



Indoor Rowing - Wednesday 7 - Thursday 8 November 2018

2000m

Race No.	Name & Division	Race Time
Race 1	Male Open 90+	
Gold	Vincent Home 90+	10:26.0
Race No.	Name & Division	Race Time
Race 1	Male Lightweight 85-89	
Gold	Ken Stephens 85-89 – Equal Australian Record (set by Ken October 3)	11:09.2
Race No.	Name & Division	Race Time
Race 1	Male Open 80-84	
Gold	James Penfold 80-84 – New Australian Record	08:49.1
Silver	Murray Taylor 80-84	10:53.0
Race No.	Name & Division	Race Time
Race 1	Male Open 75-79	
Gold	Graeme Mcburny 75-79	08:33.4
Race No.	Name & Division	Race Time
Race 1	Male Lightweight 75-79	
Gold	Colin Mcleod 75-79	07:47.7
Silver	William King 75-79	09:40.5
Race No.	Name & Division	Race Time
Race 2	Female Lightweight 75-79	
Gold	Annette Fletcher	09:37.7
Race No.	Name & Division	Race Time
Race 2	Female Open 70-74	
Silver	Jennifer Doak	10:19.6
Gold	Cheryl Warrior	09:42.6
Race No.	Name & Division	Race Time
Race 2	Female Lightweight 70-74	
Gold	Wendy Coghill	11:45.5
Race No.	Name & Division	Race Time
Race 2	Female Open 60-64	
Gold	Claire Pontin	08:51.0
Race No.	Name & Division	Race Time
Race 2	Female Lightweight 60-64	
Gold	Shelley Cornish – New Australian Record	08:20.5
	1	
Race No.	Name & Division	Race Time
Race 3	Male 70-74 Open	
Gold	Mike Smith	07:44.7
Silver	Warren Blanch	07:53.4









Race No.	Name & Division	Race Time
Race 3	Male 70-74 Lightweight	
Gold	Lyndsay Knight	07:31.9
Silver	Peter Sheean	07:52.5
Bronze	Kelvin Blazely	07:52.9

Race No.	Name & Division	Race Time
Race 4	Female 55-59 Open	
Gold	Denise Blayden	08:33.5

Race No.	Name & Division	Race Time
Race 4	Female 55-59 Lightweight	
Gold	Annette Sherratt	08:21.2
Silver	Patricia Bailey	09:27.7
Bronze	Mary Cook	09:47.3

Race No.	Name & Division	Race Time
Race 4	Female 50-54 Open	
Gold	Simmone Wyatt	07:56.4
Silver	Sandra Parr	09:00.2
Race No.	Name & Division	Race Time
Race 4	Female 50-54 Lightweight	
Gold	Jennie Wearing	8:32.1

Race No.	Name & Division	Race Time
Race 5	Male 65-69 Open	nace mic
Gold	Lindsay Hay	06:59.2
Silver	Richard Stuckey	07:15.8
Bronze	John Dudley	07:37.6
4	John Choice	07:39.4
5	Gavin Thomson	08:00.8
6	Colin Thomas	08:44.3

Race No.	Name & Division	Race Time
Race 5	Male 65-69 Lightweight	
Gold	Colin Thomas	08:44.3

Race No.	Name & Division	Race Time
Race 6	Male 60-64 Open	
Gold	Craig Lee	07:21.1
Silver	Stuart Hesketh	07:24.8
Bronze	Stephen Chorley	07:33.8
4	Wiremu Reweti	08:55.9
5	Sam Galofaro	08:59.6

Race No.	Name & Division	Race Time
Race 6	Male 60-64 Lightweight	
Gold	Christopher Hegerty	07:28.0
Silver	Ian William Barnett	07:31.4
Bronze	Ian Gibson 60-64	08:15.7

