



## 2016 Jupiters Pan Pacific Masters Games – Distance Running Results

### Beach Mile (Wednesday 9 November)

#### Female 30-34

Place	First Name	Surname	State/Country	Time
1	Katrin	Rudolph	QLD	0:10:22
2	Suwati	Lowth	QLD	0:13:46

#### Female 35-39

1	Cathryn	Rayward	QLD	0:08:46
2	Vickie	Liese	QLD	0:10:34
3	Larissa	Wilson	QLD	0:10:41
4	Rebecca	Bell-Fuller	QLD	0:11:41
5	Angela	Groves	QLD	0:13:47

#### Female 40-44

1	Amanda	Collins	QLD	0:10:06
2	Jeanette	Ingram	VIC	0:13:17

#### Female 45-49

1	Virginia	Eastman	NSW	0:09:28
2	Jennifer	Gale	QLD	0:10:51
3	Tina	Chaff	QLD	0:11:14
4	Petrina	Brown	QLD	0:11:23
5	Audrey	Moller	QLD	0:11:24
6	Deanna	Elliott	QLD	0:12:26
7	Shelly	Ostrouhoff	QLD	0:12:51

#### Female 50-54

1	Marion	Hermitage	QLD	0:09:10
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2	Margaret	Pearson	NSW	0:09:28
3	Marie	Stokes	QLD	0:11:07
4	Jodi	Fisch	QLD	0:11:46
5	Christine	Lienert	SA	0:12:56
6	Sandra	Ambrose	NT	0:13:29

### Female 55-59

1	Betty	Wedding	QLD	0:11:18
2	Karen	Crawley	QLD	0:12:02
3	Glynnis	Driscoll	QLD	0:15:28

### Female 60-64

1	Shirley	Makin	QLD	0:15:03
2	Robyn	Norris	WA	0:19:29

### Female 65-69

1	Christine	Reed	NEW ZEALAND	0:19:29
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### Female 70-74

1	Beverley	Laundry	QLD	0:14:30
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### Male 30-34

1	Alan	Burns	VIC	0:09:29
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### Male 35-39

1	Ryan	Stoddart	QLD	0:08:04
2	Giles	Moore	QLD	0:08:11
3	Greg	Costello	NSW	0:08:30
4	Jodi	Brown	QLD	0:09:56
5	Glen	Mackley	QLD	0:10:44

### Male 40-44

1	Matt	Macdonald	QLD	0:07:34
2	Peter	Norris	NSW	0:09:33
3	Simon	Mackley	NSW	0:11:16

### Male 45-49

1	Mark	Munchenberg	QLD	0:08:12
2	EJ	Davie	NSW	0:10:09
3	Dean	Kenway	QLD	0:10:29
4	Darren	Janetzki	QLD	0:10:36
5	David	Falkingham	VIC	0:13:54

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### Male 50-54

1	Dave	Scott	NEW ZEALAND	0:08:42
2	Norman	Burns	QLD	0:08:49
3	Jeffrey	Stella	NSW	0:11:22
4	Mark	Young	ACT	0:13:36

### Male 55-59

1	Damian	Ryan	VIC	0:10:09
2	Neil	Soden	QLD	0:10:13
3	Anthony	Cappetta	NSW	0:10:56
4	Christopher	Worsnop	VIC	0:11:16
5	Wayne	Clarke	QLD	0:12:30
6	Bruce	Hunt	NSW	0:13:30

### Male 60-64

1	Bruce	Manly	QLD	0:10:15
2	Peter	Clarke	NSW	0:10:48
3	Garry	West-Bail	QLD	0:11:02

### Male 65-69

1	John	Walton	NSW	0:09:40
2	Sean	Ryan	QLD	0:11:17
3	Peter	Drewett	QLD	0:12:30
4	Heinz	Albrecht	QLD	0:30:29

### Male 70-74

1	Robin	Reed	NEW ZEALAND	0:11:57
2	Robert	Martin	QLD	0:14:16
3	David	Turner	QLD	0:14:28
4	Geoff	Upton	WA	0:15:33

### Male 75-79

1	John	Street	QLD	0:09:27
2	Alf	Lakin	QLD	0:17:20
3	Sean	O'Hara	QLD	0:24:30

## 4km Cross Country (Friday 11 November)

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### Female 30-34

Place	First Name	Last Name	State	Time
1	Katrin	Rudolph	QLD	0:19:55
2	Suwati	Lowth	QLD	0:22:19

