



# PAN PACIFIC MASTERS GAMES

GOLD COAST AUSTRALIA 1 - 10 NOVEMBER 2024

IT'S LIVE!  
in Queensland

## Indoor Rowing – Results Tuesday 5th November

### 100m

Race 35	Male Lightweight 90+	Race Time
Gold	Philip PRICE	0:21.4

Race 35	Male Heavyweight 85-89	Race Time
Gold	Jim PENFOLD	0:21.2

Race 35	Male Lightweight 80-84	Race Time
Gold	Peter SHEEAN	0:20.9

Race 35	Male Heavyweight 80-84	Race Time
Gold	David BERRY	0:18.0
Silver	Robert MARTIN	0:21.9

Race 35	Male Lightweight 75-79	Race Time
Gold	Peter William CROMBIE (Australian Record)	0:18.6
Silver	David SIMPSON	0:21.4

Race 35	Male Heavyweight 75-79	Race Time
Gold	John CHOICE	0:17.2
Silver	Alan PATTERSON	0:18.4
Bronze	Garry AITCHISON	0:18.7
4	Leon BOBAKO	0:20.1

Race 36	Female Lightweight 80-84	Race Time
Gold	Gioia BERRY	0:25.6

Race 36	Female Heavyweight 80-84	Race Time
Gold	Margaret SHEEAN	0:29.9

Race 36	Female Lightweight 75-79	Race Time
Gold	Elizabeth FELDMAN	0:22.3
Silver	Beverley LAUNDRY	0:24.3

Race 36	Female Adaptive Heavyweight 75-79	Race Time
Gold	Margaret FORBES-BIRAM	0:32.9
Silver	Pam FREEMANTLE	0:34.8

Race 36	Female Heavyweight 75-79	Race Time
Gold	Kay NEWMAN	0:21.3
Silver	Jan ZILM	0:21.8
Bronze	Cheryl WARRIOR	0:22.5
4	Wendy COGHILL	0:30.0

Race 37	Male Lightweight 70-74	Race Time
Gold	Michael PERCEY	0:19.0
Silver	Colin THOMAS	0:21.1

Race 37	Male Heavyweight 70-74	Race Time
Gold	Peter BEARE	0:16.4
Silver	Michael VAN KRAAY	0:17.3
Bronze	Gavin THOMSON	0:19.1

Race 38	Female Lightweight 70-74	Race Time
Gold	Nancy MCMAHON	0:28.2

Race 38	Female Heavyweight 70-74	Race Time
Gold	Marian MITCHELL	0:22.7
Silver	Kerrie JONES	0:23.7
Bronze	Jenny BOYLE	0:25.9

Race 38	Female Lightweight 65-69	Race Time
Gold	Julie GILLICK	0:23.9
Silver	Maxine JONGERDEN	0:24.3

Race 38	Female Heavyweight 65-69	Race Time
Gold	Anne HAYES	0:22.1
Silver	Cristin SMITH	0:22.8
Bronze	Susan MATANO	0:25.1

Race 39	Male Lightweight 65-69	Race Time
Gold	Mark YUEN	0:17.9
Silver	Martin TURNER	0:18.0
Bronze	Geoffrey TOOGOOD	0:20.9
4	Martin DOYLE	0:21.8
5	Gary SNOW	0:21.9

Race 39	Male Heavyweight 65-69	Race Time
Gold	Greg BURCHELL	0:16.6
Silver	Fulvio GODINA	0:17.2
Bronze	Tony FLETCHER	0:18.1
4	Robert ROSS	0:18.9
5	Salvatore GALOFARO	0:19.8

<b>Race 40</b>	<b>Female Lightweight 60-64</b>	<b>Race Time</b>
Gold	Rhonda BETTS	0:19.6
Silver	Annette SHERRATT	0:20.8
Bronze	Elizabeth HARRISON	0:21.4
4	Deb GILLHAM	0:21.6

<b>Race 41</b>	<b>Female Heavyweight 60-64</b>	<b>Race Time</b>
Gold	Sharon Anne JONES	0:18.3
Silver	Jenny FISHER	0:19.1
Bronze	Suzy FISHER	0:19.4
4	Tamara MORRIS	0:20.8
5	Jan PRIMMER	0:21.4
6	Joanne LETCHFORD	0:21.4
7	Wendy HOVEN	0:22.0

