Play it, Live it, Love it on the Gold Coast in 2016!



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Supeters



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Pan Pacific Masters Games GOLD COAST | AUSTRALIA 5-13 November 2016

Outrigger Canoeing and Ski & SUP Combined Schedule

O Tourism and Events Queensland

			SATUR	DAY 5 NOVEMBER 2016		
Event #	Start	Finish	Event Detail	Division	Ages	Course
	7:00		Registration Open			•
	7:40		Race Briefing - OC6 12km Iron			
Event 1	8:00	9:45	OC6 - 12km Iron race	Men	30+, 40+, 50+, 60+, 70+	2 laps Deadmans Island Circuit
	9:45		Race Briefing - SUP 3km Iron			
Event 2	10:00	11:00	SUP - 3km Iron race	Men/Women	30+, 40+, 50+, 60+, 70+	1 lap of Blue Drum Circuit
Event 3	10:30	10:45	OC6 Fly the Ama contest	Any gender combo	Any Age Combination	
	10:45		Race Briefing - OC6 12km Iron			
Event 4	11:00	12:45	OC6 - 12km Iron race	Women	30+, 40+, 50+, 60+, 70+	2 laps Deadmans Island Circuit
	12:45		Race Briefing - SUP Sprint Eliminator			
Event 5	1:00	1:55	SUP - 200 mtre Sprint Eliminator	Men	All ages 30-70+ (no divisons)	2 eliminator heats + Final
Event 6	1:05	2:00	SUP - 200 mtre Sprint Eliminator	Women	All ages 30-70+ (no divisons)	2 eliminator heats + Final
	2:00		Race Briefing - OC6 6km Iron			
Event 7	2:15	3:15	OC6 - 6km Iron race	Mixed	30+, 40+, 50+, 60+, 70+	1 lap Deadmans Island Circuit
	3:30		Medal Presentation			
			SUND	AY 6 NOVEMBER 2016		
Event #	Start	Finish	Event Detail	Division	Ages	Course
	7:00		Registration Open			
	- 40					
	7:40		Race Briefing - OC6 6km Iron			
Event 8	7:40 8:00	9:45	OC6 - 12km Iron race	Mixed	30+, 40+, 50+, 60+, 70+	2 laps of Deadmans Island
Event 8	-	9:45		Iron	30+, 40+, 50+, 60+, 70+	2 laps of Deadmans Island
Event 8 Event 9	8:00		OC6 - 12km Iron race		30+, 40+, 50+, 60+, 70+ 30+, 40+, 50+, 60+, 70+	2 laps of Deadmans Island 1 lap Deadmans Island Circuit
	8:00 9:45		OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km	Iron		
	8:00 9:45 10:00	11:00	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race	Iron		
Event 9	8:00 9:45 10:00 11:00	11:00	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator	Iron Men/Women/Mixed	30+, 40+, 50+, 60+, 70+	1 lap Deadmans Island Circuit
Event 9 Event 10	8:00 9:45 10:00 11:00 11:15	11:00	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator OC6 - 200 mtre Sprint Eliminator	Iron Men/Women/Mixed Men	30+, 40+, 50+, 60+, 70+ All ages 30-70+ (no divisons)	1 lap Deadmans Island Circuit 2 eliminator heats + Final
Event 9 Event 10	8:00 9:45 10:00 11:00 11:15 11:20	11:00 12:10 12:15 1:30	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator OC6 - 200 mtre Sprint Eliminator OC6 - 200 mtre Sprint Eliminator Race Briefing - SUP Sprint and OC6 6km Iron OC1/V1/SUP - 6km Team Relay	Iron Men/Women/Mixed Men Women Men/Women/Mixed	30+, 40+, 50+, 60+, 70+ All ages 30-70+ (no divisons) All ages 30-70+ (no divisons) 30+, 40+, 50+, 60+, 70+	1 lap Deadmans Island Circuit 2 eliminator heats + Final 2 eliminator heats + Final 2 laps of Blue Drum Circuit