### Female 35-39

1	Larissa	Wilson	QLD	0:18:55
2	Rebecca	Bell-Fuller	QLD	0:20:09
3	Vickie	Liese	QLD	0:20:20
4	Tracey	Hollis	QLD	0:22:15
5	Angela	Groves	QLD	0:23:48

### Female 40-44

1	Amanda	Collins	QLD	0:19:35
2	Maisie	Choy	NSW	0:21:45

### Female 45-49

1	Elizabeth	Cox	QLD	0:17:28
2	Tina	Chaff	QLD	0:19:11
3	Jennifer	Gale	QLD	0:19:49
4	Audrey	Moller	QLD	0:20:55
5	Shelly	Ostrouhoff	QLD	0:21:33
6	Deanna	Elliott	QLD	0:22:13
7	Justine	Restieaux	NEW ZEALAND	0:23:01

### Female 50-54

1	Marion	Hermitage	QLD	0:18:51
2	Margaret	Pearson	QLD	0:19:26
3	Marie	Stokes	QLD	0:20:03
4	Jodi	Fisch	QLD	0:21:01

### Female 55-59

1	Betty	Wedding	QLD	0:21:39
2	Glynnis	Driscoll	QLD	0:25:27
3	Susan	Matano	NSW	0:39:14

### Female 60-64

1	Fay	Morgan	QLD	0:20:58
2	Shirley	Makin	QLD	0:26:14

### Female 65-69

1	Christine	Reed	NEW ZEALAND	0:38:35
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### Female 70-74

1	Margaret	Martin	QLD	0:37:21
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### Male 30-34

1	Darryl	Hill	QLD	0:13:24
2	Alan	Burns	VIC	0:18:08

### Male 35-39

1	Giles	Moore	QLD	0:15:40
2	Ross	Muir	NSW	0:16:28
3	Ryan	Stoddart	QLD	0:16:41
4	Jodi	Brown	QLD	0:17:08
5	Glen	Mackley	QLD	0:18:12
6	Jason	Kohlmorgen	SA	0:19:05

### Male 40-44

1	Matt	Macdonald	QLD	0:13:53
2	Peter	Norris	NSW	0:17:19
3	Simon	Mackley	NSW	0:18:44

### Male 45-49

1	Mark	Munchenberg	QLD	0:16:32
2	EJ	Davie	NSW	0:19:47

### Male 50-54

1	Norman	Burns	QLD	0:15:43
2	Dave	Scott	NEW ZEALAND	0:16:25
3	Cam	Hart	QLD	0:21:17

### Male 55-59

1	Bill	Leropoulos	VIC	0:17:30
2	Anthony	Cappetta	NSW	0:18:33
3	Neil	Soden	QLD	0:18:57
4	Damian	Ryan	VIC	0:19:40
5	Wayne	Clarke	QLD	0:20:11
6	Christopher	Worsnop	VIC	0:20:23
7	Nigel	Bamford	QLD	0:22:24
8	Bruce	Hunt	NSW	0:27:03
9	Michael	Lee	QLD	0:27:47

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### Male 60-64

1	Bruce	Manly	QLD	0:17:55
2	Garry	West-Bail	QLD	0:19:00
3	Peter Ralph	Clarke	NSW	0:22:35

### Male 65-69

1	John	Walton	NSW	0:17:39
2	Sean	Ryan	QLD	0:19:49
3	Peter	Drewett	QLD	0:21:38

### Male 70-74

1	Robin	Reed	NEW ZEALAND	0:21:03
2	David	Turner	QLD	0:23:49
3	Robert	Martin	QLD	0:23:52

### Male 75-79

1	John	Street	QLD	0:18:41
2	Alf	Lakin	QLD	0:31:43
3	Sean	O'Hara	QLD	0:53:14

## 5km Road Race (Thursday 10 November)

### Female 30-34

Place	First Name	Surname	State/Country	Time
1	Katrin	Rudolph	QLD	0:22:57
2	Suwati	Lowth	QLD	0:26:00

