

Calisthenics Schedule

Tuesday 5 November

Duos

2:00pm: 41-70 years 6:00pm: 35-40 years

Wednesday 6 November

Gracefuls

MORNING SESSION: AFTERNOON SESSION: EVENING SESSION:

9:00am: 44-70 years 12:40pm: 38-43 years 7:45pm: 26-32 years

4:45pm: 33-37 years

*These times may change depending on final entries.

Thursday 7 November

Teams

MORNING SESSION: 9:00am: 50 years +

AFTERNOON SESSION: 2:30pm: 40 - 43 years

Friday 8 November

Teams

MORNING SESSION: 9:00am: 44 - 49 years

AFTERNOON SESSION: 2:20pm: 39 years and under







#PPMG24