

**Best Overall Male Competitor** – Russell Wood  
**Best Overall Female Competitor** – Joyce Stivali

### Sparring

\* Denotes an out of Division Winner

#### *Male 28-32yrs*

Black Belt: Bantam 58-62 - Gold: C Pennington\* Silver: M Quinn\* Bronze: D Aldridge\*

Black Belt: Middle: 78-84 - Gold: T Smythe Silver: B Falconer Bronze: S Borland

#### *Male 33-36yrs*

Black Belt Middle 78-84 - Gold: L Lazenicas\* Silver: C Lakerdis

Black Belt Heavy 84+ - Gold: J Eleid Silver: J Tamer

#### *Male 37-40yrs*

Black Belt Middle 78-84 – Gold: P Bingham Silver: J Fahey Bronze: C Ure

Black Belt Heavy 84+ - Gold: M Hannah Silver: P Duncalf Bronze: W Worrall

#### *Male 41-44yrs*

Black Belt Middle 78-84 – Gold: B Brickwood\* P Norwood\* Silver: S Bennett\* Bronze: J Mumberson\*

#### *Male 45-48yrs*

Black Belt Light - Gold: B Freeman Silver: T Gibb\* Bronze: M Quinn\*

Black Belt Middle 78-84 – Gold: R Schembri\* (Uncontested) Silver: R Wood\* (60+)

#### *Male 53-56yrs*

Black Belt Feather 62-67 – Gold: S Cossari Silver: C Hever Bronze: G Baker

#### *Female 37-40yrs*

Black Belt 51-55 Bantam – Gold: J Stiuaua\* (Uncontested) Silver: M Finlay\*

Black Belt 59-63 Light – Gold: B Walker V Rodgers

#### *Female 45-48yrs*

Red Belt Feather - Gold: K Turner Silver: M Finlay Bronze: R Robb\*

#### *Female 41-44yrs*

Blue Belt Welter – Gold: S Polanowski\* Silver: M Finlay

Yellow Belt 59-63 – Gold: G Jago\* C Jones\*

Yellow Belt Light – Gold: M Allen\* Silver I Carden\*

Blue Belt – Gold: R Glass\* T Todd\* J Tranantona\*

37-40yrs Yellow Belt

Lightweight – Gold: M Carden\* J Henrisson\*

### **Black Poomse**

M28-32yrs – Gold: D King

M33-36yrs – Gold: M Loutrakis Silver: C Lakerdis

F37-40yrs – Gold: J Sitivala

M37-40yrs – Gold: A Salmond

M41-44yrs – Gold: C Ure Silver: M Quinn Bronze: P Norwood

F45-48yrs – Gold: B Walker Silver: V Rogers

M45-48yrs – Gold: R Schembri Silver: T Gribb

M53-56 – Gold: G Baker Silver: C Heuer

M60+ - Gold: R Wood

### **Red Poomse**

M32yrs – Gold: A Shambrook

M33-36yrs – Gold: J Lazenicas Silver: T Moroseo Bronze: P Sporcina

M37-41 – Gold: D Anquetil Silver: S Wills Bronze: T Deacon

M42-48yrs – Gold: R Habel Silver: P King Bronze: W Worrall

### **Yellow Poomse**

M39Yrs – Gold: Shane Latross

M45yrs – Gold: M Carden

### **Blue Poomse**

M37-40yrs – Gold: N Bui Silver: F Diaz

M41-44yrs – Gold: P Lata Silver: A Brown Bronze: P Triffrays

M53-56yrs – Gold: R Glass Silver: J Toanontana Bronze: P Todd

### **Yellow Poomse**

F32yrs – Gold: M Allen

F33-36yrs – Gold: C Nowes Silver: I Carden Bronze: J Taylor

37-40yrs – Gold: J Jago

41-44yrs – Gold: B Robb

### **Poomse Coloured Belt**

Red – Gold: D Anquetil Silver: J Laxenicas Bronze: P King

Yellow – Gold: S Latross, C Jones Silver: M Carden

Blue – Gold: N Bui Silver: R Glass Bronze: P Lata

### **One Step**

Colour – Gold: Double Trouble Silver: N Buie & A Brown Bronze: Koryo

Red & Black – Gold: Red & Black 1 Silver: Red & Black 3 Bronze: Darren & Peter

Red & Blue – Gold: Salmond & Schembri

Male Black – Gold: Black & Black Silver: Seymour Nth Region Bronze: Fossies 10

Female Black – Gold: B Waker & V Rogers Silver: Baby Dragons Bronze: Jones

Yellow – Gold: M Finlay

### **Team Poomse**

Colour – Gold: Koryo Silver: Brown Bronze: Lazenics  
Black – Gold: Fossils Silver: Red & Black Bronze: Koryo TKD, Country North

### **Traditional One Step**

Gold: Seymor Silver: Black Bronze: Black & Red

### **One Step**

Yellow – Gold: Jones  
Colour – Gold: Double Trouble Silver: N Bui & A Brown Bronze: Koryo  
Red & Black – Gold: Red & Black 14 Silver Red & Black 3 Bronze: Darren & Peter  
Black – Gold: Salmond & Schembri Silver: Seymour Nth Region Bronze: Fossies 10

### **Black Technical**

Male: Gold: S Bennett Silver: C Ure Bronze: K Uisuer  
Female: Gold: B Walker Silver: J Stivali Bronze: V Rogers

### **Red Technical**

Male: Gold: J Lazenkas Silver: D Anquetil Bronze: P King

### **Power Breaking – Colour Belt**

Gold: P Sporcinan

### **Power Breaking Boards – Black Belt – Female**

Gold: F Shacklock

### **Board Breaking – Colour Belt**

Female - Gold: M Allen  
Male – J Henrisson

### **Power Breaking**

Female – Gold: F Shacklock  
Male – Gold: M Hughes

### **Team Breaking – Black Belt**

Gold: Schembri & Sam

### **Technical Black**

Female – Gold: B Walker  
Male – Gold: S Bennett

### **Technical Colour**

Female – Gold: B Robb  
Male – Gold: J Lazenicas

### **Power Break Tiles - Colour**

Female – Gold: F Wood  
Male – P Sforcina

### **Power Break Tiles – Black**

Gold: M Hughes Silver: S Cossari Bronze: M Quinn

### **Team Board Breaking**

Gold: Schembri & Sam Silver: Korgo Bronze: Winn

### **Power Breaking Wood**

Gold: F Wood Silver: J Hennison Bronze: M Allen

### **Dance**

Gold: Zena Silver: B Walker Bronze: R Wood

### **Artist**

Gold: R Wood Silver: Joyce Bronze: Darren

### **Comedy**

Gold: Joyce Silver: Val Bronze: Crazy

### **Patterns**

#### **Colour Belt**

Female – Gold: C Jones

Male – Gold: N Bui

#### **Black Belt**

Female – Gold: B Walker

Male – R Wood

#### **One Step Teams**

Colour – Gold: Koryo

Black – Gold: Salmond & Schembri

### **Trophy Awards**

#### **Best Black Belt Technical Break:**

Male: S Bennett

Female: B Walker

#### **Traditional One Step:**

Male: Seymour

Female: B Walker & V Rogers

One Step Colour – Double Trouble

Red & Black – Red & Black

Black – Salmond & Schrembi

#### **Best Poomse Colour**

Male: R Glass

Female: K Jones

**Best Poomse Black**

Male: R Wood

Female: B Walker

**Best Power Breaking**

Male: M Hughes

Female: F Shacklock

**Best Individual Sparring**

Male: P Duncalf

Female: M Finlay