped	80.1	82.5	125	102.5	167.5	395	249.8	SBD
1	Michael Quill	M	73	M7	Unequipped	65.9	67.5	115	100	125	340	252.21	SBD

Place	Name	Sex	Age	Division	Equipment	BodyweightKg	WeightClassKg	Best SquatKg	Best BenchKg	Best DeadliftKg	TotalKg	Points	Event
1	Wayne Brunton	M	49	M2	Unequipped	103.5	110	137.5			137.5	75.13	S
1	Diane Jackson	F	59	M4	Unequipped	52.85	53		35		35	33.25	B
1	Doris Matlok	F	55	M4	Unequipped	63.7	70		35		35	28.55	B
1	Vicki Harrison	F	66	M6	Unequipped	88.4	90		50		50	32.27	B
1	Adam Sheppard	M	42	M1	Unequipped	79.5	82.5		115		115	73.12	B
1	Wayne Brunton	M	49	M2	Unequipped	103.1	110		112.5		112.5	61.56	B
1	Craig Thorley	M	45	M2	Unequipped	114.4	125		130		130	69.14	B
1	Alexander Asfaganov	M	58	M4	Unequipped	81.9	82.5		117.5		117.5	73.13	B
1	Andrew Swindells	M	60	M5	Unequipped	73.6	75		100		100	67.45	B
1	Sean Portelli	M	62	M5	Unequipped	80.7	82.5		105		105	66.04	B
1	Mike Farrell	M	62	M5	Unequipped	123.2	125		127.5		127.5	66.73	B

1	Harko Brown	M	66	M6	Unequipped	109.05	110	110	110	59.13	B
1	Kai Yuen	M	80	M9	Unequipped	63.95	67.5	90	90	68.67	B
1	John Deliw	M	83	M9	Unequipped	95.85	100	100	100	56.51	B
1	Tom Tate	M	65	M6	Equipped	104.35	110	140	140	76.27	B
1	Maxwell Bristow	M	80	M9	Equipped	65.3	67.5	70	70	52.37	B
1	Doris Matlok	F	55	M4	Unequipped	64.4	70	85	85	68.89	D
1	Maree Ashcroft	F	59	M4	Unequipped	49.9	50.5	105	105	105.17	D
1	Valerie Abbott	F	38	S35-39	Unequipped	66.5	70	120	120	94.64	D
1	Vicki Harrison	F	66	M6	Unequipped	87.8	90	120	120	77.11	D
1	Craig Thorley	M	45	M2	Unequipped	116.5	125	247.5	247.5	131.2	D
1	Mark Ashgroft	M	57	M4	Unequipped	128.4	145	230	230	118.89	D
1	Maxwell Bristow	M	80	M9	Equipped	65.5	67.5	182.5	182.5	136.15	D