

# Pan Pacific Masters Games - Track & Field Records

## Men 30-34

	<b>Record</b>	<b>Date Set</b>	<b>Record Holder</b>
M30 100 Metre	11.48	4/11/2006	Travis Venema - AUS
M30 110 Short Hurdles 99.1cm	16.05	6/11/2004	Warren Evans - AUS
M30 1500 Metre	4:05.74	6/11/2006	Brendan Whelan - AUS
M30 200 Metre	23.05	4/11/2012	Jay Stone - AUS
M30 3000 Metre Race Walk	13:48.14	7/11/1998	Andrew Ludwig - AUS
M30 3000 Metre Steeplechase 91.4cm	9:49.53	11/11/2016	Darryl Hill - AUS
M30 400 Long Hurdles 91.4cm	65.61	7/11/1998	Glenn Stewart - AUS
M30 400 Metre	49.34	8/11/2010	Jay Stone - AUS
M30 4x100 Metre Relay	46.39	29/09/2002	Australia - AUS
M30 4x400 Metre Relay	3:44.18	29/09/2002	Australia - AUS
M30 5000 Metre	15:23.81	4/11/2006	Brendan Whelan - AUS
M30 5000 Metre Race Walk	23:29.49	3/11/2000	Andrew Ludwig - AUS
M30 60 Metre	7.33	2/11/2008	Travis Venema - AUS
M30 800 Metre	1:59.15	6/11/2004	David Hill - AUS
M30 Discus Throw	45.42m	6/11/2004	Warren Evans - AUS
M30 Hammer Throw	42.19m	27/09/2002	Dean Cowan - AUS
M30 High Jump	1.76m	7/11/2006	Philip Jones - AUS
M30 Javelin Throw	54.32m	27/09/2002	Warren Evans - AUS
M30 Long Jump	6.57m	26/09/2002	Warren Evans - AUS
M30 Pole Vault	4.05m	28/09/2002	Warren Evans - AUS
M30 Shot Put	14.89m	29/09/2002	Dean Cowan - AUS
M30 Throws Pentathlon	2705	2012	Grzegorz Urbanowicz - WA
M30 Triple Jump	11.72m	8/11/2004	Warren Evans - AUS
M30 Weight Throw	15.42m	26/09/2002	Dean Cowan - AUS

## Men 35-39

M35 100 Metre	11.20	6/11/1998	Steven Tilburn - AUS
M35 110 Short Hurdles 99.1cm	14.94	9/11/2018	Ryan Dowling - AUS
M35 1500 Metre	4:15.84	5/11/2012	Brendan Whelan - AUS
M35 200 Metre	22.89	10/11/2018	Jay Stone - AUS
M35 3000 Metre Race Walk	13:47.45	27/09/2002	Andrew Ludwig - AUS
M35 3000 Metre Steeplechase 91.4cm	11:47.55	4/11/2012	Leigh Browell - AUS
M35 400 Long Hurdles 91.4cm	62.56	2/11/2008	Andrew Edwards - NZL
M35 400 Metre	50.83	11/11/2018	Jay Stone - AUS
M35 4x100 Metre Relay	47.69	29/09/2002	Australia - AUS
M35 4x400 Metre Relay	3:57.50	5/11/2012	AUS - AUS
M35 5000 Metre	16:59.05	3/11/2012	Brendan Whelan - AUS
M35 5000 Metre Race Walk	23:43.45	28/09/2002	Andrew Ludwig - AUS
M35 60 Metre	7.29	7/11/2010	Gregory Smith/Ryan Downing (2018) - AUS
M35 800 Metre	2:01.33	6/11/2010	Brian Sax - AUS
M35 Discus Throw	54.15m	1/11/2008	Darron Haworth - AUS
M35 Hammer Throw	54.85m	3/11/2008	Darron Haworth - AUS
M35 High Jump	1.82m	3/11/2012	Carl Schatz - NT
M35 Javelin Throw	57.59m	3/11/2012	Craig Nicholson - AUS
M35 Long Jump	6.21m	3/11/2012	Geoffrey Gibbons - AUS
M35 Pole Vault	4.60m	3/11/2008	Rob Hill - AUS
M35 Shot Put	17.42m	29/09/2002	Stuart Gyngell - AUS
M35 Throws Pentathlon	2807	2012	Craig Nicholson - QLD
M35 Triple Jump	13.89m	6/11/2006	Yevgeniy Tkachenko - UKR
M35 Weight Throw	17.05m	4/11/2008	Darron Haworth - AUS

## Men 40-44

M40 100 Metre	11.35	3/11/2012	Gregory Smith - AUS
M40 110 Short Hurdles 99.1cm	15.84	6/11/1998	Gerasin Hayrapetian - INT
M40 1500 Metre	4:22.50	5/11/2012	Kynan Dawes - AUS
M40 200 Metre	23.38	2/11/2008	Krzysztof Wardecki - AUS
M40 3000 Metre Race Walk	12:30.54	7/11/1998	Dave Smith - AUS
M40 3000 Metre Steeplechase 91.4cm	10:45.34	3/11/2000	Bill McLean - AUS
M40 400 Long Hurdles 91.4cm	63.26	4/11/2012	Richard Norris - AUS
M40 400 Metre	52.91	5/11/2012	Andrew Wilcox - AUS
M40 4x100 Metre Relay	45.68	3/11/2008	Australia - AUS
M40 4x400 Metre Relay	3:59.13	5/11/2000	Australia - AUS

M40 5000 Metre	16:31.47	9/11/2018	Eric Conce - France
M40 5000 Metre Race Walk	23:50.74	9/11/2018	Pramesh Prasad - AUS
M40 60 Metre	7.28	3/11/2014	Gregory Smith - AUS
M40 800 Metre	2:05.60	10/11/2016	Simon White - AUS
M40 Discus Throw	50.47m	6/11/2004	Stuart Gyngell - AUS
M40 Hammer Throw	53.65m	3/11/2014	Richard Meiring - AUS
M40 High Jump	1.81m	9/11/2018	Euan Mclean - AUS
M40 Javelin Throw	62.72m	4/11/2000	John Kay - AUS
M40 Long Jump	6.73m	6/11/1998	Gerasim Hayrapetian - INT
M40 Pole Vault	4.40m	3/11/2014	Rob Hill - AUS
M40 Shot Put	17.11m	9/11/2004	Stuart Gyngell - AUS
M40 Throws Pentathlon	3167	2014	Ricard Miering - NSW
M40 Triple Jump	13.50m	7/11/1998	Gerasim Hayrapetian - INT
M40 Weight Throw	16.75m	2/11/2014	Ricard Meiring - AUS

