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**Men 35-39**

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**Men 40-44**

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### Men 55-59

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### Men 60-64

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### Men 65-69

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M65 Discus Throw  39.02m  26/09/2002  Robin Herron - INT
M65 Hammer Throw  46.84m  7/11/1998  Wim van Weenan - AUS
M65 High Jump  1.52m  5/11/2012  John Searle - AUS
M65 Javelin Throw  38.00m  2/11/2008  Guy Quarterman - AUS
M65 Long Jump  5.05m  3/11/2012  John Searle - AUS
M65 Pole Vault  2.65m  5/11/2012  Tom Barber - AUS
M65 Shot Put  11.49m  28/09/2002  Arvo Ropelin - AUS
M65 Throws Pentathlon  3550  2014  Robert Banens - ACT
M65 Triple Jump  10.05m  5/11/2012  John Searle - AUS
M65 Weight Throw  14.53m  1/11/2014  Richard Davison - NZL

M70 100 Metre  13.68  9/11/2018  Jonathon Wall  -  AUS
M70 1500 Metre  5:24.25  5/11/2012  Peter Sandery  -  AUS
M70 200 Metre  28.09  5/11/2006  Hugh Coogan  -  AUS
M70 2000 Metre Steeplechase 76.2cm  8:23.48  4/11/2012  Peter Sandery  -  AUS
M70 300 Long Hurdles 68.6cm  53.45  4/11/2012  Richard Trembath  -  AUS
M70 3000 Metre Race Walk  17:56.85  4/11/2006  Geoff Major  -  AUS
M70 400 Metre  63.24  6/11/2006  Hugh Coogan  -  AUS
M70 4x100 Metre Relay  59.08  3/11/2014  Australia  -  AUS
M70 4x400 Metre Relay  5:50.22  8/11/2010  Australia  -  AUS
M70 5000 Metre  19:27.59  3/11/2012  Peter Sandery  -  AUS
M70 60 Metre  8.49  3/11/2014  Neville McIntyre  -  AUS
M70 80 Short Hurdles 76.2/68.6cm  14.51  3/11/2012  Greg Mamalis  -  AUS
M70 800 Metre  2:38.20  3/11/2012  Peter Sandery  -  AUS
M70 Discus Throw  32.94m  8/11/2004  Colin Murraylee  -  AUS
M70 Javelin Throw  38.71m  6/11/2006  Thomas Hancock  -  AUS
M70 Long Jump  4.43m  1/11/2008  Spencer Herft  -  AUS
M70 Pole Vault  2.70m  7/11/1998  Garvin Brown  -  AUS
M70 Shot Put  12.50m  6/11/1998  Jim Peridis  -  AUS
M70 800 Metre  2:53.89  10/11/2016  Patrick Sela  -  AUS
M70 100 Metre  14.72  3/11/2012  David Janssan  -  AUS
M70 1500 Metre  5:54.13  12/11/2016  Peter Sandery  -  AUS
M70 200 Metre  31.24  7/11/2010  Harbhajan Singh Aulakh  -  AUS
M70 2000 Metre Steeplechase 76.2cm  9:16.59  11/11/2016  Peter Sandery  -  AUS
M70 3000 Metre Race Walk  19:25.11  7/11/1998  Don Whyte  -  AUS
M70 400 Metre  72.58  8/11/2004  Norm Windred  -  AUS
M70 5000 Metre  22:28.38  10/11/2016  Peter Sandery  -  AUS
M70 5000 Metre Race Walk  40:12.05  10/11/2016  Patrick Sela  -  AUS
M70 60 Metre  9.13  5/11/2012  David Janssan  -  AUS
M70 80 Short Hurdles 76.2/68.6cm  16.64  3/11/2012  Donald Chambers  -  AUS
M70 800 Metre  2:53.89  10/11/2016  Peter Sandery  -  AUS
M70 Discus Throw  32.94m  8/11/2004  Colin Murraylee  -  AUS
M70 Hammer Throw  37.55m  7/11/2010  Ron Simcock  -  AUS
M70 High Jump  1.33m  29/09/2002  Geza Dobriban  -  HUN
M70 Javelin Throw  36.25m  8/11/2004  Colin Murraylee  -  AUS
M70 Long Jump  2.70m  8/11/2004  Garvin Brown  -  AUS
M70 Pole Vault  11.15m  6/11/1998  Feliks Jekabsons  -  AUS
M70 800 Metre  15.21m  6/11/2010  Ron Simcock  -  AUS
M70 Weight Throw  15.21m  6/11/2010  Ron Simcock  -  AUS