<b>Race 42</b>	<b>Male Lightweight 60-64</b>	<b>Race Time</b>
Gold	Shane HEGARTY	0:15.4
Silver	Tony GEORGE	0:19.3
Silver	Kevin MARTIN	0:19.3
4	Anthony CAPPETTA	0:19.7

<b>Race 43</b>	<b>Male Heavyweight 60-64</b>	<b>Race Time</b>
Gold	Edward SALLOUM	0:15.9
Silver	Hamish PATTERSON	0:16.2
Bronze	Lindsay JORDISON	0:16.4
4	Simon ROCK	0:17.0
5	Shawn MCMAHON	0:17.2
6	Martin CHADWICK	0:17.6
7	John MORROW	0:17.8
8	Brett PEACOCK	0:18.3

<b>Race 44</b>	<b>Male Adaptive Heavyweight 60-64</b>	<b>Race Time</b>
Gold	Grant BARKER-WILLIAMS	0:19.1

<b>Race 44</b>	<b>Female Lightweight 55-59</b>	<b>Race Time</b>
Gold	Glenda CHAPMAN	0:20.3
Silver	Susan SIBEL	0:27.4

<b>Race 44</b>	<b>Female Heavyweight 55-59</b>	<b>Race Time</b>
Gold	Jenny BELL	0:18.3
Silver	Claire HOVEY	0:21.0
Bronze	Doris MATLOK	0:21.5
4	Jodie PLAYFORD	0:22.9

<b>Race 45a</b>	<b>Male Adaptive Lightweight 55-59</b>	<b>Race Time</b>
Gold	Stephen HENNESSY	0:18.0

<b>Race 45a</b>	<b>Male Lightweight 55-59</b>	<b>Race Time</b>
Gold	Rob ITALIA	0:17.2
Silver	Charl KELLERMANN	0:17.8

Race 45a / 45b	Male Heavyweight 55-59	Race Time
Gold	Alan RONALDS	0:15.4
Silver	Gordon PITTS	0:16.6
Bronze	Bruce BARRETT	0:16.7
4	Kevin BUHLER	0:16.8
5	Phillip BRAZEL	0:17.0
6	Leon COAD	0:17.2
7	Elliott PAPANTONIOU	0:17.2
8	Thomas TAWHIRI	0:17.3
9	Glenn HENRIKSEN	0:17.9
10	Mark MCCROSSIN	0:18.3
11	Mike MATTHEWS	0:18.6

Race 47	Female Lightweight 50-54	Race Time
Gold	Narelle BULLOCK	0:21.9
Silver	Gina MAROZZI	0:22.9
Bronze	Robyn MEIKLE	0:24.6

Race 48	Female Heavyweight 50-54	Race Time
Gold	Rachelle PATTERSON ( <b>Australian Record</b> )	0:18.0
Silver	Karen CHAPMAN	0:19.1
Bronze	Jeanette TOON	0:19.5
4	Katie BRAZEL	0:19.6
5	Tamara RIDDELL	0:19.9
6	Amanda WADDELL	0:20.3
7	Therese DUFFY	0:20.4
8	Jodie GIBSON	0:21.2
9	Annette STEELE	0:21.7

Race 49	Male Lightweight 50-54	Race Time
Gold	Steven GASPARS	0:18.0

Race 49	Male Heavyweight 50-54	Race Time
Gold	Richard NORRIS	0:15.8
Silver	Tim GEORGE	0:16.3
Bronze	Andrew JEFFREY	0:16.7
4	Luke STYLES	0:18.0
5	Derek STEWART	0:20.0

Race 50	Female Lightweight 45-49	Race Time
Gold	Jenny KNIGHT	0:18.8
Silver	Hana WILSON	0:24.2

Race 50	Female Heavyweight 45-49	Race Time
Gold	Nardia GUILLAUMIER	0:17.4
Silver	Rachel BURDETT	0:17.9
Bronze	Lisa HANSEN-BURNS	0:20.0
4	Belinda ASHWORTH	0:21.6