Race No.	Name & Division	Race Time
Race 7	Male 55-59 Open	
Gold	Brad Jackson	06:47.4
Silver	Lindsay Jordison	06:58.6
Bronze	Muhammad Shahzad	07:08.8
Race No.	Name & Division	Race Time
Race 7	Male 50-54 Lightweight	
Gold	Peter Roberts	07:11.4
Silver	Neil Innes	07:25.4
Bronze	Roger Belmar	08:04.0
4	Darren Janetzki	08:51.2
Race No.	Name & Division	Race Time
Race 7	Male 50-54 AR	
Gold	Mark Blowers	09:13.6
Race No.	Name & Division	Race Time
Race 8	Male 50-54 Open	
Gold	Patrik Gustafsson	06:52.2
Silver	Grant Williams	07:02.4
Bronze	Mark Spurgeon	07:15.1
4	Winston Apel	07:54.0
5	Mark Young	08:04.5
Race No.	Name & Division	Race Time
Race 9	Male 45-49 Open	
Gold	Ian Botham	06:40.6
Silver	Gary Myers	06:55.4
Bronze	Mathew Hobbs	07:15.5
Race No.	Name & Division	Race Time
Race 9	Male 45-49 Lightweight	
Gold	Jamie Hammond	06:46.3
Silver	Ian Griffiths	06:57.4
Bronze	Mathew Hayes	07:28.7
Race No.	Name & Division	Race Time
Race 9	Male 45-49 AR	
Gold	Stephen Hennessy	08:05.6
Race No.	Name & Division	Race Time
Race 10	Female 45-49 Open	
Gold	Monique Esplin	07:54.1
Silver	Rachael Griffin	08:12.9
Bronze	Pauline Jackwitz	08:55.8
4	Julie Lawton	09:08.8
5	Carolyn Neilson	10:44.5
Race No.	Name & Division	Race Time
Race 11	Male 40-44 Open	
Gold	Tim George	06:52.1
Silver	Matt Mulholland	06:55.8
Bronze	Wes Doyle	07:01.8



Race No.	Name & Division	Race Time
Race 11	Male 35-39 Open	
Gold	Sean Gauld	06:22.9

Race No.	Name & Division	Race Time
Race 11	Male 35-39 Lightweight	
Gold	Ross Muir	07:10.0
Silver	Anton Gazal	07:19.7

Race No.	Name & Division	Race Time
Race 12	Female 40-44 Open	
Gold	Aliti Chang	07:45.1
Silver	Tamara Potts	07:45.8

Race No.	Name & Division	Race Time
Race 12	Female 30-34 Open	
Gold	Carolyn Gilcrist	07:39.1

<u>500m</u>

Race No.	Name & Division	Race Time
Race 13	Male 90+ Open	
Gold	Vincent Home	02:11.4

Race No.	Name & Division	Race Time
Race 13	Male 85-89 Lightweight	
Gold	Bert Janes	02:12.5
Silver	Ken Stephens	02:14.4

Race No.	Name & Division	Race Time
Race 13	Male 80-84 Open	
Gold	James Penfold – New Australian Record	01:53.9
Silver	Murray Taylor	02:16.0

Race No.	Name & Division	Race Time
Race 14	Female 85-89 Open	
Gold	Beryl Home	02:37.5

Race No.	Name & Division	Race Time
Race 14	Female 80-84 Lightweight	
Gold	Irene Turpie	02:50.5

Race No.	Name & Division	Race Time
Race 14	Female 75-79 Lightweight	
Gold	Annette Fletcher	02:04.6
Silver	Gioia Berry	02:23.0
Bronze	Rosemary Jeff	02:26.9

Race No.	Name & Division	Race Time
Race 15	Male 75-79 Open	
Gold	David Berry	01:35.3
Silver	Graeme Mcburney	01:50.4
Bronze	George Addis	01:57.5
4	Phil Dingsdale	02:02.0
5	Brian Fothergill	02:10.1

Race No.	Name & Division	Race Time
Race 15	Male 75-79 Lightweight	
Gold	Colin Macleod	01:43.0
Silver	William King	02:04.2

Race No.	Name & Division	Race Time
Race 16	Male 70-74 Open	
Gold	Warren Blanch	01:43.0
Silver	Mike Smith	01:45.5

Race No.	Name & Division	Race Time
Race 16	Male 70-74 Lightweight	
Gold	Lyndsay Knight	01:39.7
Silver	Kelvin Bazley	01:40.2
Bronze	Peter Sheean	01:47.0

Race No.	Name & Division	Race Time
Race 17	Female 70-74 Open	
Gold	Roberta Gordon – New Australian Record	01:54.5
Silver	Cheryl Warrior	02:11.5
Bronze	Jennifer Doak	02:14.0

Race No.	Name & Division	Race Time
Race 17	Female 70-74 Lightweight	
Gold	Elizabeth Feldman	01:57.1
Silver	Wendy Coghill	02:36.2

Race No.	Name & Division	Race Time
Race 17	Female 65-69 Open	
Gold	Anne Aughey	02:01.2
Silver	Kaye Hanley	02:03.2

Race No.	Name & Division	Race Time
Race 17	Female 60-64 Open	
Gold	Claire Pontin	01:59.8

Race No.	Name & Division	Race Time
Race 17	Female 60-64 Lightweight	
Gold	Shelley Cornish – New Australian Record	01:51.3

Race No.	Name & Division	Race Time
Race 18	Male 65-69 Lightweight	
Gold	Robert Cossalter	01:42.1
Silver	Colin Thomas	01:53.2