Men 75-79

M75 100 Metre  14.72  3/11/2012  David Janssan  -  AUS
M75 1500 Metre  5:54.13  12/11/2016  Peter Sandery  -  AUS
M75 200 Metre  31.24  7/11/2010  Harbhajan Singh Aulakh  -  AUS
M75 2000 Metre Steeplechase 76.2cm  9:16.59  11/11/2016  Peter Sandery  -  AUS
M75 300 Long Hurdles 68.6cm  59.34  7/11/2010  Harbhajan Singh Aulakh
M75 400 Metre  72.58  8/11/2004  Norm Windred  -  AUS
M75 5000 Metre  22:28.38  10/11/2016  Peter Sandery  -  AUS
M75 5000 Metre Race Walk  40:12.05  10/11/2016  Patrick Sela  -  AUS
M75 60 Metre  9.13  5/11/2012  David Janssan  -  AUS
M75 80 Short Hurdles 76.2/68.6cm  16.64  3/11/2012  Donald Chambers  -  AUS
M75 800 Metre  2:53.89  10/11/2016  Peter Sandery  -  AUS
M75 Discus Throw  32.94m  8/11/2004  Colin Murraylee  -  AUS
M75 Hammer Throw  37.55m  7/11/2010  Ron Simcock  -  AUS
M75 High Jump  1.33m  29/09/2002  Geza Dobriban  -  HUN
M75 Javelin Throw  36.25m  8/11/2004  Colin Murraylee  -  AUS
M75 Long Jump  4.14m  2/11/2014  Nick Bastas  -  NSW
M75 Pole Vault  2.70m  8/11/2004  Garvin Brown  -  AUS
M75 Shot Put  11.15m  6/11/1998  Feliks Jekabsons  -  AUS
M75 800 Metre  3434  9/11/2018  Arnie DeLaite  -  AUS
M75 100 Metre  15.55  1/11/2008  Norm Windred  -  AUS
M75 1500 Metre  7:06.00  12/11/2016  Colin Woods  -  AUS
M75 200 Long Hurdles 68.6cm  45.30  4/11/2012  Ronald Johnson  -  NZL
M75 200 Metre  33.61  4/11/2012  Richard Hughes
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**Men 85-89**

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**Men 90+**

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**Women 30-34**

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Women 35-39

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Women 40-44

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<td>Althea Mackie</td>
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<td>38.01m</td>
<td>1/11/2014</td>
<td>Tricia Price</td>
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<td>5.15m</td>
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<td>Michelle Mackey</td>
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Women 45-49

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<td>4/11/2006</td>
<td>Pam Tindal</td>
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**Women 50-54**

- **W50 100 Metre**: 13.29  9/11/2018  Mandy Mason - AUS
- **W50 1500 Metre**: 5:11.17  8/11/2010  Marcia Sheer - AUS
- **W50 200 Metre**: 26.80  11/11/2016  Julie Brims - AUS
- **W50 2000 Metre Steeplechase 76.2cm**: 8:49.02  2/11/2014  Marion Hermitage - AUS
- **W50 3000 Long Hurdles 76.2cm**: 52.86  4/11/2009  Felicia Schmidt - AUS
- **W50 400 Metre**: 63.54  3/11/2015  Trish Price - AUS
- **W50 5000 Metre**: 19:15.55  1/11/2008  Marion Hermitage - AUS
- **W50 5000 Metre Race Walk**: 28:41.36  28/09/2002  Felicia Schmidt - AUS
- **W50 60 Metre**: 8.34  3/11/2014  Gianna Mogentale - AUS
- **W50 80 Short Hurdles 76.2cm**: 13.82  1/11/2008  Jill Pryor - AUS
- **W50 800 Metre**: 2:28.71  1/11/2008  Cris Penn - AUS
- **W50 Discus Throw**: 33.34m  6/11/1998  MarjaLeena Parviainen - AUS
- **W50 Hammer Throw**: 49.43m  7/11/1998  MarjaLeena Parviainen - AUS
- **W50 High Jump**: 1.25m  12/11/2016  Leslie Estwick - AUS
- **W50 Javelin Throw**: 25.51m  9/11/2018  Glynis Nunn - AUS
- **W50 Shot Put**: 11.54m  10/11/2018  Glynis Nunn - AUS