<b>Race 51</b>	<b>Male Heavyweight 45-49</b>	<b>Race Time</b>
Gold	David WOODHOUSE	0:14.9
Silver	Ryan BROWN	0:15.8
Bronze	Matthew ATTENBOROUGH	0:15.9
4	Colin MCCALLUM	0:17.6
5	Jiah EDMONDS	0:19.2

<b>Race 52</b>	<b>Female Lightweight 40-44</b>	<b>Race Time</b>
Gold	Melissa HANSON	0:18.9

<b>Race 52</b>	<b>Female Heavyweight 40-44</b>	<b>Race Time</b>
Gold	Brigid BAKER	0:17.8
Silver	Kate BALDING	0:18.3
Bronze	Melissa STUBBS	0:19.9

<b>Race 52</b>	<b>Female Heavyweight 35-39</b>	<b>Race Time</b>
Gold	Nicola JONES	0:18.3
Silver	Katrina LEE	0:18.6

<b>Race 52</b>	<b>Female Heavyweight 30-34</b>	<b>Race Time</b>
Gold	Lisa BROWN	0:21.5

<b>Race 53</b>	<b>Male Lightweight 40-44</b>	<b>Race Time</b>
Gold	Peter LINES	0:17.2

<b>Race 53</b>	<b>Male Adaptive Lightweight 40-44</b>	<b>Race Time</b>
Gold	Adam JACKSON	0:18.1

<b>Race 53</b>	<b>Male Heavyweight 40-44</b>	<b>Race Time</b>
Gold	Joel CARPENTER	0:13.8
Silver	Robert RAMMA	0:15.1
Bronze	Karl WOODWARD	0:15.5
4	Philipp FRIEDRICH	0:15.9

<b>Race 54</b>	<b>Male Heavyweight 35-39</b>	<b>Race Time</b>
Gold	Troy METHORST	0:15.5

<b>Race 54</b>	<b>Male Heavyweight 30-34</b>	<b>Race Time</b>
Gold	Brennen HEGARTY	0:15.1
Silver	Kade FRENCH	0:15.2
Bronze	Michael JOLLEY	0:22.5

# Indoor Rowing – Results

## Tuesday 5th November

### 1000m

Race 55	Male Lightweight 90+	Race Time
Gold	Philip PRICE ( <b>Australian Record, World Record</b> )	4:12.0

Race 55	Male Lightweight 80-84	Race Time
Gold	Peter SHEEAN	3:59.0
Silver	Bruce PATTON	4:09.2

Race 55	Male Heavyweight 80-84	Race Time
Gold	Robert MARTIN	4:19.7

Race 55	Male Lightweight 75-79	Race Time
Gold	William SULLIVAN	4:17.8
Silver	David SIMPSON	4:28.4

Race 55	Male Heavyweight 75-79	Race Time
Gold	Garry AITCHISON	3:39.6
Silver	Alan PATTERSON	3:42.8
Bronze	John CHOICE	3:59.1

Race 56	Female Lightweight 80-84	Race Time
Gold	Betty MENZIES	5:03.9
Silver	Gioia BERRY	5:09.1

Race 56	Female Lightweight 75-79	Race Time
Gold	Elizabeth FELDMAN	4:14.9
Silver	Beverley LAUNDRY	4:34.9
Bronze	Paula MOORHOUSE	4:39.1

Race 56	Female Heavyweight 75-79	Race Time
Gold	Jan ZILM	4:46.8
Silver	Cheryl WARRIOR	4:55.3
Bronze	Wendy COGHILL	5:33.9

Race 56	Female Adaptive Heavyweight 75-79	Race Time
Gold	Margaret FORBES-BIRAM	6:45.2

Race 57	Male Lightweight 70-74	Race Time
Gold	Michael PERCEY	3:50.4
Silver	Colin THOMAS	4:04.7

Race 57	Male Heavyweight 70-74	Race Time
Gold	Peter BEARE	3:40.8
Silver	Gavin THOMSON	4:06.8

Race 58	Female Lightweight 70-74	Race Time
Gold	Sue MCCORMICK	4:45.3
Silver	Nancy MCMAHON	5:29.3

Race 58	Female Heavyweight 70-74	Race Time
Gold	Marian MITCHELLE	4:30.2
Silver	Dyanna BENNY	4:45.4
Bronze	Kerrie JONES	5:23.3