Race No.	Name & Division	Race Time
Race 18	Male 60-64 Lightweight	
Gold	Christopher Hegerty	01:39.3
Silver	Ian William Barnett	01:41.4
Bronze	lan Gibson	01:52.0

Race No.	Name & Division	Race Time
Race 19	Male 65-69 Open	
Gold	Lindsay Hay	01:31.9
Gold	Peter Beare	01:31.9
Bronze	John Choice	01:34.5
4	Douglas Carrigan	01:37.4
5	Richard Stuckey	01:37.9
6	Gavin Thomson	01:41.2
7	John Dudley	01:42.0

Race No.	Name & Division	Race Time
Race 20	Male 60-64 Open	
Gold	Craig Lee	01:33.4
Silver	ChristopherAtkins	01:33.9
Bronze	Stuart Hesketh	01:37.5
4	Gary Bennetts	01:41.0
5	Stephen Chorley	01:44.3
6	Wiremu Reweti	01:48.2
7	Brian Twentyman	01:49.0
8	Sam Galofaro	01:52.8

Race No.	Name & Division	Race Time
Race 21	Male 55-59 Open	
Gold	Paul Jeffrey	01:19.9
Silver	Brad Jackson	01:27.4
Bronze	Lindsay Jordison	01:31.4
4	Muhammad Shahzad	01:34.6
5	Graham Coyle	01:36.1
6	Damian Hodgson	02:08.4

Race No.	Name & Division	Race Time
Race 21	Male 55-59 Lightweight	
Gold	Robert Arnold	01:39.6

Race No.	Name & Division	Race Time
Race 22	Female 55-59 Open	
Gold	Denise Blayden	01:53.7
Silver	Leanne Summerton	02:03.3
Bronze	Maryann Musgrave	02:29.2

Race No.	Name & Division	Race Time
Race 22	Female 55-59 Lightweight	
Gold	Karen Jeffrey	01:45.3
Silver	Patricia Bailey	02:09.7
Bronze	Mary Cook	02:17.1

Race No.	Name & Division	Race Time
Race 23	Male 50-54 Open AR	
Gold	Mark Blowers	02:01.9

Race No.	Name & Division	Race Time
Race 23	Male 50-54 Lightweight	
Gold	Peter Roberts	01:30.5
Silver	Neil Innes	01:37.9
Bronze	Roger Belmar	01:44.0
4	Darren Janetzki	02:01.3

Race No.	Name & Division	Race Time
Race 24	Male 50-54 Open	
Gold	Mark Fountaine	01:24.0
Silver	David Penfold	01:29.5
Bronze	Peter Cooke	01:29.9
4	Rob Tucker	01:31.6
5	Grant Williams	01:31.8
6	Mark Spurgeon	01:35.6
7	Mark Young	01:43.1
8	Winston Apel	01:44.5

Race No.	Name & Division	Race Time
Race 25	Female 50-54 Open	
Gold	Rhonda Ferguson	01:42.3
Silver	Simmone Wyatt	01:47.1
Bronze	Lianne Hayward	01:53.9
4	Sandra Parr	01:55.3
5	Gemma Thompson	02:14.2

Race No.	Name & Division	Race Time
Race 25	Female 50-54 Lightweight	
Gold	Jennie Wearing	01:55.5

Race No.	Name & Division	Race Time
Race 26	Male 45-49 Lightweight	
Gold	Ian Griffiths	01:32.6
Silver	Jamie Hammond	01:34.6
Bronze	Mathew Hayes	01:38.6

Race No.	Name & Division	Race Time
Race 26	Male 45-49 Lightweight AR	
Gold	Stephen Hennessy	01:43.2

Race No.	Name & Division	Race Time
Race 27	Male 45-49 Open	
Gold	Frank Zandona	01:22.6
Silver	lan Botham	01:23.6
Bronze	David Ekins	01:25.1
4	Kevin Jacoby	01:26.4
5	Gary Myers	01:30.0
6	Richard Norris	01.33.6

Race No.	Name & Division	Race Time
Race 28	Female 45-49 Open	
Gold	Monique Esplin	01:45.1
Silver	Racheel Griffin	01:45.5
Bronze	Julie Lawton	01:56.1
4	Pauline Jackwitz	02:01.7

Race No.	Name & Division	Race Time
Race 28	Female 45-49 Lightweight	
Gold	Carolyn Swindell	01:51.1

Race No.	Name & Division	Race Time
Race 29	Male 40-44 Open	
Gold	Nick Barclay	01:23.2
Silver	Matt Mulholland	01:24.2
Bronze	Wes Doyle	01:24.4
4	Tim George	01:28.8
5	Darren Humphrey	01:32.4