**Women 55-59**

- **W55 100 Metre**: 13.96  6/11/2004  Wendy Doran - AUS
- **W55 1500 Metre**: 5:24.78  3/11/2008  Jeanette Flynn - AUS
- **W55 200 Metre**: 29.13  8/11/2004  Wendy Doran - AUS
- **W55 2000 Metre Steeplechase 76.2cm**: 10:21.09  9/11/2004  Irene Davey - AUS
- **W55 300 Long Hurdles 76.2cm**: 55.77  11/11/2016  Glynis Nunn-Cearns - AUS
- **W55 3000 Metre Race Walk**: 17:05.60  7/11/1998  Gwen Steed - AUS
- **W55 400 Metre**: 66.11  3/11/2008  Jeanette Flynn - AUS
- **W55 4x100 Metre Relay**: 42.19m  6/11/2000  Betty Menzies - AUS
- **W55 60 Metre**: 8.85  11/11/2018  linda caligiuri - AUS
- **W55 80 Short Hurdles 76.2cm**: 13.87  10/11/2016  Glynis Nunn-Cearns - AUS
- **W55 800 Metre**: 2:30.27  1/11/2008  Jeanette Flynn - AUS
- **W55 Discus Throw**: 30.80m  3/11/2000  MarjaLeena Parviainen - AUS
- **W55 Hammer Throw**: 49.19m  2/11/2000  MarjaLeena Parviainen - AUS
- **W55 High Jump**: 1.25m  12/11/2016  Leslie Estwick - AUS
- **W55 Javelin Throw**: 25.51m  2/11/2000  Noreen Parrish - AUS
- **W55 Long Jump**: 3.91m  2/11/2008  Noela Brameld - AUS
- **W55 Shot Put**: 11.54m  10/11/2018  Glynis Nunn - AUS
**Women 60-64**

- **W60 100 Metre**: 14.63 / 6/11/2010 / Wendy Doran - AUS
- **W60 1500 Metre**: 5:36.93 / 5/11/2000 / Jan Morrey - AUS
- **W60 200 Metre**: 30.31 / 7/11/2010 / Wendy Doran - AUS
- **W60 2000 Metre Steeplechase 76.2cm**: 8:52.30 / 3/11/2000 / Jan Morrey - AUS
- **W60 3000 Metre Race Walk**: 18:07.14 / 5/11/2012 / Susan Hoskin - NZL
- **W60 400 Metre**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 4x100 Metre Relay**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 5000 Metre Race Walk**: 19:01.31 / 3/11/2014 / Lavinia Petrie - AUS
- **W60 60 Metre**: 9.21 / 11/11/2018 / Carol Davis - AUS
- **W60 Pole Vault**: 1.30m / 11/11/2018 / Aggie Boxall - NZL
- **W60 Shot Put**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 80 Short Hurdles 68.6cm**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 800 Metre**: 33.78 / 2/11/2014 / Marge Allison - AUS
- **W60 Discus Throw**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 Javelin Throw**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 Long Jump**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 Pole Vault**: 2.00m / 3/11/2014 / Wilma Perkins - AUS
- **W60 Shot Put**: 10.15m / 6/11/1998 / Wilma Perkins - QLD
- **W60 80 Short Hurdles 68.6cm**: 1.25m / 28/09/2002 / Marge Radcliffe - CAN
- **W60 800 Metre**: 30.31 / 7/11/2010 / Wendy Doran - AUS
- **W60 100 Metre**: 9.27m / 10/11/2016 / Glynis Nunn-Cearns - AUS
- **W60 1500 Metre**: 5:36.93 / 5/11/2000 / Jan Morrey - AUS
- **W60 200 Metre**: 12.57m / 11/11/2018 / Anne Goulter - NZL

