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# BOXING – Rules & Regulations

## ELIGIBILITY

### Age Requirements

- If you are 34 years or older you can enter the Pan Pacific Masters Games Boxing.
- Boxers aged between 34 and 40 years old will compete as an Elite Boxer.
- If you are aged 41 and above, you enter as a Masters Boxer.
- Regardless of your age, everyone registers in the same way - by completing the online registration form via the following link: <https://mastersgames.com.au/ppmg/sports/boxing/>

### Different Experience Division

- You may elect to compete at a higher experience level if you wish. HOWEVER, you must stay in that division if you make that decision. For example, a Novice boxer may wish to enter the Intermediate or Open division in their age and weight category – that is fine. An Open boxer can never compete as a Novice or an Intermediate. An Intermediate boxer can enter the Open section but cannot enter the Novice section.

### Special Bouts

- As the championships are an elimination process many boxers are eliminated from the competition after the first day. A lot of boxers wish to keep competing for the remaining days of competition. Alternatively, you may like to arrange a special bout before your official bout. We can arrange special bouts where you may choose to deviate from your championship division to get extra bouts while you are there. For example – a Novice 44-year-old boxer enters the Novice 81 kg Division in his age group. He is eliminated after his first bout but wishes to keep boxing over the tournament. That boxer may then accept a special bout with another boxer and that boxer may be an Intermediate or Open boxer. This is providing the tournament director is satisfied the bout is fair and agrees to the match.
- Everyone is different. Some boxers may have faced a tough first opponent and wish to then relax and enjoy the rest of the tournament. Others may have felt frustrated and unfinished with their first bout and have seen others boxing (and perhaps also eliminated) and may seek a match up with that boxer for the next day. All special bouts will be agreed to at the discretion of the tournament director, but where possible we will endeavor to accommodate as many special bouts as we can slot into the program.

### Former Professionals

- If you are over the age of 41 and prepared to sign a statutory declaration stating, you will not return to pro boxing you are able to compete.

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- If you are between the ages of 34 and 40 and have boxed professionally, you have not yet reached the age of a Masters boxer and as such you must check with your relevant state as to your eligibility. Whilst we would be satisfied at our end for you to sign a statutory declaration the same as Masters age boxers, you are still an Elite and the rules regarding pro boxing can differ from state to state.
- You may be able to receive an exemption to compete at this tournament only from your state and they may still register you as an Elite with a provision to compete at this Masters tournament. If this applies to you, please contact Jack Boote for clarification.

## EQUIPMENT

### *Glove Sizes*

- Unless otherwise specified 12 Oz gloves will be used. Larger or smaller gloves may be used as determined by the tournament director for specific bouts. Gloves will be provided for you.

### *Headguards*

- All boxers of all ages will wear head guards. Boxing Australia Queensland does not have ministerial approval for Elites to box without them. Headguards will be provided for you.

### *Mouthguard*

- You will need to bring your own mouthguard.
- It is essential that you do not have a red colored or similar mouthguard or that any visible part of the mouthguard is red or similar color.

### *Other*

- Appropriate footwear must be worn, hand wraps and both blue and red singlets for appropriate corners must be worn.
- Shorts can be any color however it is recommended you keep this simple or where possible you may wish to match with your singlet.
- There will be a selection of merchandise available for purchase at the tournament. Hand wraps, singlets etc.

## COMPULSORY REQUIRMENTS

### *Blue Book*

- The blue competition book is your passport to compete. If you do not already have a book you must contact your relevant State Boxing Organisation, for example Boxing SA, Boxing VIC, Boxing QLD, Boxing NT, Boxing TAS, Boxing WA, Boxing ACT, Boxing NSW. New Zealand boxers and other international competitors will be required to register with Boxing Australia Queensland citing Palm Beach Currumbin Boxing Club as your affiliated club. PLEASE ALLOW 4-6 WEEKS TO COMPLETE THE BLUE BOOK PROCESS.

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- To be issued with a competition book you must register with your relevant state and pay the required registration fee. You must be registered for the current year so if you have previously been registered in other years you must have a current registration for 2018.
- All boxers except NSW boxers must have their blue book at the first weigh in. NSW boxers will require their Combat Sports Book. You can register with Combat Sports online here: <http://ringside.sport.nsw.gov.au/RSOUser/RSOButtonMenu/rsoindex.aspx>

### **Australian State Body Affiliation**

- If you are training with a gym, please ask your coach or coordinator at the gym. They should be able to assist you with registration forms. Alternatively look up your relevant state organisation online and download the registration forms for membership for 2018 or contact them asking for direction. If you have difficulties with this, please contact Jack Boote who will put you in touch with your relevant state contact.
- For a list of state bodies contact details please visit: <https://www.boxing.org.au/about/member-associations/>
- The 2018 Pan Pacific Masters Games Boxing are sanctioned by Boxing Australia Queensland and conducted under official competition rules. The aim of Masters Boxing is to promote a safe and enjoyable experience for all and so we need to confirm the identity, experience, age and history of each competitor. Knowing that all competitors are appropriately registered contributes to your safety and peace of mind that all boxers are officially vetted.