Event 9 Event 10 Event 11	8:00 9:45 10:00 11:00 11:15 11:20 12:15	11:00 12:10 12:15 1:30	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator OC6 - 200 mtre Sprint Eliminator OC6 - 200 mtre Sprint Eliminator Race Briefing - SUP Sprint and OC6 6km Iron OC1/V1/SUP - 6km Team Relay OC2/Ski/Double Ski - 6km Team Relay	Iron Men/Women/Mixed Men Women	30+, 40+, 50+, 60+, 70+ All ages 30-70+ (no divisons) All ages 30-70+ (no divisons)	1 lap Deadmans Island Circuit 2 eliminator heats + Final 2 eliminator heats + Final
Event 9 Event 10 Event 11 Event 12	8:00 9:45 10:00 11:00 11:15 11:20 12:15 12:30	11:00 12:10 12:15 1:30 2:30	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator OC6 - 200 mtre Sprint Eliminator OC6 - 200 mtre Sprint Eliminator Race Briefing - SUP Sprint and OC6 6km Iron OC1/V1/SUP - 6km Team Relay OC2/Ski/Double Ski - 6km Team Relay Race Briefing - OC6 6km Iron	Iron Men/Women/Mixed Men Women Men/Women/Mixed	30+, 40+, 50+, 60+, 70+ All ages 30-70+ (no divisons) All ages 30-70+ (no divisons) 30+, 40+, 50+, 60+, 70+ 30+, 40+, 50+, 60+, 70+	1 lap Deadmans Island Circuit 2 eliminator heats + Final 2 eliminator heats + Final 2 laps of Blue Drum Circuit 2 laps of Blue Drum Circuit
Event 9 Event 10 Event 11 Event 12	8:00 9:45 10:00 11:00 11:15 11:20 12:15 12:30 1:30 2:30 2:45	11:00 12:10 12:15 1:30 2:30 3:45	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator OC6 - 200 mtre Sprint Eliminator OC6 - 200 mtre Sprint Eliminator Race Briefing - SUP Sprint and OC6 6km Iron OC1/V1/SUP - 6km Team Relay OC2/Ski/Double Ski - 6km Team Relay Race Briefing - OC6 6km Iron OC6 - 6km Iron race	Iron Men/Women/Mixed Men Women Men/Women/Mixed	30+, 40+, 50+, 60+, 70+ All ages 30-70+ (no divisons) All ages 30-70+ (no divisons) 30+, 40+, 50+, 60+, 70+ 30+, 40+, 50+, 60+, 70+	1 lap Deadmans Island Circuit 2 eliminator heats + Final 2 eliminator heats + Final 2 laps of Blue Drum Circuit 2 laps of Blue Drum Circuit 1 lap Deadmans Island Circuit
Event 9 Event 10 Event 11 Event 12 Event 13	8:00 9:45 10:00 11:00 11:15 11:20 12:15 12:30 1:30 2:30	11:00 12:10 12:15 1:30 2:30 3:45	OC6 - 12km Iron race Race Briefing - OC1/OC2/V1 Ski/Double Ski/SUP 6km OC1/OC2/V1/Ski/Double Ski/SUP - 6km Iron race Race Briefing - OC6 Sprint Eliminator OC6 - 200 mtre Sprint Eliminator OC6 - 200 mtre Sprint Eliminator Race Briefing - SUP Sprint and OC6 6km Iron OC1/V1/SUP - 6km Team Relay OC2/Ski/Double Ski - 6km Team Relay Race Briefing - OC6 6km Iron	Iron Men/Women/Mixed Men Women Men/Women/Mixed	30+, 40+, 50+, 60+, 70+ All ages 30-70+ (no divisons) All ages 30-70+ (no divisons) 30+, 40+, 50+, 60+, 70+ 30+, 40+, 50+, 60+, 70+	1 lap Deadmans Island Circuit 2 eliminator heats + Final 2 eliminator heats + Final 2 laps of Blue Drum Circuit 2 laps of Blue Drum Circuit

RELAY RACE INFO:

OC2 & Double Ski Relay Race – Teams of 6 (3x2) complete one lap each of a 2km course Ski & SUP Relay Race – Teams of 3 complete one lap each of a 2km course