Race No.	Name & Division	Race Time
Race 31	Female 40-44 Open	
Gold	Tamara Potts	01:40.8
Silver	Kate Wilkinson	01:42.7
Bronze	Aliti Chang	01:42.9
4	Rachael Mccallum	01:50.3
5	Louise Renshaw	01:51.6

Race No.	Name & Division	Race Time
Race 31	Female 35-39 Open	
Gold	Gabrielle Bond	01:51.3

Race No.	Name & Division	Race Time
Race 31	Female 30-34 Open	
Gold	Carolyn Gilcrist	01:43.6

Race No.	Name & Division	Race Time
Race 32	Male 35-39 Open	
Gold	Sean Gauld	01:19.3
Silver	Scott Mcgovern	01:24.9
Bronze	Scott Lipman	01:29.4

Race No.	Name & Division	Race Time
Race 32	Male 35-39 Lightweight	
Gold	Ross Muir	01:32.2
Silver	Anton Gazal	01:35.3

<u>100m</u>

	Race No.	Name & Division	Race Time
ĺ	Race 33	Male 90+ Open	
	Gold	Vincent Home	25.2

Race No.	Name & Division	Race Time
Race 33	Male 85-89 Lightweight	
Gold	Ken Stephens – New Australian Record	24.1
Silver	Bert Janes	25.1

Race No.	Name & Division	Race Time
Race 33	Male 80-84 Open	
Gold	Murray Taylor	24.6

Race No.	Name & Division	Race Time
Race 33	Male 80-84 Lightweight	
Gold	John Ross	22.1

Race No.	Name & Division	Race Time
Race 34	Female 85-89 Open	
Gold	Beryl Home	25.1

Race No.	Name & Division	Race Time
Race 34	Female 80-84 Lightweight	
Gold	Irene Turpie	30.5

Race No.	Name & Division	Race Time
Race 34	Female 75-79 Lightweight	
Gold	Annette Fletcher	22.4
Silver	Gioia Berry	25.9

Race No.	Name & Division	Race Time
Race 34	Female 70-74 Open	
Gold	Roberta Gordon – New Australian Record	22.1
Silver	Cheryl Warrior	23.6
Bronze	Jennifer Doak	24.7

Race No.	Name & Division	Race Time
Race 34	Female 70-74 Lightweight	
Gold	Elizabeth Feldman	22.9
Silver	Wendy Coghill	28.8

Race No.	Name & Division	Race Time
Race 35	Male 75-79 Open	
Gold	David Berry	17.3
Silver	George Addis	19.7
Bronze	Graeme Mcburney	19.8

Race No.	Name & Division	Race Time
Race 35	Male 70-74 Open	
Gold	Warren Blanch	19.2

Race No.	Name & Division	Race Time
Race 35	Male 70-74 Lightweight	
Gold	Lyndsay Knight	18.3
Silver	Kelvin Bazley	18.6
Bronze	Peter Sheean	21.9

Race No.	Name & Division	Race Time
Race 36	Male 65-69 Open	
Gold	Peter Beare	16.8
Silver	Lindsay Hay	17.3
Bronze	John Dudley	17.6
4	John Choice	17.8
5	Gavin Thomson	18.8
6	Douglas Carrigan	19.2
7	Richard Stuckey	19.3

Race No.	Name & Division	Race Time
Race 36	Male 65-69 Lightweight	
Gold	Robert Cossalter	18.9
Silver	Colin Thomas	20.3

Race No.	Name & Division	Race Time
Race 37	Female 65-69 Open	
Gold	Kaye Hanley – New Australian Record	21.6
Silver	Anne Aughey	21.7

Race No.	Name & Division	Race Time
Race 37	Female 60-64 Open	
Gold	Claire Pontin	21.9

Race No.	Name & Division	Race Time
Race 37	Female 60-64 Lightweight	
Gold	Kerry Halls	21.8

Race No.	Name & Division	Race Time
Race 38	Male 60-64 Lightweight	
Gold	Ian William Barnett	19.5
Silver	Brian Halls	20.3
Bronze	lan Gibson	20.5
4	Christopher Hegerty	20.7

Race No.	Name & Division	Race Time
Race 38	Male 55-59 Lightweight	
Gold	Robert Arnold	18.3
Silver	Michael Epstein	20

Race No.	Name & Division	Race Time
Race 39	Male 60-64 Open	
Gold	Stuart Hesketh	17.2
Gold	Christopher Atkins	17.2
Bronze	lan Bennett	18.2
4	Craig Lee	18.3
5	Sam Galofaro	19.7

Race No.	Name & Division	Race Time
Race 40	Male 55-59 Open	
Gold	Paul Jeffrey – New World & Australian Record	14.4
Silver	Grant Edwards	15.5
Bronze	Brad Jackson	16.9
4	Lindsay Jordison	17
5	Graham Coyle	17.4
6	Muhammad Shahzad	17.9
7	Andrew Carter	18.5
8	Colin Robertson	18.8
9	Damian Hodgson	21.3
10	Michael Dawe	22.8