**Women 65-69**

- **W65 100 Metre**: 14.85 / 10/11/2016 / Carol Davis - AUS
- **W65 1500 Metre**: 6:02.88 / 5/11/2012 / Lavinia Petrie - AUS
- **W65 200 Metre**: 31.11 / 2/11/2014 / Wendy Doran - AUS
- **W65 2000 Metre Steeplechase 76.2cm**: 10:26.48 / 4/11/2012 / Irene Davey - AUS
- **W65 3000 Metre Race Walk**: 19:01.31 / 3/11/2014 / Elizabeth Feldman - AUS
- **W65 400 Metre**: 70.64 / 8/11/2010 / Marge Allison - AUS
- **W65 4x100 Metre Relay**: 1:20.03 / 5/11/2000 / Australia - AUS
- **W65 5000 Metre**: 22:05.17 / 3/11/2012 / Lavinia Petrie - AUS
- **W65 5000 Metre Race Walk**: 48:23.00 / 3/11/2012 / Jill O'Mahony - AUS
- **W65 60 Metre**: 9.21 / 12/11/2016 / Carol Davis - AUS
- **W65 80 Short Hurdles 68.6cm**: 17.50 / 1/11/2014 / Wilma Perkins - AUS
- **W65 800 Metre**: 2:47.17 / 10/11/2018 / June Lowe - AUS
- **W65 Discus Throw**: 1:25m / 28/09/2002 / Marge Radcliffe - CAN
- **W65 Hammer Throw**: 1:25m / 28/09/2002 / Marge Radcliffe - CAN
- **W65 High Jump**: 1.15m / 28/09/2002 / Daphne Pirie & Wilma Perkins - AUS
- **W65 Javelin Throw**: 2:67.11 / 2/11/2000 / Heather Doherty - AUS
- **W65 Long Jump**: 4.02m / 10/11/2018 / Carol Davis - AUS
- **W65 Pole Vault**: 38.28 / 2/11/2014 / Marge Allison - AUS
- **W65 Shot Put**: 38.28 / 2/11/2014 / Marge Allison - AUS
- **W65 80 Short Hurdles 68.6cm**: 17.50 / 1/11/2014 / Wilma Perkins - AUS
- **W65 800 Metre**: 3:04.72 / 1/11/2014 / Lavinia Petrie - AUS
- **W65 100 Metre**: 16.07 / 6/11/2010 / Jan Morrey - AUS
- **W65 1500 Metre**: 6:04.06 / 3/11/2014 / Lavinia Petrie - AUS
- **W65 200 Metre**: 33.78 / 2/11/2014 / Marge Allison - AUS
- **W65 2000 Metre Steeplechase 76.2cm**: 12:12.56 / 2/11/2014 / Anne Lang - AUS
- **W65 3000 Metre Race Walk**: 19:56.29 / 7/11/1998 / Jean Knox - AUS
- **W65 400 Metre**: 79.42 / 3/11/2014 / Marge Allison - AUS
- **W65 5000 Metre**: 22:15.37 / 1/11/2014 / Lavinia Petrie - AUS
- **W65 5000 Metre Race Walk**: 34:36.00 / 3/11/2000 / Jean Knox - AUS
- **W65 80 Short Hurdles 68.6cm**: 21.19 / 1/11/2014 / Frances Harris - AUS
- **W65 800 Metre**: 3:04.72 / 1/11/2014 / Lavinia Petrie - AUS