### Men 45-49

M45 100 Metre	11.84	1/11/2008	Ian McLean - AUS
M45 110 Short Hurdles 99.1cm	19.46	6/11/2004	Paul Nies - AUS
M45 1500 Metre	4:19.67	6/11/2006	David Sweeney
M45 200 Metre	23.83	5/11/2006	David Isackson - AUS
M45 3000 Metre Race Walk	13:39.21	27/09/2002	Peter Bennett - AUS
M45 3000 Metre Steeplechase 91.4cm	10:54.79	3/11/2000	Peter Hall - AUS
M45 400 Long Hurdles 91.4cm	64.07	2/11/2014	Marcus Skeete
M45 400 Metre	53.44	5/11/2012	Gary Parkinson - AUS
M45 4x100 Metre Relay	47.95	5/11/2000	Australia - AUS
M45 4x400 Metre Relay	4:12.35	8/11/2010	AUS - AUS
M45 5000 Metre	15:37.93	2/11/2000	Ron Peters - AUS
M45 5000 Metre Race Walk	23:46.13	28/09/2002	Peter Bennett - AUS
M45 60 Metre	7.49	5/11/2006	David Isackson - AUS
M45 800 Metre	2:08.22	2/11/2000	Shaun McLaughlin - AUS
M45 Discus Throw	45.92m	6/11/2010	Stuart Gyngell - AUS
M45 Hammer Throw	50.53m	7/11/2004	Bob Wagner - AUS
M45 High Jump	1.65m		N McLean 02, J Watts 06, Hennig 14 - AUS
M45 Javelin Throw	52.89m	5/11/2006	Bruce Dengate - AUS
M45 Long Jump	6.05m	3/11/2012	Edward Van der Jagt - AUS
M45 Pole Vault	4.00m	8/11/2004	Yoshinobu Nishikawa - JPN
M45 Shot Put	16.01m	3/11/2012	Stuart Gyngell - AUS
M45 Throws Pentathlon	3941	2012	Stuart Gyngell - NSW
M45 Triple Jump	12.46m	5/11/2012	Nicholas Hodgson - AUS
M45 Weight Throw	15.74m	6/11/2004	Bob Wagner - AUS

### Men 50-54

M50 100 Metre	11.75	9/11/2018	Gary Parkinson - AUS
M50 100 Short Hurdles 91.4cm	16.61	6/11/2010	Paul Nies - AUS
M50 1500 Metre	4:26.77	5/11/2012	Allan Cook - AUS
M50 200 Metre	23.89	3/11/2000	John Van Stappen - AUS
M50 3000 Metre Race Walk	13:36.95	10/11/2018	Ignacio Jimenez Solis - AUS
M50 3000 Metre Steeplechase 91.4cm	11:12.78	9/11/2004	Michael Morrissey - NZL
M50 400 Long Hurdles 83.8cm	64.44	10/11/2018	Shawn Hennig - AUS
M50 400 Metre	54.20	12/11/2016	Christopher Brack - AUS
M50 4x100 Metre Relay	52.54	8/11/2010	AUS - AUS
M50 4x400 Metre Relay	3:58.37	29/09/2002	Australia - AUS
M50 5000 Metre	16:21.57	6/11/2004	Ron Peters - AUS
M50 5000 Metre Race Walk	23:24.51	9/11/2018	Ignacio Jimenez Solis - AUS
M50 60 Metre	7.52	2/11/2000	John Van Stappen - AUS
M50 800 Metre	2:05.65	3/11/2012	Allan Cook - AUS
M50 Discus Throw	51.09m	1/11/2014	Stuart Gyngell - AUS
M50 Hammer Throw	41.52m	12/11/2016	Jim Fassolis - AUS
M50 High Jump	1.64m	11/11/2018	Howard Arbuthnot - AUS
M50 Javelin Throw	48.85m	4/11/2000	Bob Banens - AUS
M50 Long Jump	6.10m	9/11/2018	Gary Parkinson - AUS
M50 Pole Vault	4.20m	11/11/2018	Howard Arbuthnot - AUS
M50 Shot Put	16.23m	1/11/2014	Stuart Gyngell - AUS
M50 Throws Pentathlon	4002	2014	Stuart Gyngell - NSW
M50 Triple Jump	11.17m	7/11/1998	Noel Peters - AUS
M50 Weight Throw	19.77m	4/11/2006	Bob Wagner - AUS

## Men 55-59

M55 100 Metre	12.09	10/11/2016	Rudy Kocis - AUS
M55 100 Short Hurdles 91.4cm	17.17	9/11/2018	Dave Varley - AUS
M55 1500 Metre	4:30.78	8/11/2010	Peter Reeves - AUS
M55 200 Metre	25.08	3/11/2000	Peter Crombie - AUS
M55 3000 Metre Race Walk	15:31.46	7/11/1998	Klaus Maurer - AUS
M55 3000 Metre Steeplechase 91.4cm	12:10.27	6/11/1998	Charlie Walker - AUS
M55 400 Long Hurdles 83.8cm	66.31	2/11/2008	Neil Fowler - AUS
M55 400 Metre	55.58	8/11/2004	Keith Howden - AUS
M55 4x100 Metre Relay	52.57	5/11/2012	International - International
M55 4x400 Metre Relay	4:39.18	3/11/2008	International - INT
M55 5000 Metre	16:58.80	1/11/2008	Ron Peters - AUS
M55 5000 Metre Race Walk	32:09.85	10/11/2016	Michael Blanchard - USA
M55 60 Metre	7.68	12/11/2016	Rudy Kocis - AUS
M55 800 Metre	2:09.85	6/11/2004	Stuart Hayward - AUS
M55 Discus Throw	41.86m	6/11/1998	Warwick Selvey - AUS
M55 Hammer Throw	44.01m	11/11/2018	Grant Edwards - AUS
M55 High Jump	1.60m	6/11/1998	Ringaudas Zalys - INT
M55 Javelin Throw	40.47m	11/11/2018	Alan Provenzano - AUS
M55 Long Jump	5.36m	9/11/2018	Alan Provenzano - AUS
M55 Pole Vault	3.20m	8/11/2004	Nelson Viney - AUS
M55 Shot Put	13.23m	3/11/2012	Milo Prstec - Slovenia
M55 Throws Pentathlon	3472	9/11/2018	Grant Edwards - AUS
M55 Triple Jump	11.83m	8/11/2010	Clay Tompkins - AUS
M55 Weight Throw	16.58m	10/11/2018	Grant Edwards - AUS