Race 58	Female Lightweight 65-69	Race Time
Gold	Maxine JONGERDEN	4:47.1

Race 58	Female Heavyweight 65-69	Race Time
Gold	Anne HAYES	4:58.5
Silver	Cristin SMITH	4:59.9
Bronze	Susan MATANO	6:30.2

Race 59	Male Lightweight 65-69	Race Time
Gold	Martin TURNER	3:39.0
Silver	Kevin BENT	3:44.4
Bronze	Mark YUEN	3:50.2
4	Bruce SMERDON	4:00.5
5	Geoffrey TOOGOOD	4:03.7
6	Gary SNOW	4:04.9
7	Martin DOYLE	4:07.0

Race 60	Male Heavyweight 65-69	Race Time
Gold	Greg BURCHELL	3:23.9
Silver	Fulvio GODINA	3:33.8
Bronze	Robert ROSS	3:40.6
4	Salvatore GALOFARO	4:29.2

Race 61	Female Lightweight 60-64	Race Time
Gold	Elizabeth HARRISON	4:07.1
Silver	Deb GILLHAM	4:20.3

Race 61	Female Heavyweight 60-64	Race Time
Gold	Suzy HADLOW	3:47.9
Silver	Sharon Anne JONES	3:48.4
Bronze	Joanne LETCHFORD	4:08.8
4	Janet DOYLE	4:14.8
5	Jan PRIMMER	4:20.9
6	Wendy HOVEN	4:29.2

Race 62	Male Lightweight 60-64	Race Time
Gold	Shane HEGARTY	3:34.0
Silver	Kevin MARTIN	3:43.1
Bronze	Tony GEORGE	3:51.6
4	Anthony CAPPETTA	4:07.5

Race 63	Male Heavyweight 60-64	Race Time
Gold	John LEARD	3:24.4
Silver	Martin CHADWICK	3:29.8
Bronze	Shawn MCMAHON	3:30.8
4	Simon ROCK	3:31.4
5	Lindsay JORDISON	3:39.2
6	John MORROW	3:42.8

Race 63	Male Adaptive Heavyweight 60-64	Race Time
Gold	Grant BARKER-WILLIAMS	3:45.4

Race 64	Female Lightweight 55-59	Race Time
Gold	Glenda CHAPMAN ( <b>Australian Record</b> )	3:49.2

Race 64	Female Heavyweight 55-59	Race Time
Gold	Jenny BELL ( <b>Australian Record</b> )	3:36.0
Silver	Claire HOVEY	4:22.3
Bronze	Jodie PLAYFORD	4:41.8
4	Doris MATLOK	4:48.3

Race 65a	Male Lightweight 55-59	Race Time
Gold	Charl KELLERMANN	3:52.7

Race 65a	Male Heavyweight 55-59	Race Time
Gold	Phillip BRAZEL	3:20.3
Silver	Elliott PAPANTONIOU	3:20.7
Bronze	Gordan PITTS	3:21.8
4	Glenn HENRIKSEN	3:28.0
5	Bruce BARRETT	3:29.9
6	Leon COAD	3:39.5
7	Mike MATTHEWS	3:41.1
8	Mark MCCROSSIN	3:42.6
9	Thomas TAWHIRI	3:44.5
10	Keven BUHLER	3:44.6

Race 65a	Male Adaptive Lightweight 55-59	Race Time
Gold	Stephen HENNESSY	3:59.9

Race 67	Female Lightweight 50-54	Race Time
Gold	Candice HEINE	4:02.8
Silver	Gina MAROZZI	4:28.6
Bronze	Robyn MEIKLE	4:34.6

Race 67	Female Heavyweight 50-54	Race Time
Gold	Jeanette TOON	3:41.0
Silver	Tamara RIDDELL	3:46.9
Bronze	Jodie Gibson	3:52.4
4	Karen CHAPMAN	3:56.2
5	Amanda WADDELL	3:59.8



Race 68	Male Lightweight 50-54	Race Time
Gold	Steven GASPARS	3:21.3
Silver	Andrei WIGHTMAN	3:38.4

  

Race 68	Male Heavyweight 50-54	Race Time
Gold	Tim GEORGE	3:19.9
Silver	Luke STYLES	3:24.4
Bronze	Richard NORRIS	3:33.6
4	Derek STEWART	3:46.8
5	Rodney LLOYD	3:46.8

