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#PPMG16



AUSTRALIA'S
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2016 JUPITERS PAN PACIFIC MASTERS GAMES – NOVICE DIVING RULES

There has been a new event added to the Jupiters Pan Pacific Masters Games 2016 diving program. This event is designed to encourage partners, coaches and/or friends of masters divers to compete at the upcoming Masters Games in November.

If you think you can convince one of the above persons to take up the challenge, please see below the rules of the competition. The age groups will run the same as the age competition.

The Novice event will consist of 3 skills in total as a mixed springboard event, with 2 of those skills chosen from this compulsory list which all have a DD of 1.0. The 3rd skill is optional.

Compulsory List:

- 10 – forward entry standing (fall in/line up);
- 20 – back entry;
- 100 – forward jump (with or without hurdle);
- 200 – back jump;
- 7101 (forward dive) a, b or c;
- 7401 (inward dive) a, b or c.

**The third skill can also be from this list @1.0 or a real dive of higher degree is allowed with full DD to count, no repeat of a dive number is allowed at any stage during the event. No platform allowed.

The one restriction of this event is: **Only entrants who have NOT competed at a State or National age or a higher ranked event within the previous two years of the PPMG event date are eligible to compete.**

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