## Men 60-64

M60 100 Metre	12.63	1/11/2008	Keith Howden - AUS
M60 100 Short Hurdles 83.8cm	16.43	3/11/2012	Conrad Burge - AUS
M60 1500 Metre	4:48.3h	8/11/1998	John Warren - AUS
M60 200 Metre	25.17	5/11/2006	Peter Crombie - AUS
M60 2000 Metre Steeplechase 76.2cm	7:38.69	6/11/1998	Colin McLeod - AUS
M60 300 Long Hurdles 76.2cm	47.47	5/11/2006	Harry Giles - AUS
M60 3000 Metre Race Walk	16:14.67	7/11/1998	Robert Mee - AUS
M60 400 Metre	57.39	6/11/2006	Peter Crombie - AUS
M60 4x100 Metre Relay	49.96	6/11/2006	Australia - AUS
M60 4x400 Metre Relay	4:05.83	6/11/2006	Australia - AUS
M60 5000 Metre	17:54.92	6/11/2004	Peter Sandery - AUS
M60 5000 Metre Race Walk	28:26.21	9/11/2018	Peter Bennett - AUS
M60 60 Metre	7.94	5/11/2006	Peter Crombie - AUS
M60 800 Metre	2:18.86	6/11/2010	Stuart Hayward - AUS
M60 Discus Throw	43.58m	9/11/2018	Gavin Murray - AUS
M60 Hammer Throw	43.11m	10/11/2018	Subramanian Thiravianadar - India
M60 High Jump	1.60m	9/11/2004	Roger Rielly - AUS
M60 Javelin Throw	37.98m	4/11/2012	Robert Banens - AUS
M60 Long Jump	4.78m	10/11/2016	Miro Prstec - Slovenia
M60 Pole Vault	3.00m	12/11/2016	Frank Chapman - AUS
M60 Shot Put	13.57m	12/11/2016	Miro Prstec - Slovenia
M60 Throws Pentathlon	3600	9/11/2018	Gavin Murray - AUS
M60 Triple Jump	10.53m	8/11/2004	Roger Rielly - AUS
M60 Weight Throw	16.58m	9/11/2018	Paul Olsson - AUS

## Men 65-69

M65 100 Metre	12.90	1/11/2008	Neville McIntyre - AUS
M65 100 Short Hurdles 83.8cm	17.43	1/11/2014	John Lamb - AUS
M65 1500 Metre	5:02.66	6/11/2006	Peter Sandery - AUS
M65 200 Metre	26.28	2/11/2008	Heinz Steinmann - AUS
M65 2000 Metre Steeplechase 76.2cm	8:06.95	10/11/2018	Allan Mayfield - AUS
M65 300 Long Hurdles 76.2cm	50.53	7/11/2010	Harry Giles - AUS
M65 3000 Metre Race Walk	15:54.33	8/11/2010	George White - AUS
M65 400 Metre	59.70	3/11/2008	Heinz Steinmann - AUS
M65 4x100 Metre Relay	61.82	29/09/2002	Australia - AUS
M65 4x400 Metre Relay	4:11.80	3/11/2008	Australia - AUS
M65 5000 Metre	18:50.54	4/11/2006	Peter Sandery - AUS
M65 5000 Metre Race Walk	25:20.00	3/11/2012	Keith Hennes - AUS
M65 60 Metre	8.30	2/11/2008	Neville McIntyre - AUS

M65 800 Metre	2:26.86	1/11/2014	Stuart Hayward - AUS
M65 Discus Throw	39.02m	26/09/2002	Robin Herron - INT
M65 Hammer Throw	46.84m	7/11/1998	Wim van Weenan - AUS
M65 High Jump	1.52m	5/11/2012	John Searle - AUS
M65 Javelin Throw	38.00m	2/11/2008	Guy Quarterman - AUS
M65 Long Jump	5.05m	3/11/2012	John Searle - AUS
M65 Pole Vault	2.65m	5/11/2012	Tom Barber - AUS
M65 Shot Put	11.49m	28/09/2002	Arvo Ropelin - AUS
M65 Throws Pentathlon	3550	2014	Robert Banens - ACT
M65 Triple Jump	10.05m	5/11/2012	John Searle - AUS
M65 Weight Throw	14.53m	1/11/2014	Richard Davison - NZL

### Men 70-74

M70 100 Metre	13.68	9/11/2018	Jonathon Wall - AUS
M70 1500 Metre	5:24.25	5/11/2012	Peter Sandery - AUS
M70 200 Metre	28.09	5/11/2006	Hugh Coogan - AUS
M70 2000 Metre Steeplechase 76.2cm	8:23.48	4/11/2012	Peter Sandery - AUS
M70 300 Long Hurdles 68.6cm	53.45	4/11/2012	Richard Trembath - AUS
M70 3000 Metre Race Walk	17:56.85	4/11/2006	Geoff Major - AUS
M70 400 Metre	63.24	6/11/2006	Hugh Coogan - AUS
M70 4x100 Metre Relay	59.08	3/11/2014	Australia - AUS
M70 4x400 Metre Relay	5:50.22	8/11/2010	Australia - AUS
M70 5000 Metre	19:27.59	3/11/2012	Peter Sandery - AUS
M70 5000 Metre Race Walk	31:27.84	3/11/2000	Richard Lynch - AUS
M70 60 Metre	8.49	3/11/2014	Neville McIntyre - AUS
M70 80 Short Hurdles 76.2/68.6cm	14.51	3/11/2012	Greg Mamalis - AUS
M70 800 Metre	2:38.20	3/11/2012	Peter Sandery - AUS
M70 Discus Throw	38.20m	10/11/2016	Peter Crawford - NZL
M70 Hammer Throw	39.48m	27/09/2002	Tom Mullins - AUS
M70 High Jump	1.38m	11/11/2018	John Searle - AUS
M70 Javelin Throw	38.71m	6/11/2006	Thomas Hancock - AUS
M70 Long Jump	4.43m	1/11/2008	Spencer Herft - AUS
M70 Pole Vault	2.70m	7/11/1998	Garvin Brown - AUS
M70 Shot Put	12.50m	6/11/1998	Jim Peridis - AUS
M70 Throws Pentathlon	3644	2012	Guy Quarterman - QLD
M70 Triple Jump	9.11m	6/11/2006	Derek Travers - AUS
M70 Weight Throw	15.63m	4/11/2006	Thomas Hancock - AUS