### Female 35-39

1*	Benita	Willis	QLD	0:22:55
1	Rebecca	Bell-Fuller	QLD	0:23:38
2	Vickie	Liese	QLD	0:24:56
3	Tracey	Hollis	QLD	0:25:35
4	Alexia	Kohlmorgen	SA	0:25:40
5	Angela	Groves	QLD	0:27:55

\* Benita is a Games ambassador and was a guest runner in this event. Thanks for joining us B!

### Female 40-44

1	Amanda	Collins	QLD	0:23:34
2	Maisie	Choy	NSW	0:24:48

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### Female 45-49

1	Tina	Chaff	QLD	0:22:16
2	Jennifer	Gale	QLD	0:24:00
3	Audrey	Moller	QLD	0:24:34
4	Shelly	Ostrouhoff	QLD	0:25:20
5	Justine	Restieaux	NEW ZEALAND	0:25:57
6	Megan	Milner	VIC	0:27:50
7	Deanna	Elliott	QLD	0:28:43
8	Alice	Street	NSW	0:33:12

### Female 50-54

1	Marion	Hermitage	QLD	0:21:15
2	Toni	Ferguson	QLD	0:21:36
3	Margaret	Pearson	NSW	0:22:10
4	Marie	Stokes	QLD	0:24:29
5	Jodi	Fisch	QLD	0:25:32
6	Christine	Lienert	SA	0:25:59
7	Linda	Layton	QLD	0:27:05

### Female 55-59

1	Leah	Rosevear	QLD	0:23:14
2	Betty	Wedding	QLD	0:25:34
3	Elizabeth	Woodbry	NSW	0:27:13
4	Glynnis	Driscoll	QLD	0:27:38

### Female 60-64

1	Jacki	Kilner	QLD	0:28:18
2	Shirley	Makin	QLD	0:30:13

### Male 30-34

1	John	Doyle	NSW	0:16:52
2	Alan	Burns	VIC	0:22:30

### Male 35-39

1	Giles	Moore	QLD	0:19:39
2	Ryan	Stoddart	QLD	0:20:15
3	Glen	Mackley	QLD	0:22:47

### Male 40-44

1	Matt	Macdonald	QLD	0:16:09
2	Peter	Norris	NSW	0:20:22

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3	Simon	Mackley	NSW	0:23:27
4	Jeremy	O'Connell	QLD	0:24:44

### Male 45-49

1	Ralf	Hamann	QLD	0:17:33
2	Michael	Phillips	NSW	0:17:46
3	Mark	Munchenberg	QLD	0:19:50
4	EJ	Davie	NSW	0:21:47
5	Darren	Janetzki	QLD	0:21:59
6	Kirk	Harrison	NSW	0:24:32
7	David	Falkingham	VIC	0:25:38

### Male 50-54

1	Norman	Burns	QLD	0:18:29
2	Dave	Scott	NEW ZEALAND	0:18:56
3	Karl	Robson	QLD	0:24:52

### Male 55-59

1	Bill	Leropoulos	VIC	0:20:57
2	Neil	Soden	QLD	0:22:54
3	Damian	Ryan	VIC	0:22:56
4	Christopher	Worsnop	VIC	0:23:28
5	Mark	Gilbert	QLD	0:23:56
6	Nigel	Bamford	QLD	0:26:18
7	David	Mackay	QLD	0:27:27
8	Bruce	Hunt	NSW	0:31:30

### Male 60-64

1	Bruce	Manly	QLD	0:21:20
2	Garry	West-Bail	QLD	0:22:56
3	Ronald	Aitken	QLD	0:24:10
4	Peter	Clarke	NSW	0:26:08

### Male 65-69

1	John	Walton	NSW	0:22:38
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### Male 70-74

1	Robin	Reed	NEW ZEALAND	0:25:02
2	David	Turner	QLD	0:28:42
3	Robert	Martin	QLD	0:28:46

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### Male 75-79

1	John	Street	QLD	0:22:14
2	Alf	Lakin	QLD	0:37:22

### 10.5km Trail Run (Saturday 12 November)

#### Female 30-34

Place	First Name	Last Name	State / Country	Time
1	Katrin	Rudolph	QLD	0:52:21
2	Suwati	Lowth	QLD	1:03:20