Race No.	Name & Division	Race Time
Race 41	Female 55-59 Open	
Gold	Denise Blayden	21.3
Silver	Leanne Summerton	21.4
Bronze	Maryann Musgrave	25.4

Race No.	Name & Division	Race Time
Race 41	Female 55-59 Lightweight	
Gold	Karen Jeffrey	20
Silver	Patricia Bailey	23.7
Bronze	Deborah Gillham	24
4	Mary Cook	24.9

Race No.	Name & Division	Race Time
Race 42	Male 50-54 Lightweight	
Gold	Peter Roberts – New Australian Record	17.4
Silver	Neil Innes	18
Bronze	Roger Belmar	19.8

Race No.	Name & Division	Race Time
Race 42	Male 45-49 Lightweight	
Gold	Ian Griffiths	18.9
Silver	Mathew Hayes	19.2

Race No.	Name & Division	Race Time
Race 42	Male 45-49 Lightweight AR	
Gold	Stephen Hennessy	19.2

Race No.	Name & Division	Race Time
Race 43	Male 50-54 Open	
Gold	Grant Williams	16.1
Silver	David Penfold	16.7
Bronze	Paul Mensforth	17.6
4	Mark Spurgeon	18.3
5	Mark Young	18.8

Race No.	Name & Division	Race Time
Race 44	Female 50-54 Open	
Gold	Rhonda Ferguson – New Australian Record	18.3
Silver	Simmone Wyatt	19.7
Bronze	Lianne Hayward	21.4
4	Sandra Parr	21.5
5	Gemma Thompson	

Race No.	Name & Division	Race Time
Race 44	Female 50-54 Lightweight	
Gold	Jennie Wearing	22.5

Race No.	Name & Division	Race Time
Race 45	Male 45-49 Open	
Gold	Ian Botham	15.6
Silver	Frank Zandona	15.8
Bronze	David Ekins	15.9
4	Richard Norris	16.7
5	Gary Myers	16.8

Race No.	Name & Division	Race Time
Race 46	Female 45-49 Open	
Gold	Rachael Griffin	19
Silver	Pauline Jackwitz	20.1
Bronze	Cas Wright	20.4
4	Julie Lawton	22.2
5	Jennifer Holbut	22.7
6	Jo-Anne Delacourt	24.9

Race No.	Name & Division	Race Time
Race 47	Male 40-44 Open	
Gold	Dale Hawkins	15.4
Silver	Wes Doyle	15.6
Bronze	Matt Mulholland	16.0
4	Tim George	16.2
5	Nick Barclay	16.3
6	Darren Humphrey	17.3

Race No.	Name & Division	Race Time
Race 47	Male 35-39 Open	
Gold	Sean Gauld	15.3
Silver	Scott Mcgovern	15.9

Race No.	Name & Division	Race Time
Race 47	Male 35-39 Lightweight	
Gold	Anton Gazal	17.5
Silver	Ross Muir	18.6

Race No.	Name & Division	Race Time
Race 48	Female 40-44 Open	
Gold	Kate Lord	18.4
Silver	Aliti Chang	19.7
Bronze	Kate Wilkinson	20.1
4	Louise Renshaw	20.7
5	Rachael Mccallum	29.2

Race No.	Name & Division	Race Time
Race 48	Female 35-39 Open	
Gold	Gabrielle Bond	21.3

Race No.	Name & Division	Race Time
Race 48	Female 35-39 Lightweight	
Gold	Courtney Nicholson	22.0

Race No.	Name & Division	Race Time
Race 48	Female 30-34 Open	
Gold	Carolyn Gilcrist	19.6

Race No.	Name & Division	Race Time
Race 48	Female 30-34 Lightweight	
Gold	Jenny Larkin	20.6