  

Race 69	Female Lightweight 45-49	Race Time
Gold	Jenny KNIGHT	3:45.5
Silver	Hana WILSON	4:16.2

  

Race 69	Female Lightweight 40-44	Race Time
Gold	Melissa HANSON	4:00.9

  

Race 69	Female Heavyweight 45-49	Race Time
Gold	Nardia GUILLAUMIER	3:34.1
Silver	Rachel BURDETT	3:52.7
Bronze	Lisa HANSEN-BURNS	4:01.9
4	Belinda ASHWORTH	4:14.1

  

Race 69	Female Heavyweight 40-44	Race Time
Gold	Kate BALDING	3:59.1

  

Race 69	Female Heavyweight 35-39	Race Time
Gold	Nicola JONES	3:29.1

  

Race 69	Female Heavyweight 30-34	Race Time
Gold	Lisa BROWN	4:05.7

  

Race 70	Male Heavyweight 45-49	Race Time
Gold	David WOODHOUSE	3:05.5
Silver	Jiah EDMONDS	3:12.0
Bronze	Ryan BROWN	3:18.3
4	Paul FRANKHAM	3:19.1
5	Phill WHYTE	3:22.4
6	Luke DEVOY	3:34.7
7	Colin MCCALLUM	3:40.3

  

Race 71	Male Lightweight 40-44	Race Time
Gold	Peter LINES	3:26.3

  

Race 71	Male Heavyweight 40-44	Race Time
Gold	Robert RAMMA ( <b>Australian Record</b> )	3:13.2
Silver	Philipp FRIEDRICH	3:14.2

  

Race 71	Male Adaptive Lightweight 40-44	Race Time
Gold	Adam JACKSON ( <b>Australian Record</b> )	3:33.4

Race 72	Male Lightweight 30-34	Race Time
Gold	Troy METHORST	3:17.5

Race 72	Male Heavyweight 30-34	Race Time
Gold	Kade FRENCH	3:07.7
Silver	Brennen HEGARTY	3:17.6

## Indoor Rowing – Results Tuesday 5th November

### 1 minute

Race 73	Male Lightweight 90+	Distance
Gold	Philip PRICE <b>(Australian Record, World Record)</b>	279m

Race 73	Male Lightweight 80-84	Distance
Gold	Peter SHEEAN <b>(Australian Record)</b>	285

Race 73	Male Heavyweight 80-84	Distance
Gold	Robert MARTIN	257

Race 73	Male Lightweight 75-79	Distance
Gold	Peter William CROMBIE <b>(Australian Record)</b>	305
Silver	David SIMPSON	266

Race 73	Male Heavyweight 75-79	Distance
Gold	John CHOICE	310
Silver	Alan Patterson	310
Bronze	Leon BOBAKO	304
4	Garry AITCHISON	302

Race 73	Male Adaptive Lightweight 80-84	Distance
Gold	David BERRY	308

Race 74	Female Lightweight 80-84	Distance
Gold	Gioia BERRY	234

Race 74	Female Heavyweight 80-84	Distance
Gold	Margaret SHEEAN <b>(Australian Record)</b>	208

Race 74	Female Lightweight 75-79	Distance
Gold	Elizabeth FELDMAN <b>(World Record, Australian Record)</b>	262
Silver	Beverley LAUNDRY	245

Race 74	Female Heavyweight 75-79	Distance
Gold	Cheryl WARRIOR <b>(equal Australian Record)</b>	252
Silver	Jan ZILM	252
Bronze	Wendy COGHILL	204

Race 74	Female Adaptive Lightweight 75-79	Distance
Gold	Margaret FORBES-BIRAM	182
Silver	Pam FREEMANTLE	176

  

Race 75	Male Lightweight 70-74	Distance
Gold	Mick SCHUDDINH	304
Silver	Michael PERCEY	298
Bronze	Colin THOMAS	281

  

Race 75	Male Heavyweight 70-74	Distance
Gold	Peter BEARE	325
Silver	Gavin THOMSON	300

  

Race 76	Female Lightweight 70-74	Distance
Gold	Nancy MCMAHON	207

  