#### Female 35-39

1	Larissa	Wilson	QLD	0:53:53
2	Rebecca	Bell-Fuller	QLD	0:57:42
3	Vickie	Liese	QLD	0:59:52
4	Angela	Groves	QLD	1:08:39

#### Female 40-44

1	Amanda	Collins	QLD	0:56:50
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#### Female 45-49

1	Elizabeth	Cox	QLD	0:47:58
2	Tina	Chaff	QLD	0:54:02
3	Sasha	Kuhnemann	QLD	0:54:11
4	Jennifer	Gale	QLD	0:56:18
5	Deanna	Elliott	QLD	1:06:01

#### Female 50-54

1	Toni	Ferguson	QLD	0:50:48
2	Margaret	Pearson	NSW	0:53:34
3	Marie	Stokes	QLD	0:55:57
4	Christie	Corbould	QLD	1:00:12
5	Rhonda	Wykes	NSW	1:01:49
6	Linda	Layton	QLD	1:03:40
7	Cathy	Levings	QLD	1:25:03

#### Female 55-59

1	Betty	Wedding	QLD	1:01:04
2	Glynnis	Driscoll	QLD	1:10:05

#### Female 60-64

1	Shirley	Makin	QLD	1:11:57
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### Male 30-34

1	Darryl	Hill	QLD	0:37:04
2	John	Doyle	NSW	0:39:47

### Male 35-39

1	Giles	Moore	QLD	0:48:43
2	Glen	Mackley	QLD	0:54:21

### Male 40-44

1	Matt	Macdonald	QLD	0:37:16
2	Peter	Norris	NSW	0:47:22
3	Simon	Mackley	NSW	0:55:34

### Male 45-49

1	Michael	Phillips	NSW	0:41:36
2	Mark	Munchenberg	QLD	0:47:04
3	Darren	Janetzki	QLD	0:55:11
4	EJ	Davie	NSW	0:56:50
5	Sugath	Theverapperuma	SRI LANKA	1:14:18

### Male 50-54

1	Norman	Burns	QLD	0:43:53
2	Dave	Scott	NEW ZEALAND	0:46:36
3	Leon	Close	QLD	0:50:21
4	Karl	Robson	QLD	0:59:44

### Male 55-59

1*	Pat	Carroll	QLD	0:51:51
1	Neil	Soden	QLD	0:52:34
2	Mark	Gilbert	QLD	0:56:47
3	Damian	Ryan	VIC	0:57:50
4	Christopher	Worsnop	VIC	1:00:47
5	Bruce	Hunt	NSW	1:18:53

\* Pat is a Games ambassador and was a guest runner in this event. Thanks for joining us Pat!

### Male 60-64

1	Bruce	Manly	QLD	0:50:04
2	Garry	West-Bail	QLD	0:53:17
3	Ronald	Aitken	QLD	0:58:15
4	Peter	Clarke	NSW	1:04:33
5	Kevin	Wiles	QLD	1:08:28

