



FRIDAY 11 NOVEMBER
7:15am - ATHLETE BRIEFING



Time	Snatch
8:00am	Female Heat 1
8:07am	Female Heat 2
8:14am	Female Heat 3
8:21am	Female Heat 4
8:28am	Female Heat 5
8:35am	Female Heat 6
8:42am	Female Heat 7
8:49am	Male Heat 1
8:56am	Male Heat 2
9:03am	Male Heat 3
9:10am	Male Heat 4
9:17am	Male Heat 5
9:24am	Male Heat 6
9:31am	Male Heat 7
9:38am	Male Heat 8
9:45am	Male Heat 9
9:52am	Pairs Heat 1
9:59am	Pairs Heat 2
10:06am	Pairs Heat 3
10:13am	Pairs Heat 4
10:20am	Pairs Heat 5
10:27am	Pairs Heat 6

Time	The 20's
8:00am	Male Pairs H1
8:15am	Male Pairs H2
8:30am	Mixed Pairs H1
8:45am	Mixed Pairs H2
9:00am	Mixed Pairs H3
9:15am	Female Pairs H1
9:30am	Female Pairs H2
9:45am	Female Heat 1
10:00am	Female Heat 2
10:15am	Female Heat 3
10:30am	Female Heat 4
10:45am	Female Heat 5
11:00am	Rememberance Day
11:15am	Female Heat 6
11:30am	Female Heat 7
11:45am	Female Heat 8
12:00pm	Male Heat 1
12:15pm	Male Heat 2
12:30pm	Male Heat 3
12:45pm	Male Heat 4
1:00pm	Male Heat 5
1:15pm	Male Heat 6
1:30pm	Male Heat 7
1:45pm	Male Heat 8
2:00pm	Male Heat 9
2:15pm	Male Heat 10

Time	Amanda
11:00am	Rememberance Day
11:12am	Female Heat 1
11:24am	Female Heat 2
11:36am	Female Heat 3
11:48am	Female Heat 4
12:00pm	Female Heat 5
12:12pm	Female Heat 6
12:24pm	Female Heat 7
12:36pm	Female Heat 8
12:48pm	Male Pairs H1
1:00pm	Male Pairs H2
1:12pm	Mixed Pairs H1
1:24pm	Mixed Pairs H2
1:36pm	Mixed Pairs H3
1:48pm	Female Pairs H1
2:00pm	Female Pairs H2
2:12pm	Male Heat 1
2:24pm	Male Heat 2
2:36pm	Male Heat 3
2:48pm	Male Heat 4
3:00pm	Male Heat 5
3:12pm	Male Heat 6
3:24pm	Male Heat 7
3:36pm	Male Heat 8
3:48pm	Male Heat 9
4:00pm	Male Heat 10

Time	Only 1/2 Way
2:30pm	Female Heat 1
2:45pm	Female Heat 2
3:00pm	Female Heat 3
3:15pm	Female Heat 4
3:30pm	Female Heat 5
3:45pm	Female Heat 6
4:00pm	Female Heat 7 & 8

NOTE: HEAT TIMES ARE APPROXIMATE ONLY. IT IS THE ATHLETES RESPONSIBILITY TO ENSURE THEY ARE AT THEIR HEAT AT THE CORRECT TIME. MARSHALLING WILL OCCUR IN THE BUNKER 2 HEATS IN ADVANCE.