### Men 75-79

M75 100 Metre	14.72	3/11/2012	David Janssan - AUS
M75 1500 Metre	5:54.13	12/11/2016	Peter Sandery - AUS
M75 200 Metre	31.24	7/11/2010	Harbhajan Singh Aulakh - AUS
M75 2000 Metre Steeplechase 76.2cm	9:16.59	11/11/2016	Peter Sandery - AUS
M75 300 Long Hurdles 68.6cm	59.34	7/11/2010	Harbhajan Singh Aulakh
M75 3000 Metre Race Walk	19:25.11	7/11/1998	Don Whyte - AUS
M75 400 Metre	72.58	8/11/2004	Norm Windred - AUS
M75 5000 Metre	22:28.38	10/11/2016	Peter Sandery - AUS
M75 5000 Metre Race Walk	40:12.05	10/11/2016	Patrick Sela - AUS
M75 60 Metre	9.13	5/11/2012	David Janssan - AUS
M75 80 Short Hurdles 76.2/68.6cm	16.64	3/11/2012	Donald Chambers - AUS
M75 800 Metre	2:53.89	10/11/2016	Peter Sandery - AUS
M75 Discus Throw	32.94m	8/11/2004	Colin Murraylee - AUS
M75 Hammer Throw	37.55m	7/11/2010	Ron Sincok - AUS
M75 High Jump	1.33m	29/09/2002	Geza Dobriban - HUN
M75 Javelin Throw	36.25m	8/11/2004	Colin Murraylee - AUS
M75 Long Jump	4.14m	2/11/2014	Nick Bastas - NSW
M75 Pole Vault	2.70m	8/11/2004	Garvin Brown - AUS
M75 Shot Put	11.15m	6/11/1998	Feliks Jekabsons - AUS
M75 Throws Pentathlon	3434	9/11/2018	Arnie DeLaite - AUS
M75 Triple Jump	9.02m	28/09/2002	Gerza Dobriban - HUN
M75 Weight Throw	15.21m	6/11/2010	Ron Simcock - AUS

### Men 80-84

M80 100 Metre	15.55	1/11/2008	Norm Windred - AUS
M80 1500 Metre	7:06.00	12/11/2016	Colin Woods - AUS
M80 200 Long Hurdles 68.6cm	45.30	4/11/2012	Ronald Johnson - NZL
M80 200 Metre	33.61	4/11/2012	Richard Hughes

M80 2000 Metre Steeplechase 76.2cm	9:40.14	4/11/2012	David Carr - AUS
M80 3000 Metre Race Walk	22:07.93	5/11/2012	Ronald Johnson - NZL
M80 400 Metre	76.87	3/11/2008	Norm Windred - AUS
M80 4x100 Metre Relay	77.06	8/11/2010	QLD - AUS
M80 4x400 Metre Relay	5:32.29	5/11/2012	AUS - AUS
M80 5000 Metre	27:25.22	10/11/2016	Colin Woods - AUS
M80 5000 Metre Race Walk	36:34.57	3/11/2012	Ronald Johnson - NZL
M80 60 Metre	9.56	11/11/2018	Nicholas Bastas - AUS
M80 80 Short Hurdles 76.2/68.6cm	20.94	1/11/2014	Ronald Johnson - AUS
M80 800 Metre	2:59.02	3/11/2012	David Carr - AUS
M80 Discus Throw	27.08m	8/11/2004	Feliks Jekabsons - AUS
M80 Hammer Throw	30.71m	5/11/2006	Feliks Jekabsons - AUS
M80 High Jump	1.15m	12/11/2016	Marko Sluga - Slovenia
M80 Javelin Throw	31.14m	2/11/2014	Ronald Johnson - NZL
M80 Long Jump	3.97m	9/11/2018	Nicholas Bastas - AUS
M80 Pole Vault	1.80m	3/11/2014	Ronald Johnson - NZL
M80 Shot Put	10.17m	11/11/2018	Dash Daniels - AUS
M80 Throws Pentathlon	3657	2014	Ronald Johnson - NZL
M80 Triple Jump	8.34m	11/11/2018	Nicholas Bastas - AUS
M80 Weight Throw	12.70m	1/11/2014	Ronald Johnson - NZL

### Men 85-89

M85 100 Metre	18.46	3/11/2012	Maurice Dauphinat - AUS
M85 1500 Metre	9:03.28	8/11/2010	Norman Pearce - AUS
M85 200 Metre	40.69	7/11/2010	James Sinclair - AUS
M85 2000 Metre Steeplechase 76.2cm	20:41.71	4/11/2012	John Rigby - AUS
M85 3000 Metre Race Walk	22:56.65	3/11/2008	Dick Keatinge - AUS
M85 400 Metre	1:36.93	8/11/2010	James Sinclair - AUS
M85 5000 Metre Race Walk	41:22.36	9/11/2018	Bert Janes - AUS
M85 60 Metre	11.18	5/11/2012	Maurice Dauphinat - AUS
M85 80 Short Hurdles 76.2/68.6cm	26.66	6/11/1998	Vic Younger - AUS
M85 800 Metre	4:19.67	6/11/2010	Norman Pearce - AUS
M85 Discus Throw	21.27m	3/11/2012	Maurice Dauphinat - AUS
M85 Hammer Throw	19.00m	10/11/2018	Jim Blair - NZL
M85 High Jump	1.08m	6/11/1998	Vic Younger/Jim Blair (2018) - AUS/NZL
M85 Javelin Throw	19.94m	4/11/2012	Maurice Dauphinat - AUS
M85 Long Jump	2.96m	6/11/1998	Vic Younger - AUS
M85 Pole Vault	1.70m	7/11/1998	Vic Younger - AUS
M85 Shot Put	7.30m	11/11/2018	Jim Blair - NZL
M85 Throws Pentathlon	2805	9/11/2018	Jim Blair - NZL
M85 Triple Jump	6.20m	7/11/1998	Vic Younger - AUS
M85 Weight Throw	8.78m	26/09/2002	Ken Buttsworth - AUS

