| SPORT | Sunday 13 November | Saturday 12 November | Friday 11 November | Thursday 10 November | Wednesday 9 November | Tuesday 8 November | Monday 7 November | Sunday 6 November | Saturday 5 November | Friday 4 November | SPORT |
|-----------------------------------|--------------------|----------------------|---------------------|--|-------------------------------------|--------------------|----------------------------------|----------------------------------|---------------------|--------------------------|-----------------------------------|
| Archery - Field | | | | | | | | 8am - 4pm | 8am - 4pm | 1pm - 5pm | Archery - Field |
| Archery - Target | 9am - 5pm | 9am - 5pm | | | | | | | | | Archery - Target |
| Athletics - Distance Running | | 6:30am start | 6:30am start | 6:30am start | 3pm start | | | | | | Athletics - Distance Running |
| Athletics - Road Race Walk | 7am start | | | | | | | | | | Athletics - Road Race Walk |
| Athletics - Track & Field | | 9:30am start | 9:30am start | 9:30am start | | | | | | | Athletics - Track & Field |
| Baseball | | 7:45am - 5:30pm | 7:45am - 5:30pm | 7:45am - 5:30pm | 7:45am - 5:30pm | 7:45am - 5:30pm | 7:45am - 5:30pm | 7:45am - 5:30pm | 7:45am - 5:30pm | | Baseball |
| Basketball | | 8am - 6pm | 8am - 6pm | 8am - 6pm | 8am - 6pm | 8am - 6pm | 8am - 6pm | 8am - 6pm | | | Basketball |
| Beach Volleyball | | 8am - 5pm | 8am - 5pm | 8am - 5pm | 8am - 5pm | 8am - 5pm | 8am - 5pm | | | | Beach Volleyball |
| Calisthenics | | | 8am - 10pm | 5pm - 9pm | | | | | | | Calisthenics |
| Cricket | | | 8:30am - 5:45pm | 8:30am - 5:45pm | 8:30am - 5:45pm | 8:30am - 5:45pm | 8:30am - 5:45pm | 8:30am - 5:45pm | | | Cricket |
| Diving | 9am - 1pm | 10:30am - 4:30pm | Training 4:30pm-6pm | | | | | | | | Diving |
| Enduro & Vinduro | 8am - 4pm | 8am - 4pm | | | | | | | | | Enduro & Vinduro |
| Equestrian - Dressage | | | | | | | | | 8am - 4pm | 8am - 4pm | Equestrian - Dressage |
| Equestrian - Show Jumping | | | | | | | 8am - 4pm | 8am - 4pm | | | Equestrian - Show Jumping |
| Fitness Challenge | 8am - 4pm | 8am - 4pm | 8am - 4pm | | | | | , | | | Fitness Challenge |
| Football | oun ipin | 9am - 4pm | 10am - 9pm | 10am - 9pm | 10am - 9pm | 10am - 9pm | 10am - 9pm | 9am - 9pm | | | Football |
| Futsal | | оши три | roum opm | roun opin | Touri opin | roum opin | Touri opin | 8am - 3pm | 8am - 6pm | 8am - 9pm | Futsal |
| Golf | | | | Individual 7:30am/12:30pm tee times | Individual 7:30am/12:30pm tee times | | 4BBB 7:30am/12:30pm tee times | 4BBB 7:30am/12:30pm tee times | oani - opin | Skins 12:30pm start | Golf |
| Hockey | | 8am - 2pm | 8am - 7pm | 8am - 7pm | 8am - 7pm | 8am - 7pm | 8am - 7pm | 8am - 7pm | | | Hockey |
| Indoor Cricket | | 8am - 5:30pm | 8am - 5:30pm | 8am - 5:30pm | | | , | , | | | Indoor Cricket |
