



### ***Certificate of Fitness***

The purpose of a medical examination of persons wishing to register or maintain their registration as a combatant under the Rules and Regulations of Masters Boxing Australia Inc. is to minimise the risks of participation in combat sports.

It is a condition of each combatant's registration that they provide a Certificate of Fitness to the organisation each year.

It is appreciated that such examination will not prevent injuries arising during a contest from strikes to the body. The purpose of the examination is to detect those persons who are particularly at risk due to pre-existing disease or anatomical abnormalities. Combatants are also required to provide the organisation with a serological clearance certificate as specified. Masters Boxing Australia Inc. requires that combatants be examined by a medical practitioner before every contest, after every contest and at any time as directed by the Organisation. These examinations are for the benefit and welfare of the combatants. Generally, combatants should be in good general health. Excessive weight and wasting should be considered with caution, although this would not necessarily exclude participation. The Medical Practitioner, in examining the patient, should look for abnormalities which: decrease the ability of the person to defend themselves such as:

- Loss of sensation particularly sight, hearing.
- Slow, clumsy movements, e.g. cerebral palsy.
- Muscular and/or joint disease
- Lesions of balance/co-ordination.
- Easy fatigability, secondary to heart/renal disease.
- Respiratory disease, chronic or periodic, e.g. Asthma
- Bleeding tendency, e.g. Haemophilia
- Past history of multiple fractures.
- Loss/abnormality of paired organs.
- Poorly controlled diseases, e.g. Hypertension/diabetes.
- Transient/prolonged neurological system/signs, including headache.
- Previous injury with incomplete recovery of function or complicating sequelae.

The Medical Practitioner should undertake any medical examinations and tests that they believe are necessary to give them confidence to issue the Certificate of Fitness. Masters Boxing Australia Inc. does not require details of the examination undertaken or medical test results obtained and the confidentiality of this information should be maintained between the Medical Practitioner and combatant.

The Certificate of Fitness is all that is required to be provided to the Authority. If you do not consider this combatant fit to compete in combat sports then you should not issue the Certificate of Fitness.

# Certificate of Fitness



**Approved form issued pursuant to Rules and regulations of Masters Boxing Australia**  
*Form must be completed by a registered medical practitioner*

I, \_\_\_\_\_  
[insert name]  
being a registered medical practitioner,

Medical Registration Number: \_\_\_\_\_  
[insert number/stamp]

of: \_\_\_\_\_  
[insert address]

declare that: \_\_\_\_\_  
[insert name of combatant]

whom I identified from  
Photo Driver's License No: \_\_\_\_\_

or  
Photo in Medical Record Book of Combatant No: \_\_\_\_\_

or  
Photo Passport No: \_\_\_\_\_ Country of issue: \_\_\_\_\_

in my opinion, and after undertaking the required medical assessments on

\_\_\_\_\_, this combatant is **fit to compete in combat sports**.  
[insert date of examination]

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*It is an offence under section 92(d) of the Act to provide any information or produce any document that a person knows is false or misleading in connection with a medical examination.*