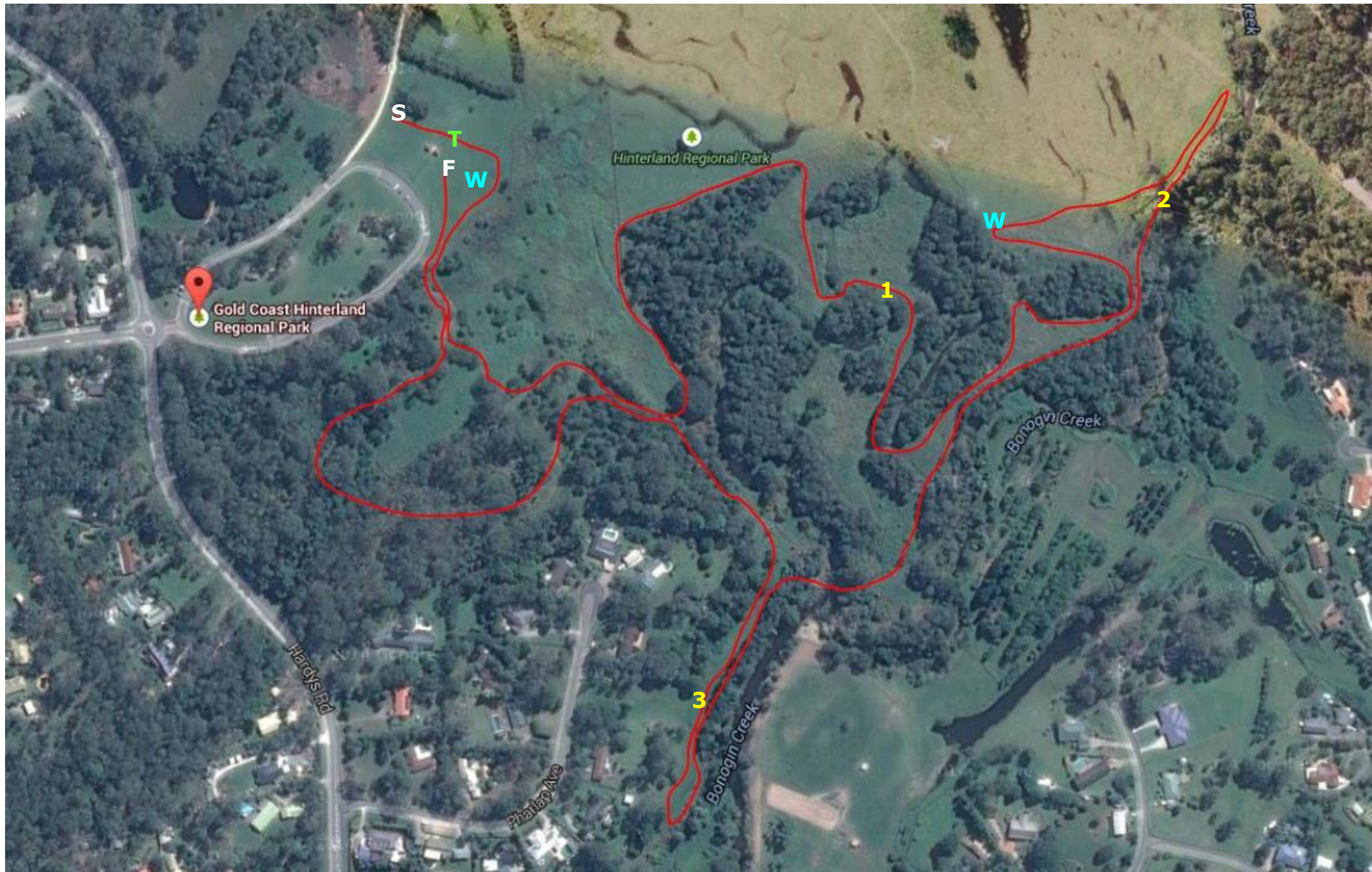


2014 PAN PACIFIC MASTERS GAMES

CROSS COUNTRY COURSE



S – Start **F** – Finish **T** – 8km Turn **W** – Water Station **1/2/3** – KM Marks