### **Non-Affiliated/International Participants**

- Please speak with your Boxing Australia state body directly regarding this. International boxers please register with Boxing Australia Queensland, stating Palm Beach Currumbin Boxing Club as your affiliated club. Please visit: <https://www.boxing.org.au/about/member-associations/>

### **Medical**

- When you register with Boxing Australia Queensland, you will be issued with a blue competition book and paperwork to take to a doctor/clinic of your choice to get your medical. The book has a section that is to be completed by your doctor declaring you fit to box.
- Upon receiving your competition book, you will need to source a doctor/clinic that can carry out your medical. We encourage you to give yourself plenty of time before the event as your medical must be current at the time of competition. You may be required to have blood tests (depending on your state) so leaving the medical until the last minute is not advised. Advise the clinic when making your appointment that you are booking in for a boxing medical as this may take longer than normal in some cases.
- When you have completed your medical keep your blue book in a place you know where to find it at all times and bring it with you to the event.

### **Weigh In**

- **The first weigh in is compulsory for all boxers.** If you miss the weigh in you will NOT be permitted to take part. There will be no exceptions to this. The first weigh in requires patience as this is a lengthy process. Each boxer competing at the event will be weighed and placed into their weight division then assessed by the tournament Doctor.

- You **MUST** present at the weigh in with your blue competition book (or equivalent) complete with your current medical details. If you do not have your book and a current medical, you will **NOT** be permitted to compete.
- **Additional Weigh Ins** - Every boxer must weigh in at the initial weigh in. If you are boxing on subsequent days, you will be required to weigh in again on the morning of your fight. If you are not scheduled to box on a particular day you are not required to weigh in on that particular day.

### **Weight Changes**

- You may register at one weight and change this weight leading up to competition. There are many valid reasons for this however we do ask that you are reasonable when registering as this may affect numbers in your division.
- You will compete in the weight division that you weigh in at on the first day. We will have test scales available for you to test before your official weight is recorded. You will then be required to remain in that weight range for the duration of the competition.

## **SCHEDULE**

- Each boxer may only compete a maximum of once per day. After each day's weigh in a draw will be conducted and each day's bouts will be posted on this website, on Facebook and at the venue. It is your responsibility to check on the status of the program, so you do not miss your fight.
- If you progress through the competition you will have some idea of when you may next be fighting as each day plays out. If you have arranged a special bout we will advise you when that is slotted into the program as we go.

### **Arrival**

- Arrange travel plans to arrive at the Gold Coast **NO LATER THAN WEDNESDAY 7 NOVEMBER** in time for the **Tournament Brief** at the Kirra Sports Club. You will also need to arrive on Wednesday to be available for the compulsory first weigh in early on Thursday morning.
- If you plan to arrive on the Wednesday or before you will be well rested, and you can use the Tournament Brief as a chance to familiarise yourself with the venue and the ring.

### **Divisions**

- We get this question many times a day leading up to competition and can never answer it with 100% accuracy. So, whilst we will be able to give you some indication of numbers it can change and there are absolutely no guarantees that who is registered in your division at any given time will not change. There are many reasons for this, people change weight as they are approaching the tournament, people elect to go up a division, injuries occur, and people withdraw. So, things can and will change however we will endeavor to give you as much information as we have available to us at the time.
- Please join and follow the regular updates for both events on the group Facebook page - [Queensland Masters Boxing Titles](#)

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## **Round Duration**

- ALL bouts will be 3 x 2 minute rounds unless otherwise specified.
- Possible exceptions - Elite aged OPEN males may box 3 x 3 minute rounds, Elite aged OPEN females may box 4 x 2 minute rounds.
- Any further alterations to duration of rounds will be determined by the tournament director.

## **OTHER**

### **Coaching**

- You may provide your own Coach for the event.
- There will be a range of qualified and Boxing Australia Queensland coaches who have volunteered their time to be available over the course of the events to coach and corner boxers who are travelling without one. These coaches will be present at the Tournament Briefing to establish contact with you.