### Men 90+

M90 100 Metre	20.03	1/11/2014	James Sinclair - AUS
M90 200 Metre	41.53	1/11/2014	James Sinclair - AUS
M90 3000 Metre Race Walk	27:44.62	7/11/1998	John Alroy - AUS
M90 400 Metre	1:49.13	3/11/2014	James Sinclair - AUS
M90 60 Metre	11.99	3/11/2014	James Sinclair - AUS
M90 Long Jump	1.99m	6/11/1998	Alex Pittendrich - AUS
M90 Triple Jump	4.96m	7/11/1998	Alex Pittendrich - AUS

### Women 30-34

W30 100 Metre	12.91	28/09/2002	Marissa Stephen - AUS
W30 100 Short Hurdles 83.8cm	17.69	4/11/2006	Ranell Hobson - AUS
W30 1500 Metre	4:47.75	5/11/2012	Melanie Black - AUS
W30 200 Metre	26.48	27/09/2002	Marissa Stephen - AUS
W30 2000 Metre Steeplechase 76.2cm	9:12.32	2/11/2008	Anne Venema - AUS
W30 3000 Metre Race Walk	17:48.96	27/09/2002	Diana Pittwood - NZL
W30 400 Long Hurdles 76.2cm	67.04	26/09/2002	Marissa Stephen - AUS
W30 400 Metre	57.62	6/11/2006	Lynda Pagett - AUS
W30 4x100 Metre Relay	50.55	8/11/2010	AUS - AUS
W30 4x400 Metre Relay	4:28.28	6/11/2006	Australia - AUS
W30 5000 Metre	18:12.39	3/11/2012	Melanie Black - AUS
W30 5000 Metre Race Walk	31:52.42	28/09/2002	Diana Pittwood - NZL
W30 60 Metre	8.09	5/11/2006	Ranell Hobson
W30 800 Metre	2:24.52	6/11/2010	Katie Menzies - AUS

W30 Discus Throw	29.33m	5/11/2006	Tanya Crome - AUS
W30 Hammer Throw	48.17m	1/11/2014	Melissa Holahan - AUS
W30 High Jump	1.40m	7/11/2006	Ranell Hobson - AUS
W30 Javelin Throw	27.33m	6/11/2004	Tanya Crome - AUS
W30 Long Jump	5.32m	4/11/2012	Melissa Foster - AUS
W30 Shot Put	10.40m	2/11/2014	Melissa Holahan - AUS
W30 Throws Pentathlon	2966	2014	Melissa Holahan - NSW
W30 Triple Jump	11.08m	3/11/2012	Melissa Foster - AUS
W30 Weight Throw	14.93m	3/11/2014	Melissa Holahan - AUS

### Women 35-39

W35 100 Metre	12.59	6/11/2004	Julie Brims - AUS
W35 100 Short Hurdles 83.8cm	16.69	4/11/2000	Olivia Stewart - AUS
W35 1500 Metre	5:16.67	29/09/2002	Laurel Gore - AUS
W35 200 Metre	27.12	3/11/2000	Gianna Mogentale - AUS
W35 2000 Metre Steeplechase 76.2cm	8:03.44	27/09/2002	Laurel Gore - AUS
W35 3000 Metre Race Walk	17:07.18	4/11/2000	Anne Weekes - AUS
W35 400 Long Hurdles 76.2cm	65.69	8/11/2004	Julie Brims - AUS
W35 400 Metre	59.39	8/11/2004	Julie Brims - AUS
W35 4x100 Metre Relay	53.74	3/11/2014	Australia - AUS
W35 4x400 Metre Relay	4:35.45	5/11/2000	Australia - AUS
W35 5000 Metre	18:42.68	2/11/2000	Jenny Lund - AUS
W35 5000 Metre Race Walk	29:18.97	3/11/2000	Anne Weekes - AUS
W35 60 Metre	8.07		J Brims 04, M Medicott 06 - AUS
W35 800 Metre	2:26.5h	7/11/1998	Lynda Bateson - AUS
W35 Discus Throw	37.63m	6/11/1998	Jenny Ware - AUS
W35 Hammer Throw	39.46m	10/11/2016	Fionnula Connors - AUS
W35 High Jump	1.65m	6/11/1998	Deann Mayfield - AUS
W35 Javelin Throw	29.72m	6/11/2010	Tanya Trace - AUS
W35 Long Jump	5.32m	2/11/2014	Melissa Foster - AUS
W35 Shot Put	11.04m	6/11/1998	Wendy Clearwater - NZL
W35 Throws Pentathlon	2434	2014	Audrey Thomson - NSW
W35 Triple Jump	11.45m	1/11/2014	Melissa Foster - AUS
W35 Weight Throw	11.10m	12/11/2016	Fionnula Connors - AUS