Race 76	Female Lightweight 70-74	Distance
Gold	Marian MITCHELL	251
Silver	Dyanna BENNY	248
Bronze	Kerrie JONES	237
4	Jenny BOYLE	229

  

Race 77	Male Lightweight 65-69	Distance
Gold	Martin TURNER	319
Silver	Mark YUEN	307
Bronze	Geoffrey TOOGOOD	281
4	Martin DOYLE	277
5	Gary SNOW	275

  

Race 77	Male Heavyweight 65-69	Distance
Gold	Greg BURCHELL (equal Australian Record)	351
Silver	Fulvio GODINA	330
Bronze	Robert ROSS	305
4	Salvatore GALOFARO	283
5	Brian TWENTYMAN	282

  

Race 78	Female Lightweight 65-69	Distance
Gold	Maxine JONGERDEN	247
Silver	Julie GILLICK	243

  

Race 78	Female Heavyweight 65-69	Distance
Gold	Anne HAYES	263
Silver	Cristin SMITH	241
Bronze	Susan MATANO	225

  

Race 79	Male Lightweight 60-64	Distance
Gold	Shane HEGARTY	348
Silver	Kevin MARTIN	309
Bronze	Tony GEORGE	300
4	Anthony CAPPETTA	288

Race 80	Male Heavyweight 60-64	Distance
Gold	Lindsay JORDISON	354
Silver	Simon ROCK	352
Bronze	Shawn MCMAHON	349
4	Hamish PATTERSON	336
5	Edward SALLOUM	336
6	John LEARD	329
7	Martin CHADWICK	327
8	John MORROW	321

Race 80	Male Adaptive Heavyweight 60-64	Distance
Gold	Grant BARKER-WILLIAMS	314

Race 81	Female Lightweight 60-64	Distance
Gold	Annette SHERRATT	284
Silver	Rhonda BETTS	277
Bronze	Deb GILLHAM	277
4	Elizabeth HARRISON	274

Race 82	Female Heavyweight 60-64	Distance
Gold	Sharon Anne JONES ( <b>Australian Record</b> )	318
Silver	Suzy HADLOW	307
Bronze	Jenny FISHER	305
4	Tamara MORRIS	280
5	Joanne LETCHFORD	272
6	Janet DOYLE	265
7	Jan PRIMMER	264

Race 83	Male Lightweight 55-59	Distance
Gold	Paul HURLEY	341
Silver	Rob ITALIA	316
Bronze	Charl KELLERMANN	

Race 83	Male Adaptive Lightweight 55-59	Distance
Gold	Stephen HENNESSY ( <b>Australian Record</b> )	312

Race 84	Male Heavyweight 55-59	Distance
Gold	Gordon PITTS	347
Silver	Kevin BUHLER	344
Bronze	Bruce BARRETT	341
4	Eliott PAPANTONIOU	339
5	Phillip BRAZEL	338
6	Thomas TAWHIRI	338
7	Glenn HENRIKSEN	325
8	Mike MATTHEWS	322
9	Leon COAD	320
10	Mark MCCROSSIN	318

Race 85	Female Lightweight 55-59	Distance
Gold	Glenda CHAPMAN	290

<b>Race 85</b>	<b>Female Heavyweight 55-59</b>	<b>Distance</b>
Gold	Jenny BELL	315
Silver	Claire HOVEY	274
Bronze	Doris MATLOK	265

<b>Race 86</b>	<b>Male Lightweight 50-54</b>	<b>Distance</b>
Gold	Andrei WIGHTMAN	331
Silver	Steven GASPARS	327

<b>Race 86</b>	<b>Male Heavyweight 50-54</b>	<b>Distance</b>
Gold	Andrew JEFFREY	350
Silver	Luke STYLES	348
Bronze	Richard NORRIS	345
4	Tim GEORGE	335
5	Peter NICHOLS	304
6	Stuart ROSS	296
7	Derek STEWART	286

<b>Race 87</b>	<b>Female Lightweight 50-54</b>	<b>Distance</b>
Gold	Narelle BULLOCK	280
Silver	Gina MAROZZI	250
Bronze	Robyn MEIKLE	239