1000m

Race No.	Name & Division	Race Time
Race 49	90+ Open AR	
Gold	Vincent Home	04:55.
Race No.	Name & Division	Race Time
Race 49	Male 85-89 Lightweight	
Gold	Ken Stephens – New Australian Record	04:54.8
Silver	Bert Janes	05:03.4
Race No.	Name & Division	Race Time
Race 49	Male 80-84 Open	
Gold	James Penfold	04:16.
Silver	Murray Taylor	05:00.
Race No.	Name & Division	Race Time
Race 50	Female 85-89 Open	
Gold	Beryl Home	05:49.2
Race No.	Name & Division	Race Time
Race 50	Female 75-79 Lightweight	nace nine
Gold	Annette Fletcher	04:34.9
Race No.	Name & Division	Race Time
Race 50	Female 70-74 Open	
Gold	Roberta Gordon	04:07.9
Silver	Cheryl Warrior	04:35.
Bronze	Jennifer Doak	04:49.4
4	Bev Hayes	05:18.0
Race No.	Name & Division	Race Time
Race 50	Female 70-74 Lightweight	
Gold	Elizabeth Feldman	04:03.3
Silver	Wendy Coghill	05:40.:
Race No.	Name & Division	Race Time
Race 51	Male 75-79 Open	
Gold	Graeme Mcburney	04:03.
Silver	George Addis	04:23.
Bronze	Brian Fothergill	04:33.4
Race No.	Name & Division	Race Time
Race 51	Male 75-79 Lightweight	
Gold	Colin Macleod	03:42.0
Race No.	Name & Division	Race Time
Race No.	Name & Division Male 70-74 Lightweight	Race Time

Lyndsay Knight

Kelvin Bazley

Peter Sheean

Gold

Silver

Bronze

03:36.4

03:46.6

03:47.1

Race No.	Name & Division	Race Time
Race 52	Male 70-74 Open	
Gold	Mike Smith	03:42.5
Silver	Warren Blanch	03:45.3
Race No.	Name & Division	Race Time

Race No.	Name & Division	Race Time
Race 52	Male 65-69 Open	
Gold	Lindsay Hay	03:21.6
Silver	Richard Stuckey	03:29.9
Bronze	John Choice	03:40.4

Race No.	Name & Division	Race Time
Race 52	Male 65-69 Lightweight	
Gold	Robert Cossalter	03:51.4
Silver	Colin Thomas	04:04.6

Race No.	Name & Division	Race Time
Race 53	Female 65-69 Open	
Gold	Kaye Jeffrey	04:38.9

Race No.	Name & Division	Race Time
Race 53	Female 60-64 Open	
Gold	Claire Pontin	04:15.6

Race No.	Name & Division	Race Time
Race 53	Female 60-64 Lightweight	
Gold	Kerry Halls	04:25.6

Race No.	Name & Division	Race Time
Race 53	Female 55-59 Open	
Gold	Denise Blayden	04:08.9

Race No.	Name & Division	Race Time
Race 53	Female 55-59 Lightweight	
Gold	Annette Sherratt	04:00.5
Silver	Patricia Bailey	04:38.1
Bronze	Mary Cook	04:49.4

Race No.	Name & Division	Race Time
Race 54	Male 60-64 Open	
Gold	Craig Lee	03:27.3
Silver	Stuart Hesketh	03:31.8
Bronze	Stephen Chorley	03:36.2

Race No.	Name & Division	Race Time
Race 54	Male 60-64 Lightweight	
Gold	Christopher Hegerty	03:31.9
Silver	Ian William Barnett	03:38.6
Bronze	lan Gibson	03:57.3

Race No.	Name & Division	Race Time
Race 55	Male 55-59 Open	
Gold	Brad Jackson	03:10.6
Silver	Lindsay Jordison	03:22.3
Bronze	Muhammad Shahzad	03:25.3

Race No.	Name & Division	Race Time
Race 56	Male 50-54 Open	
Gold	Haico Aaldering	03:11.7
Silver	Patrik Gustafsson	03:16.3
Bronze	Grant Williams	03:18.4
4	Rob Tucker	03:22.0
5	Mark Spurgeon	03:29.2
6	Mark Young	03:49.2

Race No.	Name & Division	Race Time
Race 57	Male 50-54 Lightweight	
Gold	Peter Roberts	03:17.8
Silver	Darren Janetzki	18:00.0

Race No.	Name & Division	Race Time
Race 57	Male 50-54 Open AR	
Gold	Mark Blowers	04:32.1

Race No.	Name & Division	Race Time
Race 58	Female 50-54 Open	
Gold	Simmone Wyatt	03:47.3
Silver	Sandra Parr	04:32.2

Race No.	Name & Division	Race Time
Race 58	Female 50-54 Lightweight	
Gold	Jennie Wearing	04:06.6

Race No.	Name & Division	Race Time
Race 58	Female 45-49 Open	
Gold	Monique Esplin	03:46.5
Silver	Rachael Griffin	03:54.9
Bronze	Pauline Jackwitz	04:15.9
4	Julie Lawton	04:21.4

Race No.	Name & Division	Race Time
Race 59	Male 45-49 Lightweight	
Gold	Jamie Hammond	03:13.0
Silver	Ian Griffiths	03:17.2
Bronze	Mathew Hayes	03:29.8

Race No.	Name & Division	Race Time
Race 59	Male 45-49 Lightweight AR	
Gold	Stephen Hennessy	03:45.2