| Indoor Netball | | 8am - 4:40pm | 8am - 4:40pm | 8am - 4:40pm | 8am - 4:40pm | 8am - 4:40pm | 8am - 4:40pm | 8am - 4:40pm | | | Indoor Netball |
| Indoor Rowing | | | | 8am - 4pm | 8am - 4pm | | | | | | Indoor Rowing |
| Judo & Ju-Jitsu | | | | | | | | 9am - 4:30pm | 9am - 5pm | | Judo & Ju-Jitsu |
| Lawn Bowls | 9am - 4:40pm | 8:30am - 1:10pm | 9am - 4:40pm | 8:30am - 6pm | 12:30pm - 5:10pm | 9am - 4:40pm | 8:30am - 6pm | 8:30am - 6pm | 8:30am - 6pm | 1pm - 6:30pm | Lawn Bowls |
| Netball | эшн ч.чорш | o.oodiii 1.10piii | Evening TBC | 2pm - 10pm | 2pm - 10pm | 2pm - 10pm | 2pm - 10pm | 2pm - 10pm | 8am - 1:45pm | Managers Meeting 5:30pm | Netball |
| Paddling - Dragon Boat | | 8am - 5pm | 8am - 5pm | грін торін | грін торін | грін торін | гріп торіп | гри тори | оши ттории | managers meeting oloopin | Paddling - Dragon Boat |
| Paddling - Outrigger, Ski, SUP | | oan - Spin | оан - орн | | | | | 7am - 5pm | 7am - 5pm | | Paddling - Outrigger, Ski, SUP |
| Rowing | | | | | | | | 9am - 5pm | 8am - 4pm | | Rowing |
| Rugby League | | TBC | 4pm - 10pm | 4pm - 10pm | 4pm - 10pm | | | | | | Rugby League |
| Rugby Union | | 2pm - 7pm | триі ториі | трін торін | 4pm - 10pm | | | 4pm - 10pm | | | Rugby Union |
| Sailing | 9am - 5pm | 9am - 5pm | 12pm - 5pm | 9am - 5pm | 9am - 5pm | 12pm - 5pm | Practice 10am - 4pm | 9am - 5pm | 9am - 5pm | 12pm - 5pm | Sailing |
| Shooting - Clay Target | 9am start | 9am start | 9am start | Practice 12pm - 5pm | | | тоши три | | | | Shooting - Clay Target |
| Softball | oun our | 8am - 5:30pm | 8am - 5:30pm | 8am - 5:30pm | 8am - 5:30pm | 8am - 5:30pm | 8am - 5:30pm | 8am - 5:30pm | 8am - 5pm | | Softball |
| Squash | 9am - 5pm | 9am - 5pm | оди. Олоории | од 5.00рії | 54.11 5.00pm | од отоории | 9am - 5pm | 9am - 5pm | 9am - 5pm | | Squash |
| Swimming | заш - орш | Jani - Opin | | | | | Jani - Jpin | 7:30am - 3:30pm | 7:30am - 3:30pm | 7:30am - 3:30pm | Swimming |
| Swimming - Ocean Swim | | | | | | | 6:30am start | 7.Joann - J.Jopin | 7.30am - 3.30pm | 7.50am - 5.50pm | Swimming - Ocean Swim |
| Table Tennis | 9am - 5pm | 9am - 5pm | 9am - 5pm | | | | O.GOGIII Start | | | | Table Tennis |
| Taekwondo | Jani - Jpin | Jan - Jpni | Jani - Jpin | | | | | 9am - 2-20nm | 8am - 9-20nm | Social Event - TBC | Taekwondo |
| | | | Oom Fam | Oom From | Oam Fam | | Oom Fam | 9am - 3:30pm | 8am - 2:30pm | SUCIAI EVERIL - TBC | |
| Tennis Tennis | 0om 1 | 0.20on- 7 | 8am - 5pm | 8am - 5pm | 8am - 5pm | | 8am - 5pm | 8am - 5pm | 8am - 5pm | | Tennis Tennin Repuling |
| Tenpin Bowling | 9am - 1pm | 8:30am - 7pm | 8:30am - 7pm | 8:30am - 5:30pm | 8:30am - 5:30pm | | | 8:30am - 7pm | 2pm - 7pm | | Tenpin Bowling |
| Touch | | 9am - 5pm | 10:30am - TBC | 5am - 10pm | 5am - 10pm | | | | | | Touch |
| Trivia | | | 9:30am - 6pm | 9:30am - 3:30pm | | | | | | | Trivia |
| Volleyball | | | | | | | | 9am - 5pm | 9am - 6pm | 6pm - 10pm | Volleyball |