### Women 40-44

W40 100 Metre	12.46	6/11/2010	Julie Brims - AUS
W40 1500 Metre	4:54.33	8/11/1998	Marcia Sheer - AUS
W40 200 Metre	25.50	7/11/2010	Julie Brims - AUS
W40 2000 Metre Steeplechase 76.2cm	9:08.57	2/11/2008	Sue Walter - NZL
W40 3000 Metre Race Walk	15:34.93	4/11/2006	Annette Major - AUS
W40 400 Long Hurdles 76.2cm	72.64	8/11/2004	Marie Kay - AUS
W40 400 Metre	59.39	5/11/2000	Marie Kay - AUS
W40 4x100 Metre Relay	57.26	3/11/2008	Australia - AUS
W40 4x400 Metre Relay	4:22.37	3/11/2014	Australia - AUS
W40 5000 Metre	18:04.66	7/11/1998	Marcia Sheer - AUS
W40 5000 Metre Race Walk	27:57.32	7/11/2006	Annette Major - AUS
W40 60 Metre	7.99	7/11/2010	Julie Brims - AUS
W40 80 Short Hurdles 76.2cm	12.94	6/11/2004	Marie Kay - AUS
W40 800 Metre	2:25.5h	7/11/1998	Marcia Sheer - AUS
W40 Discus Throw	32.36m	9/11/2018	Hannah Schneider - AUS
W40 Hammer Throw	39.78m	3/11/2012	Althea Mackie - QLD
W40 High Jump	1.71m	28/09/2002	Deann Mayfield - AUS
W40 Javelin Throw	38.01m	1/11/2014	Tricia Price - AUS
W40 Long Jump	5.15m	4/11/2012	Michelle Mackey - AUS
W40 Pole Vault	2.90m	11/11/2018	Montserrat Ros - AUS
W40 Shot Put	10.58m	10/11/2018	Hannah Schneider - AUS
W40 Throws Pentathlon	2868	2014	Samantha Latinas - NSW
W40 Triple Jump	10.70m	9/11/2004	Gianna Mogentale - AUS
W40 Weight Throw	12.48m	5/11/2006	Jo-Anne Plug - AUS

### Women 45-49

W45 100 Metre	13.33	9/11/2018	Lee-Anne Nelson - AUS
W45 1500 Metre	4:59.35	8/11/1998	Jeanette Flynn - AUS
W45 200 Metre	27.56	5/11/2006	Debbie Lance - AUS
W45 2000 Metre Steeplechase 76.2cm	8:49.53	6/11/1998	Janis Wright - AUS
W45 3000 Metre Race Walk	15:58.73	4/11/2006	Pam Tindal - AUS

W45 400 Long Hurdles 76.2cm	1:36.04	7/11/1998	Mina Meenakshy - INT
W45 400 Metre	62.32	6/11/2006	Debbie Lance - AUS
W45 4x100 Metre Relay	59.93	6/11/2006	International - INT
W45 4x400 Metre Relay	5:16.12	6/11/2006	International - INT
W45 5000 Metre	19:15.55	1/11/2008	Marion Hermitage - AUS
W45 5000 Metre Race Walk	28:37.79	10/11/2016	Nyle Sunderland - AUS
W45 60 Metre	8.25	3/11/2014	Tanya Bougoure - AUS
W45 80 Short Hurdles 76.2cm	13.94	4/11/2006	Jill Pryor - AUS
W45 800 Metre	2:23.0h	7/11/1998	Jeanette Flynn - AUS
W45 Discus Throw	43.31m	5/11/2000	Chris Schultz - AUS
W45 Hammer Throw	38.68m	10/11/2018	Althea Mackie - AUS
W45 High Jump	1.60m	1/11/2008	Deann Mayfield - AUS
W45 Javelin Throw	37.34m	9/11/2018	Trish Price - AUS
W45 Long Jump	4.70m	2/11/2008	Lisa Crouch - AUS
W45 Pole Vault	2.40m	7/11/1998	Wilma Perkins - AUS
W45 Shot Put	12.04m	4/11/2000	Chris Schultz - AUS
W45 Throws Pentathlon	3628	2014	Gabrielle Watts - NSW
W45 Triple Jump	10.36m	3/11/2012	Ana Mrcic - Croatia
W45 Weight Throw	13.10m	3/11/2014	Gabriele Watts - AUS

### Women 50-54

W50 100 Metre	13.29	9/11/2018	Mandy Mason - AUS
W50 1500 Metre	5:11.17	8/11/2010	Marcia Sheer - AUS
W50 200 Metre	26.80	11/11/2016	Julie Brims - AUS
W50 2000 Metre Steeplechase 76.2cm	8:49.02	2/11/2014	Marion Hermitage - AUS
W50 300 Long Hurdles 76.2cm	52.86	4/11/2012	Glynis Nunn-Cearns - AUS
W50 3000 Metre Race Walk	16:28.10	27/09/2002	Felicja Schmidt - AUS
W50 400 Metre	63.54	3/11/2014	Gianna Mogentale - AUS
W50 4x100 Metre Relay	55.40	5/11/2000	Australia - AUS
W50 4x400 Metre Relay	4:50.46	5/11/2012	AUS - AUS
W50 5000 Metre	19:20.90	1/11/2008	Marcia Sheer - AUS
W50 5000 Metre Race Walk	28:41.36	28/09/2002	Felicja Schmidt - AUS
W50 60 Metre	8.34	3/11/2014	Gianna Mogentale - AUS
W50 80 Short Hurdles 76.2cm	13.82	1/11/2008	Jill Pryor - AUS
W50 800 Metre	2:28.71	1/11/2008	Cris Penn - AUS
W50 Discus Throw	33.34m	6/11/1998	MarjaLeena Parviainen - AUS
W50 Hammer Throw	49.43m	7/11/1998	MarjaLeena Parviainen - AUS
W50 High Jump	1.56m	5/11/2012	Deann Mayfield - AUS
W50 Javelin Throw	32.07m	6/11/2004	Yasha Watkins - AUS
W50 Long Jump	4.73m	6/11/1998	Anne Hunter - NZL
W50 Pole Vault	2.45m	4/11/2000	Wilma Perkins - AUS
W50 Shot Put	12.49m	10/11/2018	Gabriele Watts - AUS
W50 Throws Pentathlon	4018	9/11/2018	Gabriele Watts - AUS
W50 Triple Jump	9.85m	7/11/1998	Anne Hunter - NZL
W50 Weight Throw	14.38m	11/11/2018	Gabriele Watts - AUS