Race No.	Name & Division	Race Time
Race 60	Male 45-49 Open	
Gold	Ian Botham	03:14.2
Silver	Gary Myers	03:14.4
Bronze	Richard Norris	03:37.3

Race No.	Name & Division	Race Time
Race 61	Male 40-44 Open	
Gold	Nick Barclay	03:03.8
Silver	Matt Mulholland	03:11.0
Bronze	Wes Doyle	03:12.4
4	Time George	03:12.6
5	Darren Humphrey	03:27.3

Race No.	Name & Division	Race Time
Race 61	Male 35-39 Open	
Gold	Sean Gauld	02:58.4

Race No.	Name & Division	Race Time
Race 61	Male 35-39 Lightweight	
Gold	Ross Muir	03:22.8
Silver	Anton Gazal	03:35.7

Race No.	Name & Division	Race Time
Race 62	Female 40-44 Open	
Gold	Aliti Chang	03:39.4
Silver	Kate Wilkinson	03:40.1
Bronze	Rachael Mccallum	04:08.3

Race No.	Name & Division	Race Time
Race 62	Female 35-39 Open	
Gold	Gabrielle Bond	03:56.7

Race No.	Name & Division	Race Time
Race 62	Female 30-34 Open	
Gold	Carolyn Gilcrist	03:39.8

1 Minute

Race No.	Name & Division	Distance
Race 63	90+ Open Male	
Gold	Vincent Home	228

Race No.	Name & Division	Distance
Race 63	Male 85-89 Lightweight	
Gold	Ken Stephens	246
Silver	Bert Janes	237

Race No.	Name & Division	Distance
Race 63	Male 80-84 Open	
Gold	James Penfold	280
Silver	Murray Taylor	258

Race No.	Name & Division	Distance
Race 63	Male 80-84 Lightweight	
Gold	John Ross	263

Race No.	Name & Division	Distance
Race 64	Female 85-89 Open	
Gold	Beryl Home	232

Race No.	Name & Division	Distance
Race 64	Female 80-84 Lightweight	
Gold	Irene Turpie	200

Race No.	Name & Division	Distance
Race 64	Female 75-79 Lightweight	
Gold	Annette Fletcher	256
Silver	Gioia Berry	226

Race No.	Name & Division	Distance
Race 64	Female 70-74 Open	
Gold	Roberta Gordon	276
Silver	Cheryl Warrior	252
Bronze	Jennifer Doak	244

Race No.	Name & Division	Distance
Race 64	Female 70-74 Lightweight	
Gold	Wendy Coghill	209

Race No.	Name & Division	Distance
Race 65	Male 75-79 Open	
Gold	David Berry	341
Silver	Graeme Mcburney	295
Bronze	George Addis	292

Race No.	Name & Division	Distance
Race 65	Male 75-79 Lightweight	
Gold	Colin Macleod	296

Race No.	Name & Division	Distance
Race 66	Male 70-74 Open	
Gold	Warren Blanch	305
Silver	Mike Smith	295

Race No.	Name & Division	Distance
Race 66	Male 70-74 Lightweight	
Gold	Lyndsay Knight	322
Silver	Kelvin Bazley	316
Bronze	Peter Sheean	287

Race No.	Name & Division	Distance
Race 67	Male 65-69 Open	
Gold	Peter Beare	343
Silver	Lindsay Hay	342
Bronze	John Dudley	329
4	John Choice	328
5	Richard Stuckey	321
6	Douglas Carrigan	315
6	Gavin Thomson	315

Race No.	Name & Division	Distance
Race 67	Male 65-69 Lightweight	
Gold	Robert Cossalter	314
Silver	Colin Thomas	288

Race No.	Name & Division	Distance
Race 68	Male 60-64 Lightweight	
Gold	Ian William Barnett	311
Silver	lan Gibson	289
Bronze	Brian Halls	287

Race No.	Name & Division	Distance
Race 68	Male 55-59 Lightweight	
Gold	Robert Arnold	323
Silver	Michael Epstein	313

Race No.	Name & Division	Distance
Race 69	Male 60-64 Open	
Gold	Stuart Hesketh	335
Silver	Craig Lee	334
Bronze	Christopher Atkins	333
4	Gary Bennetts	305
5	Stephen Chorley	301
6	Sam Galofaro	294
7	Wiremu Reweti	283
Race 70	Female 65-69 Open	
Gold	Anne Aughey	273
Silver	Kaye Hanley	269

Race No.	Name & Division	Distance
Race 70	Female 60-64 Open	
Gold	Claire Pontin	259

Race No.	Name & Division	Distance
Race 70	Female 60-64 Lightweight	
Gold	Kerry Halls	263