<b>Race 88</b>	<b>Female Heavyweight 50-54</b>	<b>Distance</b>
Gold	Jeanette TOON	306
Silver	Karen CHAPMAN	296
Bronze	Katie BRAZEL	295
4	Rachelle PATTERSON	294
5	Tamara RIDDELL	295
6	Jodie GIBSON	284
7	Amanda WADDELL	279
8	Therese DUFFY	276
9	Annette STEELE	271

<b>Race 89</b>	<b>Male Heavyweight 45-49</b>	<b>Distance</b>
Gold	David WOODHOUSE	371
Silver	Jiah EDMONDS	361
Bronze	Ryan BROWN	358
4	Paul FRANKHAM	349
5	Matthew ATTENBOROUGH	325
6	Colin MCCALLUM	318

<b>Race 90</b>	<b>Female Lightweight 45-49</b>	<b>Distance</b>
Gold	Hana WILSON	262

<b>Race 90</b>	<b>Female Heavyweight 45-49</b>	<b>Distance</b>
Gold	Nardia GUILLAUMIER	333
Silver	Rachel BURDETT	310
Bronze	Lisa HANSEN-BURNS	288
4	Belinda ASHWORTH	277

<b>Race 91</b>	<b>Male Lightweight 40-44</b>	<b>Distance</b>
Gold	Peter LINES	336

<b>Race 91</b>	<b>Male Heavyweight 40-44</b>	<b>Distance</b>
Gold	Joel CARPENTER	396
Silver	Robert RAMMA	373
Bronze	Philipp FRIEDRICH	360
4	Karl WOODWARD	356
5	Paul ALCHIN	317

<b>Race 91</b>	<b>Male Adaptive Lightweight 40-44</b>	<b>Distance</b>
Gold	Adam JACKSON	326

<b>Race 92</b>	<b>Female Lightweight 40-44</b>	<b>Distance</b>
Gold	Melissa HANSON	297

<b>Race 92</b>	<b>Female Heavyweight 40-44</b>	<b>Distance</b>
Gold	Brigid BAKER	309
Silver	Kate BALDING	294
Bronze	Melissa STUBBS	287

<b>Race 92</b>	<b>Female Heavyweight 35-39</b>	<b>Distance</b>
Gold	Nicola JONES	323

<b>Race 92</b>	<b>Female Heavyweight 30-34</b>	<b>Distance</b>
Gold	Lisa BROWN	264

<b>Race 93</b>	<b>Male Heavyweight 35-39</b>	<b>Distance</b>
Gold	Dylan BRAYSHAW	308

<b>Race 93</b>	<b>Male Heavyweight 35-39</b>	<b>Distance</b>
Gold	Brennen HEGARTY	358
Silver	Michael JOLLEY	315

# Indoor Rowing – Results

## Tuesday 5th November

### Team Relay

Race 94	Male	Race Time
Gold	<b>NO NAME TEAM</b> Luke STYLES, Shane HEGARTY, Bennen HEGARTY, Lindsay JORDISON	6:25.4
Silver	<b>CATCH &amp; RELEASE</b> Karl WOODWARD, Ryan BROWN, Colin MCCALLUM, Adam JACKSON	6:41.6
Bronze	<b>THE ROWING STONES</b> David WOODHOUSE, Jiah EDMONDS, Peter LINES, Anthony CAPPETTA	7:00.8
4	<b>THE RANDOMS</b> Greg BURCHELL, Martin CHADWICK, Simon ROCK, Derek STEWART	7:09.7

Race 94	Mixed	Race Time
Gold	<b>OAR WE THERE YET?</b> Nardia GUILLAUMIER, Robert RAMMA, Suzy HADLOW, John LEARD	6:53.7
Silver	<b>POWER STROKES</b> Rob ITALIA, Stephen HENNESSY, Steven GASPARS, Deb GILLHAM	7:27.6
Bronze	<b>ROW FOR GOLD</b> Mark YUEN, Jodie GIBSON, Tony GEORGE, Melissa HANSON	7:33.9
4	<b>SUNSHINE COAST INDOOR ROWING CLUB</b> Cristin SMITH, Jeanette Toon, Peter SHEEAN, Peter BEARE	8:07.1
5	<b>SUNSHINE COAST INDOOR ROWING CLUB TEAM 2</b> John MORROW, Leon COAD, Marian MITCHELL, Geoff TOOGOOD	8:15.1