### Women 55-59

W55 100 Metre	13.96	6/11/2004	Wendy Doran - AUS
W55 1500 Metre	5:24.78	3/11/2008	Jeanette Flynn - AUS
W55 200 Metre	29.13	8/11/2004	Wendy Doran - AUS
W55 2000 Metre Steeplechase 76.2cm	10:21.09	9/11/2004	Irene Davey - AUS
W55 300 Long Hurdles 76.2cm	55.77	11/11/2016	Glynis Nunn-Cearns - AUS
W55 3000 Metre Race Walk	17:05.60	7/11/1998	Gwen Steed - AUS
W55 400 Metre	66.11	3/11/2008	Jeanette Flynn - AUS
W55 4x100 Metre Relay	71.91	11/11/2018	Australia - AUS
W55 5000 Metre	21:29.34	2/11/2000	Betty Menzies - AUS
W55 5000 Metre Race Walk	30:48.02	8/11/2004	Elizabeth Feldman - AUS
W55 60 Metre	8.85	11/11/2018	linda caligiuri - AUS
W55 80 Short Hurdles 76.2cm	13.87	10/11/2016	Glynis Nunn-Cearns - AUS
W55 800 Metre	2:30.27	1/11/2008	Jeanette Flynn - AUS
W55 Discus Throw	30.80m	3/11/2000	MarjaLeena Parviainen - AUS
W55 Hammer Throw	49.19m	2/11/2000	MarjaLeena Parviainen - AUS
W55 High Jump	1.25m	12/11/2016	Leslie Estwick - Theodore - CAN
W55 Javelin Throw	25.51m	2/11/2000	Noreen Parrish - AUS
W55 Long Jump	3.91m	2/11/2008	Noela Brameld - AUS
W55 Pole Vault	2.30m	6/11/2006	Wilma Perkins/Anne Goulter (2018) - AUS/NZL
W55 Shot Put	11.54m	10/11/2018	Glynis Nunn - AUS

W55 Throws Pentathlon	3418	9/11/2018	Anne Goulter - NZL
W55 Triple Jump	9.27m	10/11/2016	Glynis Nunn-Cearns - AUS
W55 Weight Throw	12.57m	11/11/2018	Anne Goulter - NZL

### Women 60-64

W60 100 Metre	14.63	6/11/2010	Wendy Doran - AUS
W60 1500 Metre	5:36.93	5/11/2000	Jan Morrey - AUS
W60 200 Metre	30.31	7/11/2010	Wendy Doran - AUS
W60 2000 Metre Steeplechase 76.2cm	8:52.30	3/11/2000	Jan Morrey - AUS
W60 300 Long Hurdles 76.2cm	65.53	4/11/2012	Tui Ashe - NZL
W60 3000 Metre Race Walk	18:07.14	5/11/2012	Susan Hoskin - NZL
W60 400 Metre	68.17	8/11/2004	Marge Allison - AUS
W60 4x100 Metre Relay	67.10	3/11/2008	Australia - AUS
W60 5000 Metre	26:24.37	7/11/1998	Jan Chew - AUS
W60 5000 Metre Race Walk	31:04.95	3/11/2014	Susan Hoskin - NZL
W60 60 Metre	9.04	7/11/2010	Wendy Doran - AUS
W60 80 Short Hurdles 68.6cm	15.34	1/11/2008	Marge Allison - AUS
W60 800 Metre	2:39.21	1/11/2014	Jeanette Flynn - AUS
W60 Discus Throw	26.47m	4/11/2012	Christine Schuktz - AUS
W60 Hammer Throw	36.51m	1/11/2014	June Lowe - AUS
W60 High Jump	1.25m	28/09/2002	Marge Radcliffe - CAN
W60 Javelin Throw	33.95m	26/09/2002	Marge Radcliffe - CAN
W60 Long Jump	3.67m	2/11/2008	Jean Hampson - AUS
W60 Pole Vault	1.30m	11/11/2018	Aggie Boxall - NZL
W60 Shot Put	9.67m	10/11/2018	June Lowe - AUS
W60 Throws Pentathlon	3719	9/11/2018	June Lowe - AUS
W60 Triple Jump	7.69m	9/11/2018	Aggie Boxall - NZL
W60 Weight Throw	13.13m	11/11/2018	Aggie Boxall - NZL

### Women 65-69

W65 100 Metre	14.85	10/11/2016	Carol Davis - AUS
W65 1500 Metre	6:02.88	5/11/2012	Lavinia Petrie - AUS
W65 200 Metre	31.11	2/11/2014	Wendy Doran - AUS
W65 2000 Metre Steeplechase 76.2cm	10:26.48	4/11/2012	Irene Davey - AUS
W65 300 Long Hurdles 76.2cm	56.69	7/11/2010	Marge Allison - AUS
W65 3000 Metre Race Walk	19:01.31	3/11/2014	Elizabeth Feldman - AUS
W65 400 Metre	70.64	8/11/2010	Marge Allison - AUS
W65 4x100 Metre Relay	1:20.03	5/11/2000	Australia - AUS
W65 5000 Metre	22:05.17	3/11/2012	Lavinia Petrie - AUS
W65 5000 Metre Race Walk	48:23.00	3/11/2012	Jill O'Mahony - AUS
W65 60 Metre	9.21	12/11/2016	Carol Davis - AUS
W65 80 Short Hurdles 68.6cm	17.50	1/11/2014	Wilma Perkins - AUS
W65 800 Metre	2:47.17	10/11/2016	Jeanette Flynn - AUS
W65 Discus Throw	29.86m	6/11/1998	Heather Doherty - AUS
W65 Hammer Throw	31.37m	3/11/2012	Rhonda Dundas - AUS
W65 High Jump	1.15m		Daphne Pirie & Wilma Perkins - AUS
W65 Javelin Throw	26.71m	2/11/2000	Heather Doherty - AUS
W65 Long Jump	4.02m	10/11/2018	Carol Davis - AUS
W65 Pole Vault	2.00m	3/11/2014	Wilma Perkins - AUS
W65 Shot Put	10.15m	6/11/1998	Heather Doherty - QLD
W65 Throws Pentathlon	3577	2012	Rhonda Dundas - VIC
W65 Triple Jump	7.43m	9/11/2018	Carol Davis - AUS
W65 Weight Throw	11.40m	5/11/2012	Rhonda Dundas - AUS