Race No.	Name & Division	Distance
Race 71	Male 55-59 Open	
Gold	Paul Jeffrey	401
Silver	Brad Jackson	352
Bronze	Graham Coyle	331
4	Muhammad Shahzad	330
5	Andrew Carter	325
6	Michael Dawe	319
7	Damian Hodgson	294

Race No.	Name & Division	Distance
Race 72	Female 55-59 Open	
Gold	Denise Blayden	278
Silver	Leanne Summerton	266

Race No.	Name & Division	Distance
Race 72	Female 55-59 Lightweight	
Gold	Karen Jeffrey	299
Silver	Annette Sherratt	281
Bronze	Deborah Gillham	261
4	Patricia Bailey	243
5	Mary Cook	233

Race No.	Name & Division	Distance
Race 73	Male 50-54 Open	
Gold	Mark Fountaine	366
Silver	David Penfold	350
Bronze	Rob Tucker	348
4	Grant Williams	345
5	Mark Spurgeon	332
6	Paul Mensforth	329
7	Mark Young	311

Race No.	Name & Division	Distance
Race 74	Male 50-54 Lightweight	
Gold	Peter Roberts	342
Silver	Neil Innes	321
Bronze	Roger Belmar	297
4	Darren Janetzki	250

Race No.	Name & Division	Distance
Race 74	Male 45-49 Open	
Gold	Frank Zandona	382
Silver	lan Botham	368
Bronze	Gary Myers	355
4	Richard Norris	332

Race No.	Name & Division	Distance
Race 75	Female 50-54 Open	
Gold	Rhonda Ferguson	316
Silver	Simmon Wyatt	296
Bronze	Sandra Parr	281
4	Gemma Thompson	247

Race No.	Name & Division	Distance
Race 75	Female 50-54 Lightweight	
Gold	Jennie Wearing	269

Race No.	Name & Division	Distance
Race 76	Male 45-49 Lightweight	
Gold	Jamie Hammond	335
Silver	Ian Griffiths	331
Bronze	Mathew Hayes	327

Race No.	Name & Division	Distance
Race 76	Male 45-49 Lightweight AR	
Gold	Stephen Hennessy	307

Race No.	Name & Division	Distance
Race 76	Male 35-39 Open	
Gold	Sean Gauld	389
Silver	Scott Mcgovern	371

Race No.	Name & Division	Distance
Race 76	Male 35-39 Lightweight	
Gold	Ross Muir	338
Silver	Anton Gazal	337

Race No.	Name & Division	Distance
Race 77	Female 45-49 Open	
Gold	Rachael Griffin	306
Silver	Monique Esplin	301
Bronze	Cas Wright	289
4	Jennifer Holbut	280
5	Pauline Jackwitz	276
6	Julie Lawton	273
7	Jo-Anne Delacourt	244

Race No.	Name & Division	Distance
Race 78	Male 40-44 Open	
Gold	Nick Barclay	375
Silver	Matt Mulholland	366
Bronze	Tim George	361
4	Wes Doyle	358
5	Darren Humphrey	334

Race No.	Name & Division	Distance
Race 79	Female 40-44 Open	
Bronze	Rachael Mccallum	291
Silver	Kate Wilkinson	307
Gold	Aliti Chang	312
4	Louise Renshaw	

Race No.	Name & Division	Distance
Race 79	Female 35-39 Lightweight	
Gold	Courtney Nicholson	266

Race No.	Name & Division	Distance
Race 79	Female 30-34 Open	
Gold	Carolyn Gilcrist	303

Relay

Position	Name & Division	Race Time
Race 80		
Gold	Mongrels	06:28.1
	Paul JEFFREY, Karen JEFFREY, Brad JACKSON & Aliti CHANG	
Silver	Too Buggered to Race!	06:34.1
	Paul MENSFORTH, Mark FOUNTAINE, Gabrielle BOND & Rob TUCKER	
Bronze	Mountaineers	- 06:40.8
	Matt MULHOLLAND, Gary MYERS, David BERRY & Louise RENSHAW	
4	All Blacks	06:43.8
	Monique ESPLIN, Scott MCGOVERN, Grant WILLIAMS & George ADDIS	
5	ErgFit	07:01.1
	Elizabeth FELDMAN, Kate WILKINSON, Lindsay HAY & Tim GEORGE	
6	The Invincibles	07:02.2
	Rob TUCKER, Sean GAULD, Ian BOTHAM & Cheryl WARRIOR	
7	Just 'The Team'	07:58.3
	Murray TAYLOR, Kelvin BAZLEY, Carolyn GILCRIST & Simmone WYATT	
8	Roxy's Humans	08:34.4
	Mary COOK, Annette FLETCHER, Mark BLOWERS & Mark SPURGEON	