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### Male 65-69

1	John	Walton	NSW	0:51:47
2	Peter	Drewett	QLD	1:00:03

### Male 70-74

1	Robin	Reed	NEW ZEALAND	0:56:55
2	David	Turner	QLD	1:07:17

### Male 75-79

1	John	Street	QLD	0:54:08
2	Alf	Lakin	QLD	1:27:40
3	Sean	O'Hara	QLD	2:05:25

## Distance Running Combined

AGE GROUP	EVENT				OVERALL TIME	RESULT
	BEACH MILE	5KM ROAD RACE	4KM CROSS COUNTRY	10.5KM TRAIL RUN		
<b>Female 30 - 34</b>						
Katrin Rudolph	0:10:22	0:22:57	0:19:55	0:52:21	1:45:35	1
Suwati Lowth	0:13:46	0:26:00	0:22:19	1:03:20	2:05:25	2
<b>Female 35 - 39</b>						
Rebecca Bell-Fuller	0:11:41	0:23:38	0:20:09	0:57:42	1:53:10	1
Vickie Liese	0:10:34	0:24:56	0:20:20	0:59:52	1:55:42	2
Angela Groves	0:13:47	0:27:55	0:23:48	1:08:39	2:14:09	3
<b>Female 40-44</b>						
Amanda Collins	0:10:06	0:23:34	0:19:35	0:56:50	1:50:05	1
<b>Female 45 - 49</b>						
Tina Chaff	0:11:14	0:22:16	0:19:11	0:54:02	1:46:43	1
Jennifer Gale	0:10:51	0:24:00	0:19:49	0:56:18	1:50:58	2
Deanna Elliott	0:12:26	0:28:43	0:22:13	1:06:01	2:09:23	3
<b>Female 50 - 54</b>						
Margaret Pearson	0:09:28	0:22:10	0:19:26	0:53:34	1:44:38	1
Marie Stokes	0:11:07	0:24:29	0:20:03	0:55:57	1:51:36	2
<b>Female 55 - 59</b>						
Betty Wedding	0:11:18	0:25:34	0:21:39	1:01:04	1:59:35	1
Glynnis Driscoll	0:15:28	0:27:38	0:25:27	1:10:05	2:18:38	2
<b>Female 60 - 64</b>						
Shirley Makin	0:15:03	0:30:13	0:26:14	1:11:57	2:23:27	1
<b>Male 35 - 39</b>						
Giles Moore	0:08:11	0:19:39	0:15:40	0:48:43	1:32:13	1
Glen Mackley	0:10:44	0:22:47	0:18:12	0:54:21	1:46:04	2

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<b>Male 40 - 44</b>						
Matt Macdonald	0:07:34	0:16:09	0:13:53	0:37:16	1:14:52	1
Peter Norris	0:09:33	0:20:22	0:17:19	0:47:22	1:34:36	2
Simon Mackley	0:11:16	0:23:27	0:18:44	0:55:34	1:49:01	3
<b>Male 45 - 49</b>						
Mark Munchenberg	0:08:12	0:19:50	0:16:32	0:47:04	1:31:38	1
EJ Davie	0:10:09	0:21:47	0:19:47	0:56:50	1:48:33	2
<b>Male 50 - 54</b>						
Norman Burns	0:08:49	0:18:29	0:15:43	0:43:53	1:26:54	1
Dave Scott	0:08:42	0:18:56	0:16:25	0:46:36	1:30:39	2
<b>Male 55 - 59</b>						
Neil Soden	0:10:13	0:22:54	0:18:57	0:52:34	1:44:38	1
Damian Ryan	0:10:09	0:22:56	0:19:40	0:57:50	1:50:35	2
Christopher Worsnop	0:11:16	0:23:28	0:20:23	1:00:47	1:55:54	3
Bruce Hunt	0:13:30	0:31:30	0:27:03	1:18:53	2:30:56	4
<b>Male 60 - 64</b>						
Bruce Manly	0:10:15	0:21:20	0:17:55	0:50:04	1:39:34	1
Garry West-Bail	0:11:02	0:22:56	0:19:00	0:53:17	1:46:15	2
Peter Clarke	0:10:48	0:26:08	0:22:35	1:04:33	2:04:04	3
<b>Male 65 - 69</b>						
John Walton	0:09:40	0:22:38	0:17:39	0:51:47	1:41:44	1
<b>Male 70 - 74</b>						
Robin Reed	0:11:57	0:25:02	0:21:03	0:56:55	1:54:57	1
David Turner	0:14:28	0:28:42	0:23:49	1:07:17	2:14:16	2
<b>Male 75 - 79</b>						
John Street	0:09:27	0:22:14	0:18:41	0:54:08	1:44:30	1
Alf Lakin	0:17:20	0:37:22	0:31:43	1:27:40	2:54:05	2