### Women 70-74

W70 100 Metre	16.07	6/11/2010	Jan Morrey - AUS
W70 1500 Metre	6:04.06	3/11/2014	Lavinia Petrie - AUS
W70 200 Long Hurdles 68.6cm	38.28	2/11/2014	Marge Allison - AUS
W70 200 Metre	33.78	2/11/2014	Marge Allison - AUS
W70 2000 Metre Steeplechase 76.2cm	12:12.56	2/11/2014	Anne Lang - AUS
W70 3000 Metre Race Walk	19:56.29	7/11/1998	Jean Knox - AUS
W70 400 Metre	79.42	3/11/2014	Marge Allison - AUS
W70 5000 Metre	22:15.37	1/11/2014	Lavinia Petrie - AUS
W70 5000 Metre Race Walk	34:36.00	3/11/2000	Jean Knox - AUS
W70 60 Metre	9.99	11/11/2018	Sheryl Gower - NZL
W70 80 Short Hurdles 68.6cm	21.19	1/11/2014	Frances Harris - AUS
W70 800 Metre	3:04.72	1/11/2014	Lavinia Petrie - AUS



W70 Discus Throw	22.31m	9/11/2004	Heather Doherty - AUS
W70 Hammer Throw	29.73m	1/11/2014	Janice Banens - AUS
W70 High Jump	1.00m	7/11/2006	Mavis Carter - NZL
W70 Javelin Throw	23.18m	9/11/2004	Heather Doherty - AUS
W70 Long Jump	2.84m	5/11/2006	Constance Larmour - AUS
W70 Pole Vault	1.30m	11/11/2018	Anne Deleiros - NZL
W70 Shot Put	8.11m	2/11/2014	Mary Thomas - AUS
W70 Throws Pentathlon	4258	2014	Mary Thomas - NSW
W70 Triple Jump	5.94m	4/11/2008	Mavis Carter - NZL
W70 Weight Throw	11.46m	5/11/2012	Janice Banens - AUS

### Women 75-79

W75 100 Metre	16.76	9/11/2018	Chris Waring - NZL
W75 1500 Metre	8:39.28	8/11/2004	Jean Knox - AUS
W75 200 Metre	36.47	10/11/2018	Chris Waring - NZL
W75 3000 Metre Race Walk	20:42.15	27/09/2002	Lorna Thompson - AUS
W75 400 Metre	1:35.17	11/11/2018	Chris Waring - NZL
W75 4x100 Metre Relay	1:22.33	5/11/2012	ACT - AUS
W75 5000 Metre	38:16.82	26/09/2002	Margaret Krause - AUS
W75 5000 Metre Race Walk	35:23.70	28/09/2002	Lorna Thompson - AUS
W75 60 Metre	10.27	11/11/2018	Chris Waring - NZL
W75 800 Metre	3:31.79	4/11/2006	Jean Knox - AUS
W75 Discus Throw	23.04m	2/11/2008	Heather Doherty - AUS
W75 Hammer Throw	26.09m	3/11/2012	Valerie Worrell - AUS
W75 High Jump	0.85m	7/11/2006	Ngawini Pepene - NZL
W75 Javelin Throw	18.44m	1/11/2008	Heather Doherty - AUS
W75 Long Jump	2.47m	4/11/2012	Jo Klemke - AUS
W75 Shot Put	8.40m	2/11/2008	Heather Doherty - QLD
W75 Throws Pentathlon	3585	2012	Valerie Worrell - VIC
W75 Triple Jump	5.77m	3/11/2012	Constance Larmour - AUS
W75 Weight Throw	10.32m	5/11/2012	Valerie Worrell - AUS

### Women 80-84

W80 100 Metre	20.66	9/11/2018	Kathleen Cook - AUS
W80 1500 Metre	11:26.91	6/11/2006	Margaret Krause - AUS
W80 200 Metre	44.80	10/11/2018	Kathleen Cook - AUS
W80 3000 Metre Race Walk	23:48.25	5/11/2012	Christiane Dauphinet - AUS
W80 400 Metre	2:36.00	6/11/2006	Margaret Krause - AUS
W80 5000 Metre	39:41.17	4/11/2006	Margaret Krause - AUS
W80 5000 Metre Race Walk	40:31.16	3/11/2012	Christiane Dauphinet - AUS
W80 60 Metre	12.27	11/11/2018	Kathleen Cook - AUS
W80 800 Metre	6:21.7h	7/11/1998	Mavis Collins - AUS
W80 Discus Throw	13.93m	5/11/2006	Norma Murdoch - AUS
W80 Hammer Throw	18.64m	4/11/2006	Norma Murdoch - AUS
W80 High Jump	0.80m	28/09/2002	Olga Kotelko - CAN
W80 Javelin Throw	15.04m	26/09/2002	Olga Kotelko - CAN
W80 Shot Put	5.90m	6/11/2006	Norma Murdoch - AUS
W80 Throws Pentathlon	2126	2014	Tina Baarslag-Leb - VIC
W80 Weight Throw	8.35m	7/11/2006	Norma Murdoch - AUS

### Women 85-89

W85 1500 Metre	11:56.80	3/11/2014	Heather Lee - AUS
W85 3000 Metre Race Walk	23:24.89	5/11/2012	Heather Lee - AUS
W85 400 Metre	2:44.80	3/11/2014	Heather Lee - AUS
W85 5000 Metre Race Walk	49:53.00	3/11/2012	Alison Worrall - AUS
W85 800 Metre	6:19.59	1/11/2014	Heather Lee - AUS
W85 Discus Throw	9.75m	7/11/2010	Pauline Purser - NZL
W85 Hammer Throw	8.48m	6/11/2010	Pauline Purser - NZL
W85 Javelin Throw	9.17m	26/09/2002	Margaret Russell - AUS
W85 Shot Put	4.22m	7/11/2010	Pauline Purser - NZL
W85 Weight Throw	4.51m	8/11/2010	Pauline Purser - NZL

### Women 90+

W90 3000 Metre Race Walk	24:45.29	10/11/2018	Heather Lee - AUS
W90 5000 Metre Race Walk	42:06.13	9/11/2018	Heather Lee - AUS
W90 Discus Throw	10.12m	4/11/2012	Pauline Purser - NZL
W90 Hammer Throw	12.07m	3/11/2012	Pauline Purser - NZL
W90 Javelin Throw	7.69m	3/11/2012	Pauline Purser - NZL

W90 Shot Put	3.68m	2/11/2014	Pauline Purser - NZL
W90 Throws Pentathlon	2757	2012	Pauline Purser - NZL
W90 Weight Throw	4.19m	5/11/2012	Pauline Purser - NZL