**Women 70-74**

- **W70 100 Metre**: 16.07 / 6/11/2010 / Jan Morrey - AUS
- **W70 1500 Metre**: 6:04.06 / 3/11/2014 / Lavinia Petrie - AUS
- **W70 200 Metre**: 33.78 / 2/11/2014 / Marge Allison - AUS
- **W70 2000 Metre Steeplechase 76.2cm**: 12:12.56 / 2/11/2014 / Anne Lang - AUS
- **W70 3000 Metre Race Walk**: 19:56.29 / 7/11/1998 / Jean Knox - AUS
- **W70 400 Metre**: 79.42 / 3/11/2014 / Marge Allison - AUS
- **W70 5000 Metre**: 22:15.37 / 1/11/2014 / Lavinia Petrie - AUS
- **W70 5000 Metre Race Walk**: 34:36.00 / 3/11/2000 / Jean Knox - AUS
- **W70 80 Short Hurdles 68.6cm**: 21.19 / 1/11/2014 / Frances Harris - AUS
- **W70 800 Metre**: 3:04.72 / 1/11/2014 / Lavinia Petrie - AUS
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<tr>
<td>W70 Discus Throw</td>
<td>22.31m</td>
<td>9/11/2004</td>
<td>Heather Doherty</td>
<td>AUS</td>
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<tr>
<td>W70 Hammer Throw</td>
<td>29.73m</td>
<td>1/11/2014</td>
<td>Janice Banens</td>
<td>AUS</td>
</tr>
<tr>
<td>W70 High Jump</td>
<td>1.00m</td>
<td>7/11/2006</td>
<td>Mavis Carter</td>
<td>NZL</td>
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<tr>
<td>W70 Javelin Throw</td>
<td>23.18m</td>
<td>9/11/2004</td>
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<td>AUS</td>
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<td>W70 Long Jump</td>
<td>2.84m</td>
<td>5/11/2006</td>
<td>Constance Larmour</td>
<td>AUS</td>
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<td>W70 Pole Vault</td>
<td>1.30m</td>
<td>11/11/2018</td>
<td>Anne Deleiros</td>
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<tr>
<td>W70 Shot Put</td>
<td>8.11m</td>
<td>2/11/2014</td>
<td>Mary Thomas</td>
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<td>W70 Throws Pentathlon</td>
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<td>Mary Thomas</td>
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<td>W70 Triple Jump</td>
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<td>W70 Weight Throw</td>
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<td>5/11/2012</td>
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<td><strong>Women 75-79</strong></td>
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<td>W75 100 Metre</td>
<td>16.76</td>
<td>9/11/2018</td>
<td>Chris Waring</td>
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<td>W75 1500 Metre</td>
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<td>8/11/2004</td>
<td>Jean Knox</td>
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<tr>
<td>W75 3000 Metre Race Walk</td>
<td>20:42.15</td>
<td>27/09/2002</td>
<td>Lorna Thompson</td>
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<td>W75 400 Metre</td>
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<td>5/11/2012</td>
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<td>W75 5000 Metre</td>
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<td>W75 60 Metre</td>
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<td>11/11/2018</td>
<td>Chris Waring</td>
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<td>W75 Discus Throw</td>
<td>23.04m</td>
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<tr>
<td>W75 Hammer Throw</td>
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<td>3/11/2012</td>
<td>Valerie Worrell</td>
<td>AUS</td>
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<tr>
<td>W75 High Jump</td>
<td>0.85m</td>
<td>7/11/2006</td>
<td>Ngawini Pepene</td>
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<td>Valerie Worrell</td>
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<td><strong>Women 80-84</strong></td>
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<td>W80 100 Metre</td>
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<td>9/11/2018</td>
<td>Kathleen Cook</td>
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<td>W80 1500 Metre</td>
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<td>W80 5000 Metre</td>
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<td>7/11/1998</td>
<td>Mavis Collins</td>
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<td>W80 Discus Throw</td>
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<td>W80 High Jump</td>
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<td>Olga Kotelko</td>
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<td>W80 Javelin Throw</td>
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<td>26/09/2002</td>
<td>Olga Kotelko</td>
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<td><strong>Women 85-89</strong></td>
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<td>W85 1500 Metre</td>
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<td>W85 3000 Metre Race Walk</td>
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<td>W85 5000 Metre Race Walk</td>
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<td>Alison Worrall</td>
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